

Newsletter



Alwar Chapter

January, February & March

2025

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Inaugurations & Events

(A) Health Camp



The first health camp was successfully conducted on February 22nd and 23rd, 2024, at Shaheed Bhagat Singh Park, Sector 31, Noida. This initiative, under the CSR program of Tata Power Ltd., aimed to provide essential healthcare services, screenings, and awareness to women and girls from nearby slum areas.

Approximately **1,200 women** and girls benefited from the camp.

The activities included general health check-ups, specialist consultations, self-defence training, and legal counseling.

Medical Services Provided

A dedicated team of doctors and healthcare professionals offered free consultations and screenings, ensuring quality healthcare for all participants.



Screening & Tests Conducted

- **Blood Tests:** 250 tests, including Thyroid and Sugar tests.
- **Vision Screening:** 200 eye check-ups, with 20 patients identified for cataract surgery.
- **Medicine Distribution:** Free medicines were provided to all patients as prescribed by the doctors.



Awareness & Training Sessions

Apart from medical check-ups, additional sessions were conducted to empower women and girls with self-defence training and legal awareness.

Self-Defense Training

- Conducted by **Knockout Fight Club**.
- Around **70 girls** participated in hands-on self-defence techniques.
- Training included **basic combat skills, escaping grabs, and confidence-building exercises**.



Legal Counselling

- Provided by advocate **Mrs. Shivani Rafiq**.
- Around **40 women** received legal advice on issues such as domestic violence, property rights, and women's safety laws.

Impact & Conclusion

The two-day camp had a **significant impact on the local community**, particularly the underprivileged women and girls. The initiative not only addressed their healthcare needs but also empowered them through self-defense training and legal guidance.



The overwhelming response from the community reflects the necessity of such initiatives, and we look forward to organizing similar programs in the future to continue promoting health, safety, and empowerment for women and girls.

(B) Inauguration of Sapno Ka Ghar-03

Shiv Niketan: A Home of Dignity and Hope



Before



After

In our continued effort to bring **shelter** and **dignity** to the poorest families in the villages surrounding Vijay Mandir, Alwar, we are proud to share the story of our **third Sapno Ka Ghar**. This home stands as a symbol of hope, and this time, it belongs to Maya—a resilient woman with a story that moved us deeply.

Maya is a **40-year-old** woman from a small village in Alwar. Her life took a **tragic** turn in **2019** when her **husband died** by suicide, leaving her alone to raise their **three young children**—an 8-year-old daughter and two sons aged 10 and 12. In the aftermath of her husband's death, her **in-laws refused** to support her. With nowhere to turn, Maya and her children lived in a **fragile jhopadi** made of mud and straw, barely able to withstand the seasons.

To survive, Maya **worked** in the **fields** of others—earning just enough to feed her children, but never enough to build a safe life. The **fear** of not having a roof over their heads haunted her every day.



Moved by her courage and unyielding spirit, we at **SAPNA** knew we had to **help**. On a small patch of land that she owned, we built **Sapno Ka Ghar-03**, a permanent and secure house that could truly be called home. Built at a **cost of ₹3.5 lakhs**, the house includes **two rooms** and a **kitchen**, covering **450 square feet**. It is simple, strong, and filled with warmth.

The house was made possible through the generous support of **Ms. Manisha Singh Ma'am, Shri RRP Singh Sir, Ms. Anubhooti Singh, and Ms. Ishita Singh**. On **4th January 2025**, the home was **inaugurated** by **Ms. Ishita Singh and Ms. Manisha Singh Ma'am**. That day, Maya walked into her new home with tears in her eyes and joy in her heart. Her face reflected the quiet strength of a mother who never gave up.



This third Sapno Ka Ghar is **named Shiv Niketan**, in loving memory of **Late Shri Shiv Pratap Singh, father of Shri RRP Singh Sir**. It is more than a house—it is a place of dignity, safety, and new beginnings for Maya and her children.



At SAPNA, we believe that a home is not just a structure of bricks and cement. It is the foundation of a life lived with respect and self-worth. Sapno Ka Ghar is our commitment to the forgotten, the abandoned, and the brave—like Maya—who deserve a chance to dream again.

(C) International Women's Day Celebration



Highlights of the Women's Day Celebration

- International Women's Day was celebrated on 08.03.2025 at Vijay Mandir, Alwar.
- Sanskriti Nritya Kala Sansthan & Tourist Department, Alwar & Sapna Shikshalaya students performed.
- Eye Check Up, Homeopathic consultations, BP & Sugar tests & Consulatcny by Gynaecologist.
- Food packets & Sanatory pads distributed.
- Women's who have done good work in their field were honored on Women's Day.
- Mini marathon, mehandi & rangoli competition & open dance competition were conducted
- Stalls of handmade items, Culcutta items, Bhartiya Yoga Sansthan, Meera Hospital, Homeopathic Hospital, Food Stall
- **Special Thanks to Ibtada, Meera Hospital, Pariwar Sewa Clinic, MSSK Team & Sapna Shikshalaya Team.**



(D) Donation of an Ambulance



We are extremely grateful for **Formula Group** for providing **Second Ambulance** to Sapna on 26th March.

This valuable contribution will strengthen our healthcare outreach and enable us to serve more people in need.



(E) Rotary Visit at Noida



We extend our sincere **gratitude** to **Rotary Club Delhi Southend** for visit to **Anandam, Noida** on **25th March**. Your generous **donation of a chimney, refrigerator, and washing machine** will greatly benefit the patients residing at **Anandam** and enhance their **daily comfort and care**.



2

Sapna

Shikshalaya



Events organized during the quarter

- **Capacity Building Training by Indiannica Learning**
- **PTM**
- **Republic Day**
- **Participated in "Rang De" Inter School Art Competition**
- **Vasant Panchmi Celebration**
- **Visit to Akashvani Radio, Alwar**
- **Picnic**
- **Home Visit**
- **Annual Exam**
- **Result Day**

Capacity Building Training



On **11th January 2025**, Sapna Shikshalaya arranged a capacity building program facilitated by **Shri Narendra Mishra**, a resource person from **Indiannica Learning**. With a wealth of experience from conducting life skills and education management workshops in over **750 schools**, Shri Mishra brought valuable insights for the participating teachers. The session primarily focused on the use of EdTech tools and their effective implementation in classrooms.



The workshop began with engaging **ice-breaking activities**. Shri Mishra highlighted how such activities help students transition smoothly between subjects while keeping them attentive and interested. These interactive methods also promote better classroom participation.

He then discussed key aspects of the **National Education Policy (NEP)** and the **National Curriculum Framework (NCF)**. He explained curricular goals, essential student competencies, and modern pedagogical techniques that align with current educational needs. His presentation was simple, practical, and filled with useful takeaways for teachers.

In the final part of the session, teachers participated in **group activities** designed to reflect on the concepts covered during the workshop. These collaborative exercises encouraged them to think about how to apply the new strategies in their own classrooms. Overall, the session proved to be enriching, equipping teachers with fresh ideas and effective tools to enhance their teaching practices.

Parent Teacher Meeting



On **18th January 2025**, Sapna Shikshalaya held a **Parent-Teacher Meeting** to discuss the progress of students. During the meeting, teachers shared the feedback from the **Half-Yearly** exam with parents and talked about the upcoming final exams scheduled for March. They also gave suggestions on how parents could help their children prepare better at home. Special attention was given to the parents of students in **classes 5, 8, and 10**, as these classes have board exams. Teachers requested parents to ensure their daughters attend school regularly to avoid missing important lessons.



Republic Day .



On 26th January 2025, Sapna Shikshalaya celebrated Republic Day with great enthusiasm and patriotism. The chief guests for the program were Prof. Ranvir Singh and Ms. Asha Kachru. The celebration began with the flag hoisting ceremony, followed by a parade by the students. Various performances including patriotic poems, songs, and dances were presented by the students, showcasing their talent and love for the nation. The highlight of the program was a powerful skit on Mahatma Gandhi,



Participated in "Rang De" Inter School Art Competition



The "**Rang De**" Inter-School Art Competition was held on **28th January**, organized by **Alwar Public School**. The competition was open to students from **classes 1 to 5**, and a total of 11 students from our school participated with great enthusiasm. We are proud to share that our students performed exceptionally well:

- **Kalpna** from Class 1 secured the **1st position**
- **Safreena** from Class 1 secured the **2nd position**
- **Ritika Jatav** from Class 4 secured the **1st position**
- **Sadiya** from Class 5 secured the **1st position**

Their creativity and hard work were truly commendable, and we congratulate them on their wonderful achievement.



Vasant Panchmi Celebration



Vasant Panchami holds great cultural, religious, and social significance, symbolizing the renewal of nature and the start of new beginnings. This vibrant festival was celebrated on **2nd February** with great enthusiasm by the students and teachers of Sapna Shikshalaya. As a gesture of love and encouragement, **Ms. Ritu and Mr. Anubandh Rai** presented small tokens of appreciation to the students. We are truly grateful to both of them for their thoughtful gesture and support.

Visit to Akashvani Radio



On **13th February**, in celebration of **World Radio Day**, students of **classes 8, 9, and 10** visited the **Akashvani Radio Station**. During the visit, they learned about the process of program production and how radio shows are aired. The experience was both educational and exciting, giving students a behind-the-scenes look at how radio broadcasting works.

Picnic



On **28th February**, the students of **Nursery, LKG, and Prep** went on a picnic to **Nehru Park**, accompanied by their teachers. The children had a wonderful time enjoying the swings, toy train, game zone, and other fun activities. The picnic was filled with laughter and excitement, and the tiny-tots were overjoyed with the outing. It was a delightful and memorable day for them.

Home Visit



In the month of February, the teachers visited all **19 villages** to assess the conditions and gather feedback from the parents regarding their children's education. These visits also aimed to strengthen the connection between the school and the community. In addition, the teachers encouraged and facilitated **new admissions** during their visits, ensuring that more children have access to quality education at Sapna Shikshalaya.

Annual exam



The Annual Exams were conducted from **10th March to 19th March**. During this period, pre-board exams were also held for students of classes **5, 8, and 10** to help them prepare effectively for their upcoming **board examinations**. This initiative aimed to give students a clear understanding of the exam pattern and boost their confidence for the final assessments.

Participated in Sports Week



आपका यह सही-सही परिवर्तन भाग लेने वाला है।

अधिकांश युवा खेल विक्रमक समिति
तक उद्विग्न भवती छी, संयुक्त
संस्थानकन में जन खेल खेल
जाल सभेनो एत प्रवृत्ति छी।
इतिहासिक अभिरूपा छी। संयुक्त
संस्थानकन में संयुक्त वि. संयुक्त
इतिहासिक छी संयुक्त वर अनेन में
संयुक्त संयुक्त वर, इतिहासिक
संयुक्त, युवा संयुक्त वर छी।
अंदर १ वर्ष संयुक्त वर में संयुक्त
संयुक्त वर, इतिहासिक संयुक्त
संयुक्त वर, संयुक्त वर छी। अंदर
१ वर्ष संयुक्त वर में संयुक्त वर
वर, इतिहासिक वर छी।

तुल्य मोडल रमा रही। अंदर 13
कमरा बर्न में प्रथम अलमदीन
मैजिस्ट्रेशन, इतिथि कक्ष और तुल्य
रिजल्ट मैजिस्ट्रेशन रही। अंदर 17 वीं
कक्षा रमा में मोडल चौकल प्रथम,
तुल्य इतिथि, रमािका बर्न में तुल्य
प्रथम, सभ्य रिजल्ट इतिथि और
19 वीं कक्षा रमा में कक्षा
प्रथम, कक्षा रमा रमा रमा रमा
इतिथि, रमािका रमा में कक्षा
प्रथम, रमािका इतिथि रही। 5
कक्षा रमा रमा रमा रमा रमा रमा
रमा रमा रमा रमा रमा रमा रमा
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Students of Sapna Shikshalaya enthusiastically participated in the **Sports Week** organized by **Yuva Khel Vikas Samiti and Kreedha Bharati**. Our **under-17 girls'** team took part in the **Kho-Kho competition**, and we are proud to share that they emerged as the **first runners-up**.

Annual result dy .



On **29th March**, Sapna Shikshalaya conducted the annual result declaration for all students. To celebrate the academic milestones. The Result Day was marked by enthusiastic participation from both students and parents. A total of 191 parents attended the meeting.

Trainers



Smt. Anjana Sahai

Anjana Sahai has been an educationist and a social worker since **30 years**.

She completed her education from Christ Church College, Kanpur and did her MSc. in organic chemistry with a specialization in drugs from CDRI Lucknow.

She has been associated as the **principal** for multiple schools in Alwar since the last 28 years, and also worked as a **CBSE resource person**.

She has been doing social work with Inner Wheel Club since last 15 years to empower more and more women. Currently she is also working with Sapna Shikshalaya as a mentor and trainers for the teachers.

Her work has been recognized with many rewards and awards by various esteemed organizations like **Times of India** and by the honourable ex education minister **Smriti Irani**.

Sushmita Saraff has **23+ years** of experience teaching English and Social Sciences up to class 7. She was the **administrative** and **academic leader** of Primary School at Alwar Public School, Alwar, managing a team of 35 teachers.

She completed her class XII from Notre Dame Academy, Patna and graduated in History Hons. from Loreto College Darjeeling.

Sushmita has the experience and ability to coach and groom teachers as well as students. She has a keen interest in building **art, craft and life-skills** in children.

Currently she is also working with Sapna Shikshalaya as a trainer of primary block teachers.



Smt. Sushmita Saraff



3

Sapna

IT

College

(A) RS-CIT



A total of 35 students enrolled themselves in RS-CIT course during this quarter. To raise **awareness** among students in nearby villages, we visited several **local schools** and carried out various **promotional activities**. **Pamphlets** were distributed outside the school premises, and **announcements** were made through loudspeakers across the villages. As a result of this initiative, some students expressed their **interest** and **willingness** to join the IT College.



(B) **Accounts+ GST**



In the **Accounts + GST course**, all **10** students from **Batch 7** who appeared for the examination successfully **passed**. Among them, **9** students secured a **B** grade, while **1** student achieved an **A** grade. Certificates were distributed on **January 18, 2025**, to celebrate their academic accomplishments in the Accounts + Tally program. During the **felicitation ceremony**, **parents** were also invited to encourage them to support their children's pursuit of job opportunities.



(C) Inauguration of WCD Batch



On **15th February 2025**, a new batch of the **free RS-CIT** course for **women**, initiated by the **Women and Child Development (WCD) Department**, was inaugurated at **Sapna IT College**, Vijay Mandir, Alwar, under the **Mukhyamantri Nari Shakti Prashikshan Evam Kaushal Samvardhan Yojana**. The batch inaugurated by **Upsarpanch Shri Badlu Singh** of **Thekda Umren**.



This government-funded initiative is aimed at empowering women and girls who have completed their **10th-grade** education by providing them with essential **IT skills** through course like **RS-CIT**.

A total of **11 girls** enrolled in WCD batch.

The Upsarpanch encouraged participants to fully utilize this opportunity, emphasizing that digital literacy can significantly enhance their confidence, employability, and social participation. He also praised **NGO Sapna** for its dedicated efforts in mobilizing and supporting **women from rural** and **underprivileged backgrounds**.

4

**“A Home for
the
Homeless”**

(A) Anandamayee

Month	New Patients	Female	Male	Sent Home	Expired	Total Patients
January	01	41	01	01	00	42
February	01	40	01	02	00	41
March	03	43	01	00	00	44

New Patients



Reg. No.: 633
Date of Admission:11.01.2025
Age : 56F
From: Safdarjung Hospital, New Delhi

Reshma



Reg. No.: 639
Date of Admission:15.02.2025
Age : 35/F
From: Safdarjung Hospital, New Delhi

Unknown



Reg. No.: 642
Date of Admission:17.03.2025
Age : 43/F
From: Safdarjung Hospital, New Delhi

Sonia



Reg. No.: 643
Date of Admission:24.03.2025
Age : 55/F
From: Road side, Alwar

Chanda



Reg. No.: 646
Date of Admission:24.03.2025
Age : 25/F
From: Jatiyana, Alwar

Phoolbai

Routine Doctor Check-up



(B) Anandam- Dadhikar

New Patients



Reg. No.: 641
Date of
Admission:10.03.2025
Age : 80/M
From: Kiro ki Dhani,
Hajipur

Trilok



Reg. No.: 642
Date of
Admission:10.03.2025
Age : 40/M
From: Near Jail
Circle,Alwar

Maya Ram

Month	New Patients	Sent Home	Expired	Total Patients
January	00	01	01	60
February	00	02	02	57
March	02	03	00	59

(C) Anandam- Kaduki

Month	New Patients	Sent Home	Expired	Total Patients
January	04	03	01	28
February	02	01	00	26
March	06	00	00	29

New Patients



Reg. No.: 634
Date of Admission: 07.01.2025
Age : 84/M
From: Noida

Vijay Kumar



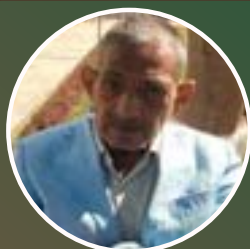
Reg. No.: 635
Date of Admission: 18.01.2025
Age: 45/M
From: Alwar Railway Station

Sohan Lal



Reg. No.: 636
Date of Admission: 25.01.2025
Age : 70/M
From: Badshahpur, Viratnagar, Alwar

Ram Karan



Reg. No.: 637
Date of Admission: 25.01.2025
Age: 70/M
From: Noida

Raman Dang



Reg. No.: 638
Date of Admission: 09.02.2025
Age : 58/M
From: Noida

Unknown



Reg. No.: 640
Date of Admission: 27.02.2025
Age: 65/M
From: Noida

Sohan Lal



Reg. No.: 641
Date of
Admission:01.03.2025
Age : 40/M
From: Jail Circle, Alwar

Triolk



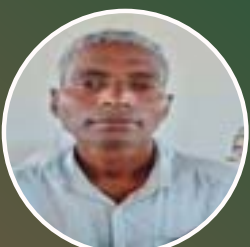
Reg. No.: 644
Date of
Admission:09.03.2025
Age: 48/M
From: Noida

Dhanpriya



Reg. No.: 645
Date of
Admission:09.03.2025
Age : 48/M
From: Noida

Pintu



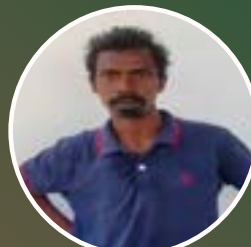
Reg. No.: 647
Date of
Admission:28.03.2025
Age: 50/M
From: Noida

Rajesh Jha



Reg. No.: 648
Date of
Admission:28.03.2025
Age : 57/M
From: Noida

Durgesh



Reg. No.: 649
Date of
Admission:31.03.2025
Age: 25/M
From: Noida

**Chandan
Kumar**



feeding india

A ZOMATO GIVEBACK



Special thanks to Feeding India

5

Success Stories

Reunion of Juba Murmu with her family.



On September 1, 2024, an unidentified woman named **Juba Murmu** was brought to **Delhi's Safdarjung Hospital**. She spoke **Bangali**, making it difficult for anyone to understand her. Due to this language barrier, she was unable to clearly state her identity or home address. She repeatedly expressed her desire to return home, but without sufficient information, sending her back was not possible.

As time passed, and after continuous efforts, Juba Murmu mentioned her husband's name as **Pagol** and her father-in-law's name as Moso. She stated her home address as **"Dulo Narayanpur Jungle, Havda, Kolkata"** and mentioned that she belonged to a **tribal community**. However, due to the language problem, locating this address remained a significant challenge.

On **December 14, 2024**, when no solution seemed to be working, the organization reached out to their **former employee, Tushar**, who was from Bangal. Tushar attempted to understand Juba's address over the phone and guided the organization accordingly.

Following his instructions, we searched for Dulo Narayanpur on **Google Maps** and, by checking the street view, contacted a **medical store owner** in Bahir Khanda, Tarakeshwar, Howrah. The store owner and his father **confirmed** that Juba was from their area.

They further confirmed that Juba's village was around 3-4 kilometers from their location and that she used to work in the fields there. They assured the organization that they would arrange for Juba to speak with her **son** in the evening. Eventually, contact was made with Juba's son, but he did not understand Hindi. However, with the help of an **acquaintance, communication** became possible.

Two days later, Juba was finally able to speak with her son. After their conversation, her relatives assured the organization that they would come to take her home. However, there was no response from them for a few days. Finally, on **January 18, 2025**, Juba's son, **Taposh Murmu**, and her nephew, **Lakshmi Ram Murmu**, arrived at Anandamayi Vijay Mandir to take her home.

At the time of the **reunion**, Juba was **overjoyed** to recognize her son and nephew. She happily agreed to go with them. Her entire family was extremely happy and grateful for the efforts of the organization "Sapna."

Her address was found to be "P. Narayanpur, Bahir Khand, Hudali, West Bengal, PIN - 712405." This entire story reflects that with the right efforts and dedication, no obstacle is too big to overcome.

माँ का प्यार: 17 साल बाद हुई अद्भुत मुलाकात



गम भरी आँखों और खोई हुई यादों के साथ, रोमती मई 2024 में आनंदमयी - ए होम फॉर होमलेस, विजय मंदिर में आई थी। दिल्ली के ट्रॉमा सेंटर से आई इस 50 वर्षीय महिला की मानसिक स्थिति ठीक नहीं थी। वह अपने अतीत को भूल चुकी थी, पहचान खो चुकी थी, और जीवन की राह से भटक गई थी। लेकिन आनंदमयी में आने के बाद उसका इलाज शुरू हुआ, और धीरे-धीरे उसकी हालत में सुधार दिखने लगा।

समय बीतता गया, और एक दिन आनंदमयी के डिप्टी इंचार्ज अविनाश से बात करते हुए रोमती ने अपने घर के बारे में कुछ अधूरी यादें साझा कीं। फिर अविनाश ने रोमती के बारे में जितेन्द्र और रिहान (IT Executive, Sapna IT Team) को बताया। फिर उन्होंने रोमती से बात की तो उसने बताया कि वह जबलपुर के पास स्थित घनशोर, अमोदा खमरिया गाँव की रहने वाली है। उसके परिवार के लोग खेतों में काम करते थे, उसके पति का नाम शोभाराम हैं और उसका एक बेटा भी हैं। उसने उसका नाम दिनेश बताया। वह जब घर से निकली थी, तब बेटा सिर्फ 10 साल का था।

खोई पहचान की तलाश

रोमती का घर ढूँढने के लिए हमने Google Street View की मदद ली, लेकिन जब उसे गाँव की गलियाँ और मकान दिखाए गए, तो वह कुछ भी पहचान नहीं पाई। यह सफर मुश्किल था, लेकिन हमने कोशिश नहीं हारी।

Google Street View पर खोजते हुए हमें एक कृषि बीज केंद्र की दुकान दिखी। उसके बोर्ड पर दुकानदार का फोन नंबर लिखा था। हमने तुरंत उस नंबर पर कॉल किया और रोमती के बारे में जानकारी साझा की। दुकानदार ने बताया कि कई साल पहले गाँव से एक महिला लापता हुई थी जिसके पति का नाम शोभा बताया, लेकिन वह पूरी तरह आश्वस्त नहीं था इसलिए उसने हमें दिनेश के फ़ोन नंबर साझा किये। फिर हमने दिनेश को कॉल किया और उसकी माँ के बारे में पूछा तो दिनेश ने बताया उसकी माँ पिछले 17 सालों से लापता हैं। फिर रोमती के बारे में हमने बताया तो उसने हमसे रोमती की एक फोटो भेजने को कहा।

जब हमने रोमती की तस्वीर भेजी, तो वह फोटो पहचानने में असमर्थ था क्योंकि वह उस वक्त सिर्फ 10 साल का था जब उसकी माँ खो गई थी इसलिए उसने अपने मामा श्याम से संपर्क किया और फोटो भेजा। **श्याम**, जो रोमती का भाई था, ने उसे तुरंत पहचान लिया।

17 साल बाद माँ-बेटे का मिलन

श्याम ने तुरंत **जितेन्द्र और रिहान (IT Executive, Sapna IT Team)** से संपर्क किया और उनसे अनुरोध किया कि वे रोमती से **वीडियो कॉल** पर बात करवाएँ।

जब **वीडियो कॉल** पर **रोमती** और **श्याम** आमने-सामने आए, तो दोनों की आँखों से आँसू छलक पड़े। दोनों जोर-जोर से रोने लगे। यह मिलन किसी चमत्कार से कम नहीं था।

इतने में **दिनेश** भी धीरे-धीरे अपनी माँ की छवि को पहचानने लगा। पहले उसे यकीन नहीं हुआ, लेकिन जब उसने माँ की आवाज सुनी, उसकी आँखें नम हो गईं, और वह भी रो पड़ा। वर्षों बाद, एक बेटे ने अपनी माँ को पाया, और एक भाई ने अपनी बहन को।

विजय मंदिर में पुनर्मिलन का भावुक क्षण

आज, **6 फरवरी, दिनेश और श्याम** विजय मंदिर पहुँचे। जैसे ही रोमती ने अपने बेटे और भाई को देखा, वह दौड़कर उनके गले लग गई। वर्षों का इंतजार, अनगिनत दर्द और खोए हुए लम्हे—सब कुछ उन आँसुओं में बहने लगा।

रोमती के भाई श्याम ने बताया कि **उन्होंने पाँच साल तक अपनी बहन को ढूँढने की कोशिश की थी**, लेकिन जब कुछ पता नहीं चला तो उन्होंने उम्मीद छोड़ दी थी। पर किस्मत ने आज उन्हें वह खुशी दी, जिसका उन्होंने कभी सपना भी नहीं देखा था।

माँ का प्यार कभी नहीं खोता

एक माँ का प्यार ऐसा ही होता है—17 साल बीत गए, लेकिन उसकी ममता कभी कम नहीं हुई। दिनेश के लिए भी यह दिन अविस्मरणीय था। जब वह 10 साल का था, तब उसकी माँ उससे बिछड़ गई थी, लेकिन आज वह 27 साल का युवक अपनी माँ को फिर से अपने साथ ले जाने के लिए खड़ा था।

यह मिलन सिर्फ **रोमती**, दिनेश और श्याम के लिए नहीं, बल्कि हम सभी के लिए एक अद्भुत और अविश्वसनीय क्षण था।

धन्यवाद जितेन्द्र, रिहान (IT Executive, Sapna IT Team), और अविनाश जिन्होंने इस कहानी को अंजाम तक पहुँचाया।

धन्यवाद **Google Street View**, जिसने हमें सही रास्ता दिखाया और एक परिवार को फिर से मिलाने में मदद की। आज हमने देखा कि समय चाहे जितना भी बीत जाए, लेकिन सच्चे रिश्ते कभी खत्म नहीं होते। माँ का प्यार, भाई का स्नेह और परिवार का जुड़ाव हमेशा जीवित रहता है। यह कहानी हमें यही सिखाती है—

मिलन की खुशियाँ बिछड़ने के दर्द से कहीं ज्यादा ताकतवर होती हैं।

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Mahatma Gandhi Netralaya



- **Number of Camps Organized:** 26
- **Number of paid OPD:** 842
- **Number of outreach OPD:** 2093
- **Number of follow-up:** 592
- **Number of outreach cataract surgeries performed:** 404
- **Number of paid cataract surgeries performed:** 93
- **Number of Spectacles Distributed:** 95

Outreach Camps

Date	Village Name	OPD	No.of Cataract Operation	No's Eye drop Distribute
02.01.2025	Thanagazi	75	40	80
05.01.2025	Rajgarh	53	13	49
09.01.2025	Ramgarh	65	20	75
12.01.2025	Govindgarh	50	13	0
16.01.2025	Kotkasim	76	8	80
19.01.2025	Sahodi	108	15	90
23.01.2025	Mundawar	52	17	60
26.01.2025	Meghawas	69	17	70
30.01.2025	Harsoli	111	20	120
02.02.2025	Baroda Meo	54	25	80
06.02.2025	Thanagazi	47	15	70
09.02.2025	Silpata	250	10	300
13.02.2025	Ramgarh	37	20	60
16.02.2025	Govindgarh	100	20	0
20.02.2025	Bibirani	84	13	100
23.02.2025	Pathroda	165	15	250
24.02.2025	Alwar	80	0	70
27.02.2025	Mundawar	50	18	50
02.03.2025	Jhiri	112	32	250
06.03.2025	Thanagazi	49	18	70
08.03.2025	Vijay Mandir	56	0	70
09.03.2025	Govindgarh	76	16	0
16.03.2025	Baroda Meo	27	10	50
21.03.2025	Ramgarh	60	20	25
23.03.2025	Chomu	135	9	150
27.03.2025	Mundawar	52	0	80

Cataract Surgeries of Poor & Elderly Patients

• A Success Story of Cataract Surgery



Ramphal Yadav, a **72-year-old farmer** from Peela Dhawa village in Alwar, Rajasthan, had been living a hardworking and active life. But slowly, things started to change. His eyesight began to blur because of **cataracts**. Over time, it got so bad that he could only see fingers held close to his face. Simple **daily work** like farming, taking care of his goats and cattle, became very **difficult**. He started feeling **helpless** and lost his **confidence**.

Then one day, Ramphal attended a **free eye check-up** camp organized by NGO Sapna. The doctors from **Mahatma Gandhi Netralaya** checked his eyes and told him he needed **cataract surgery**.

With trust in their advice, he agreed to the **operation**. The surgery was a big success. His eyesight **improved** to **6/12**, and it felt like light had **returned** to his life.

Now, Ramphal is **back to** doing all his work. He goes to the market on his own, works in the fields, and happily talks with people in his village. Most importantly, he has regained his confidence.

In his words: “**The restoration of my eyesight has transformed my life. I can now live just like before.**” His journey shows that with the right support, life can shine bright again.

• Baksar's New Vision: A Journey from Darkness to Light

Baksar, a **70-year-old homemaker**, lives with her full family, including two sons and grandchildren. For many years, she suffered from **poor eyesight** due to **cataracts**. Her right eye became so **weak** that she could only **count fingers** from one meter away. Daily tasks like cooking, recognizing family members, stitching clothes, and walking alone became very difficult. She had always taken care of her family, but as her eyesight got worse, she lost her confidence and had to **depend on others**—even to go to the mosque



Then came a moment of hope. With the help of NGO Sapna, she went to a **free eye check-up** camp organized by Mahatma Gandhi Netralaya. The doctors **checked her eyes** and **advised** her to have **cataract surgery**. Her husband Rahman fully supported her, and with his help, she agreed to the surgery.

The **operation** was a **success**. The very next day, Baksar could see **clearly again**—her vision became **6/6p**. It felt like she had gotten her world back.

Now, Baksar is independent again. She cooks for her family, manages the house, and goes to the mosque on her own. Her **confidence** and **happiness** have returned. She now tells other women not to be afraid of cataracts, because with treatment, life can become **bright again**.

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Jan Seva Kendra

S.No.	Name of Service	January	February	March	Total
1	Pension Verification	6	05	00	11
2	Jan-Aadhar	12	09	14	35
3	Mool Niwas	07	15	12	35
4	Caste Certificate	05	11	12	28
5	Pan Card	01	00	00	01
6	Ration Card	05	07	13	35
7	Khadya Suraksha	06	29	00	35
8	Scholarship Form	00	00	02	02
9	Jama bandi	00	00	03	03
10	Mitti Gunthan Machine	04	00	00	04
11	Chiranjivi Form	09	03	00	12
12	Print Certificate	04	05	36	45



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Appointments & Resignations

Appointments

S.No.	Name of Employee	Name of Project	Designation	Date of Joining
1	Sneha Saini	Sapna Shikshalaya	Teacher	09.01.2025
2	Aysha Sharma	Sapna Shikshalaya	PTI	28.03.2025
3	Gautam Kundaliya	MGN	Optometrist	01.01.2025
4	Budhraj	MGN	Driver	12.03.2025

Resigation

S.No.	Name of Employee	Name of Project	Designation	Date of Joining
1	Sarika Dev	Sapna Shikshalaya	PTI	21.03.2025
2	Vishal Gupta	Sapna Shikshalaya	Teacher	21.03.2025
3	Bharat	Sapna Shikshalaya	Teacher	31.03.2025
4	Muskan Lalvani	Sapna Shikshalaya	Teacher	31.03.2025
5	Rohitash	MGN	Driver	28.02.2025

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Contact Us

Administrator-	Shri Ranvir Singh (0144-2335372)
General Secretary-	Dr. Sudhir Pratap Singh (9810408182)
Pradhan Sewak-	Shri Abhishek Kuamr (7023208911)
Coordinator Alwar Chapter -	Shri Niranjn Chandrul (9413303858)
Coordinator Dadhikar Chapter-	Shri Ramashankar (87692 78097)
Coordinator Kaduki Chapter-	Shri Rajesh Kumar (8107843611)
Education-	Smt. Sapna Gupta (96948 17965)
For Organizing Eye Camps-	Shri Vikas Gupta (9414017653)
	Shri Chandan (9928269641)

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Jai Hind