



4TH QUARTER NEWSLETTER
20
26



JANUARY – MARCH

QUARTERLY NEWSLETTER

JANUARY - MARCH 2026



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QUARTER



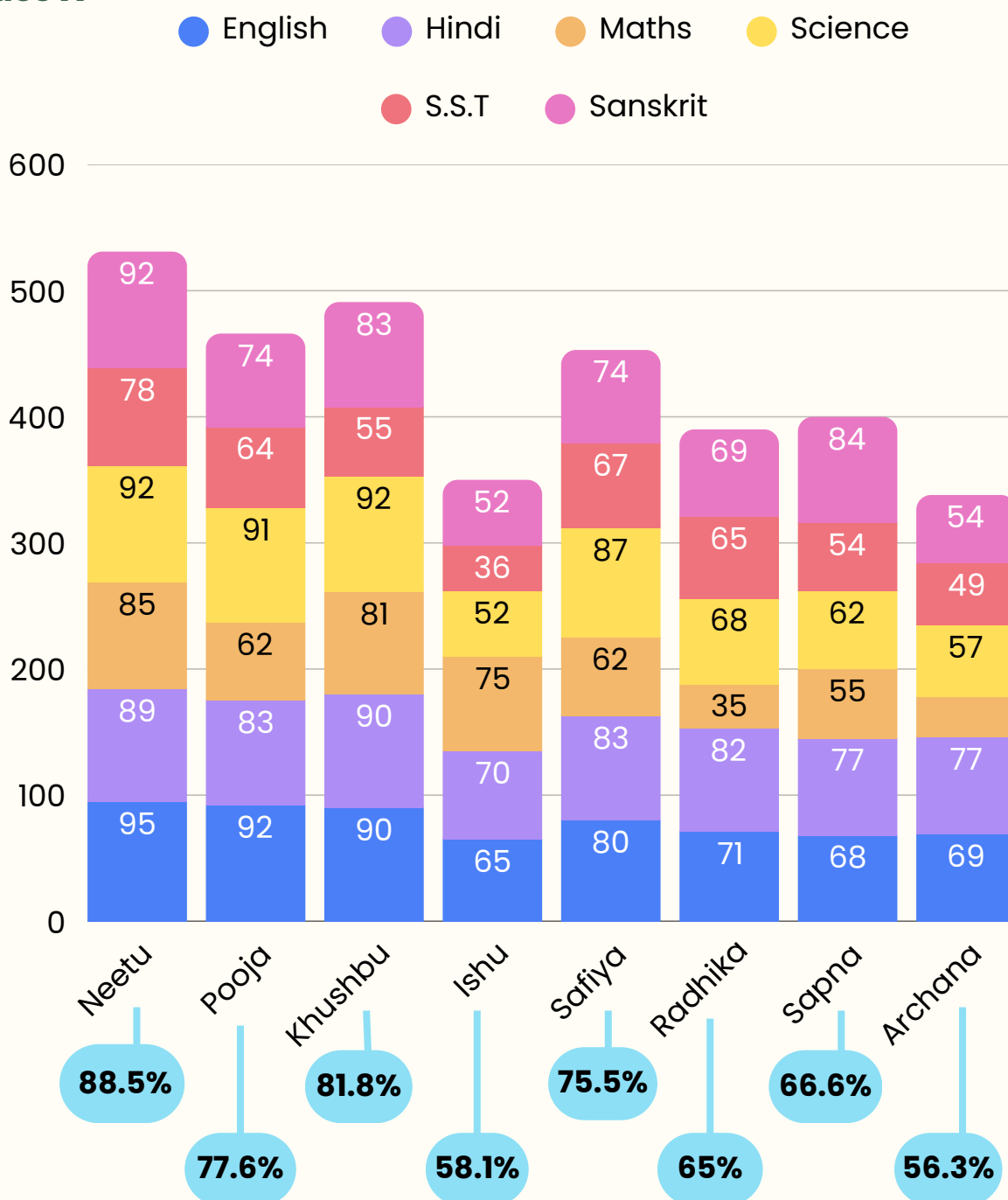
SPECIALS

Quarterly Specials

Board Exam Results

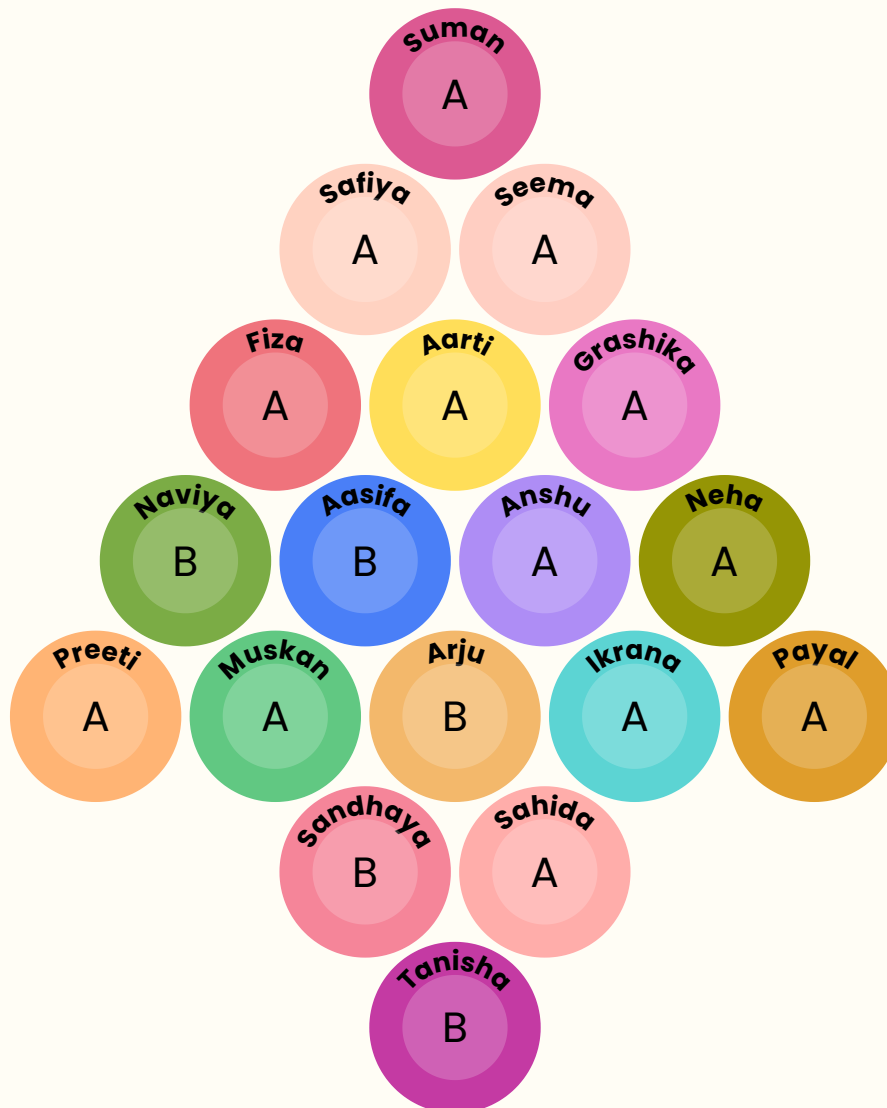
Sapna Shikshalya celebrated Republic day on 26th January 2026. The flag hosting ceremony was conducted with great pride. Students of classes 7th, 8th ,9th, 10th performed well-structured PT and parade session. Various students also performed patriotic songs such as Vande Matram including students from standard 8th 9th and 10th. The event also witnessed several energizing poem recitations, speeches, and dance performances, celebrating the spirit of India.

Class X



Board Exam Results

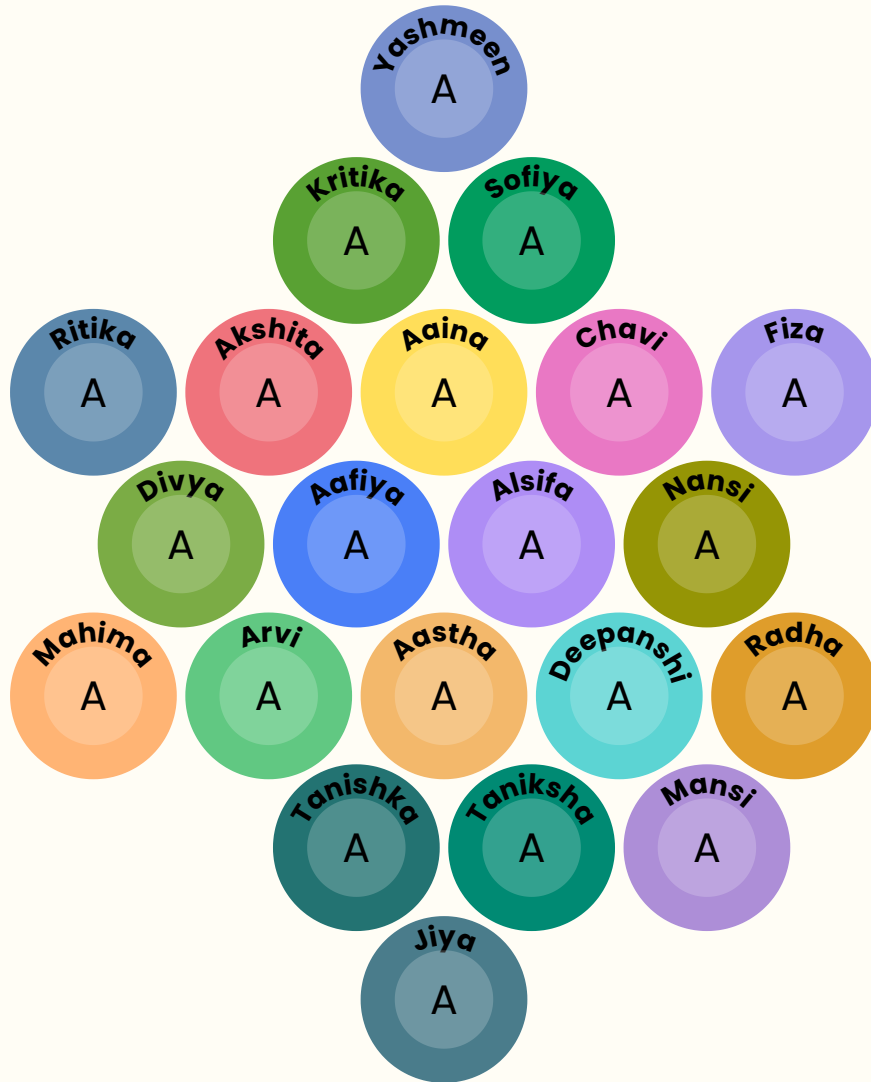
Class VIII



S.no	Grade	Value	S.no	Grade	Value
1	A+	Outstanding	4	B	Good
2	A	Excellent	5	C+	Satisfactory
3	B+	Very Good	6	C	Average
			7	D	Needs Improvement

Board Exam Results

Class V



S.no	Grade	Value	S.no	Grade	Value
1	A+	Outstanding	4	B	Good
2	A	Excellent	5	C+	Satisfactory
3	B+	Very Good	6	C	Average
			7	D	Needs Improvement

Republic Day

Sapna Shikshalya celebrated Republic day on 26th January 2026. The flag hosting ceremony was conducted with great pride. Students of classes 7th, 8th, 9th, 10th performed well-structured PT and parade session. Various students also performed patriotic songs such as Vande Matram including students from standard 8th 9th and 10th. The event also witnessed several energizing poem recitations, speeches, and dance performances, celebrating the spirit of India.



Tiger Run Marathon

On 8th February, students enthusiastically participated in the Tiger Run Marathon organized by the Government of Rajasthan. The event promoted physical fitness, discipline, and teamwork. Students showed great energy and spirit, making the participation a proud and motivating experience for the school. Girls from class 6th, 7th, 8th and 9th standard participated in the event, organised at Pratap auditorium to, kati ghati to and fro.



A photograph of a large orange signage board titled "RACE TIMINGS" with a circular logo at the top. The board lists various race categories, gate opening and closing times, and start times.

CATEGORY	GATE OPENING TIME	GATE CLOSING TIME	START TIME
21.1 KM ELITE MEN	→ 05:30 AM	→ 05:50 AM	→ 06:00 AM
21.1 KM ELITE WOMEN	→ 05:45 AM	→ 05:50 AM	→ 06:02 AM
21.1 KM FORCE RUN MEN & WOMEN	→ 05:00 AM	→ 06:00 AM	→ 06:20 AM
21.1 KM GENERAL MEN & WOMEN	→ 05:00 AM	→ 06:00 AM	→ 06:25 AM
10 KM LAKE & JALORE RUN MEN & WOMEN	→ 06:20 AM	→ 07:00 AM	→ 07:10 AM
5 KM LAKE & JALORE RUN MEN & WOMEN	→ 06:20 AM	→ 07:00 AM	→ 07:15 AM
10 KM RUN	→ 06:30 AM	→ 07:45 AM	→ 08:00 AM

Sapna Shikshalaya: New Campus, Bala Dehra



Continuous Learning

On 28th March 2026, a continuous learning session was conducted by Mr. Mayank R. Garg, Professor and Research Supervisor in the Department of English, Babu Shobha Ram Government Arts College, Alwar (Rajasthan) on the topic of "Continuous Learning in Career Growth" at Sapna IT College, Kaduki, Alwar.

The session focused on providing students the platform of career counsel. The discussion with the students was geared towards: i) upgrading for market relevant skills; ii) availability of financial support schemes



International Women's Day

The Day was celebrated on 8th March 2026, at the premises of Sapna Shikshalaya, Vijaymandir. The program began with the opening song of "Raghu Pati Raghav Raja Ram". The event featured legal awareness sessions on Women's Rights, Cyber Awareness Session, Reproductive Health & Family Planning Awareness Session, Domestic Violence, Loan & Financial Awareness, Lucky Draw Announcement, Open dance competition, Lucy Draw, Prize distribution ceremony and the closing with "Vaishnav Jan To" gracefully presented by Sapna Shikshalaya girls.

The event welcomed EKL Delegates by Dealer VIP Mrs. Seema Gupta and special address were delivered by Shri Kamlesh Yadav, Ms. Monika Garg, Shri Yuki Amano (Chief officer, Tractor business division, Kubota Corporation).



International Women's Day Celebration



Feeding India

Our heartfelt thanks to feeding India for providing nutritious meals to our patients at the Anandam and Anandmayee: A Home for Homeless centers at Alwar and Noida.

Your continued support has ensured consistant recovery of countless patients! We hope that this cooperation flourishes in the future



New Toilet Construction

New toilet was fully constructed at the Mahatma Gandhi Netralya in 4th quarter. The block consisting of separate men and women cells is funded by Bry Air (Asia) Pvt. Ltd.



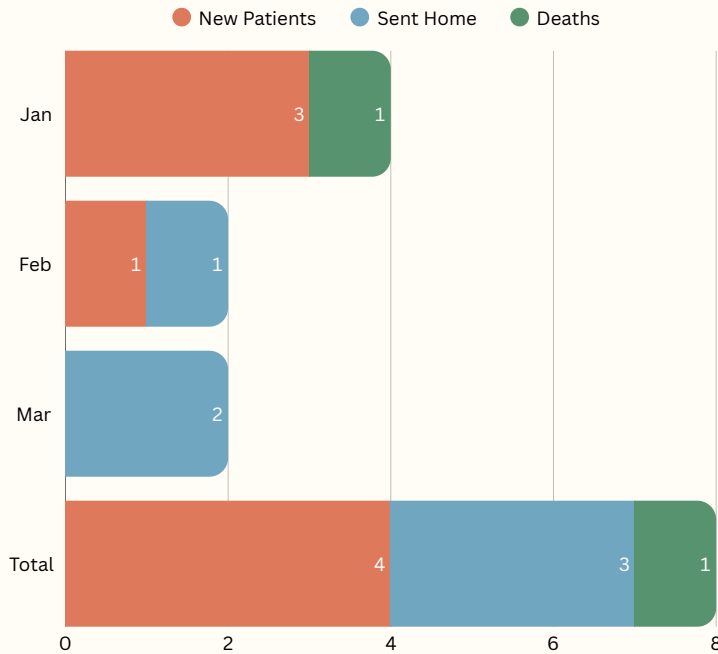
SOCIAL



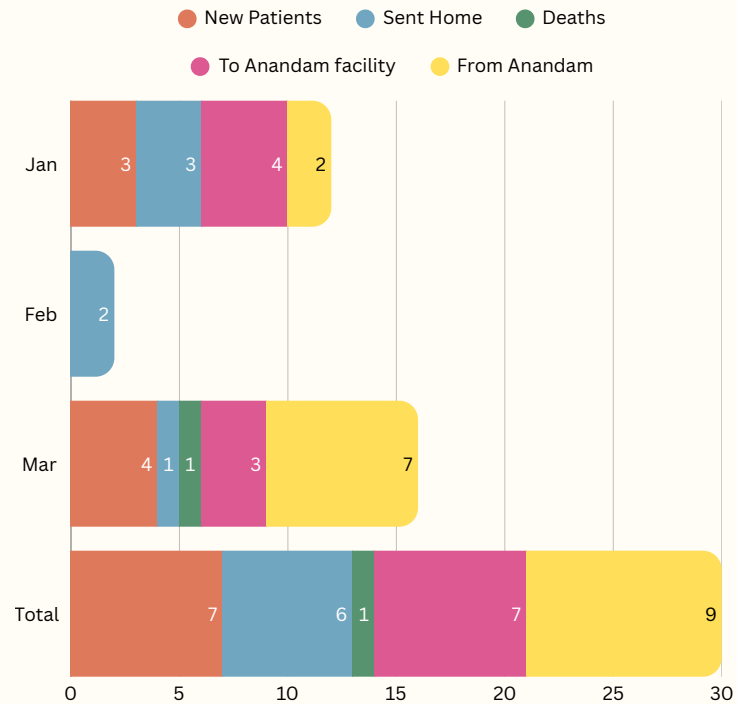
WELFARE

Anandam & Anandamayee: Summary

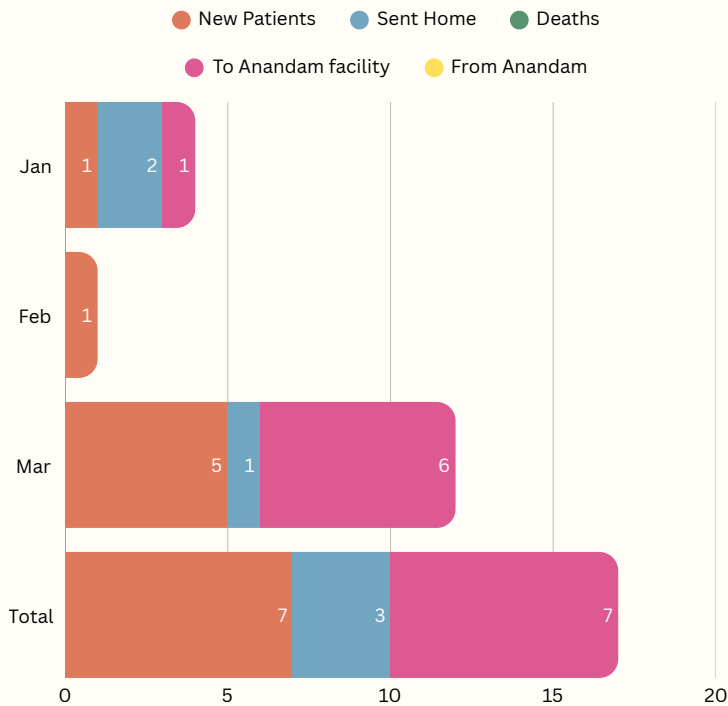
Anandamayee, Vijaymandir



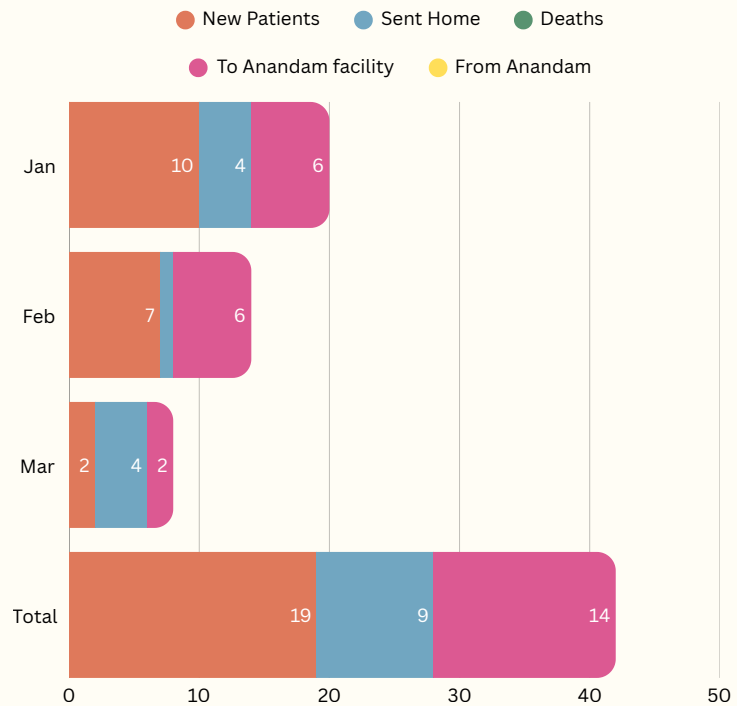
Anandam Kaduki



Anandam Dadhikar



Anandam Noida



Anandamayee Vijaymandir

Patient at the start of
January

40

Current patient strength

40

Anandam Kaduki

Patient at the start of
January

48

Current patient strength

52

Anandam Dadhikar

Patient at the start of
January

60

Current patient strength

57

Anandam Noida

Patient at the start of
January

11

Current patient strength

8

Anandmayee Vijaymandir – New patients welcomed in the quarter



Name: Radha
Age: 40/F
Medical Diagnosis:
Haldeena City Alwar
Residence: v.p.o
Haldeena City Alwar
Rajasthan
Stay at the center: 120
days (Inmate Date:
11.01.2026)



Name: Shamma
Praveen
Age: 32/F
Medical Diagnosis:
Safdarjung
Residence: Delhi
Stay at the center: 117
days (Inmate Date:
14.01.2026)



Name: Juhi
Age: 26/F
Medical
Diagnosis: DI 1A
3404(Rafiq, Malti),
Delhi
Stay at the
center: 108 days
(Inmate Date:
23.01.2026)



Name: Chandni
Age: 35/F
Medical Diagnosis: Vijay
Mandir Thana
Residence: Alwar
Stay at the center: 81
days (Inmate Date: 19-
02-2026)



Anandmayee Vijaymandir – Patients reunited with families



Name: Chandni
Age: 35/F
Medical Diagnosis: vijay
mandir thana
Residence: Alwar
Stay at the center: 1 day
(Rehab: 20-02-2026)



Name: Kajal
Age: 40/F
Medical Diagnosis: Vijay
Mandir Thana
Residence: Delhi
Stay at the center: 258
days (Rehab: 30-03-
2026)

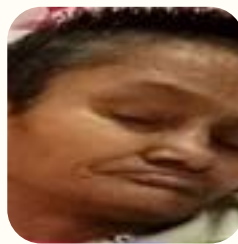


Name: Malti
Age: 42/F
Medical Diagnosis: Trauma Centre,
Neuro & Ortho
Residence: Alwar
Stay at the center:
2,554 days (Rehab:
29-03-2026)

Anandmayee Vijaymandir – Deceased patients



Name: Unknown Annu
Age: 55/F
Medical Diagnosis:
Safdarjung hospital- Delhi
Residence: Safdarjung
hospital- Delhi
Stay at the center: 347
days (Died: 28-01-2026)



Name: Harshita (Puspa-1)
Age: 73/F
Medical Diagnosis: Alwar
Kala Kula
Residence: Alwar Kala Kula
Stay at the center: 3,981 days
(Died: 04-04-2026)



Anandmayee Vijaymandir – Case Studies



Malti presents a significant case of long-term specialized care, having been referred to the center from the Trauma Centre with complex Neuro and Ortho needs. Her journey spanned approximately seven years (2,554 days), reflecting the center's commitment to intensive, multi-year rehabilitation for severe medical conditions. On March 29, 2026, her extensive recovery period culminated in a successful rehab milestone.

Over the years as she regained her self- independence and domestic violent past, her involvement with the organization's running increased. She became actively engaged in cooking and interactign with other patients at the facility. This boosted her recovery period.

Her story highlights the profound patience and medical persistence required for patients facing high-impact physical and neurological trauma.



Chandni was admitted to the center on February 19, 2026, after being referred through the Vijay Mandir Thana. She received dedicated care and support for a period of 81 days. Her case represents a relatively short-term intervention focused on stabilization and localized support within her home district of Alwar.

She became a lively spirit in a place where very other story is often marked by dark history. She encouruaged other women to talk and take aprt in daily activities.

By the end of her stay, she was successfully processed for rehabilitation, marking a swift transition back toward community reintegration.

Anandam Kaduki – New patients welcomed in the quarter



Name: Mukesh
Age: 30/M
Medical Diagnosis:
Referred from Trauma
Centre
Residence: Village-
Rampur
Stay at the center: 115
days (Registered:
16.01.2026)



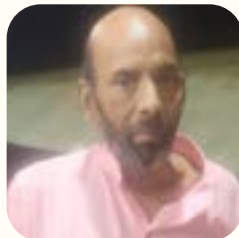
Name: Unknown 377
Age: 20/M
Medical Diagnosis:
Referred from Trauma
Centre
TC/MRD no. detail:
500528393
Stay at the center: 102
days (Registered:
29.01.2026)



Name: Pradeep
Age: 50/M
Medical Diagnosis:
Referred from Govt.
Hospital, Alwar
Residence: Village-
Amethpur
Stay at the center: 56
days (Registered:
16.03.2026)



Name: Kunj Bihari
Age: 70/Male
Medical Diagnosis:
Referred from Safdarjung
Hospital
Residence: Village-
Baluriya, PS Pota Umqai,
Dist. Kendrapura
TC/MRD no. detail:
260000016
Stay at the center: 55 days
(Registered: 17.03.2026)



Name: Gurmukh
Age: 50/Male
Medical Diagnosis:
Referred from
Safdarjung Hospital
TC/MRD no. detail:
260033233
Stay at the center: 54
days (Registered:
18.03.2026)



Name: Unknown 755
Age: 50/M
Medical Diagnosis:
Referred from
Safdarjung Hospital
TC/MRD no. detail:
20260201045
Stay at the center: 42
days (Registered:
30.03.2026)

Anandam Kaduki – Patients reunited with their families



Name: Subhash
Age: 40 Years / Male
Medical Diagnosis: Not specified (Referred from Govt. Hospital)
Residence: Meena Pahadi, Alwar
TC/MRD no. detail: Govt. Hospital
Stay at the center: 26.12.2025 – 03.01.2026



Name: Jatin
Age: 30 Years / Male
Residence: Nale ke Pas, Temyunagar
TC/MRD no. detail: T500512039
Stay at the center: 12.10.2025 – 16.01.2026



Name: Pradeep Singh
Age: 40 Years / Male
Medical Diagnosis: Trauma case
Residence: Rohtak, Bhiwani, Haryana
TC/MRD no. detail: TC No. 500-51-7464
Stay at the center: 18.12.2025 – 23.01.2026



Name: Devi Singh
Rajput
Age: 63 Years / Male
Residence: Shivaji Park, Alwar
TC/MRD no. detail: Vija Mandir Thana
Stay at the center: 11.10.2025 – 03.03.2026



Name: Rajeev
Age: 30 Years / Male
Medical Diagnosis: Trauma case
TC/MRD no. detail: 500-53-9728
Stay at the center: 04.04.2026 – Missing on 15.04.2026



Anandam Kaduki – Case Studies



Pradeep Singh, aged 40 years was admitted as a trauma case on December 18, 2025, carrying a referral from a specialized trauma unit. Over a period of 36 days, he received intensive rehabilitative support to address the complexities typically associated with physical trauma. Until his relocation to his home in Rohtak, Haryana, he received comprehensive care at the center until his discharge on January 23, 2026.

His case highlights the center's expertise in managing mid-term trauma recovery and its ability to serve patients across state lines.



Devi Singh Rajput's case is unique as he was not a direct hospital transfer, but was instead brought to the center through the Vijay Mandir Thana after being found in the community.

As a 63-year-old resident of Alwar, he required a stable environment for both physical and social assessment. His stay spanned nearly five months, from October 11, 2025, to March 3, 2026, allowing the center ample time to provide geriatric care and facilitate his transition. His journey highlights the center's vital role as a safety net for local seniors who may be found in vulnerable conditions outside of the formal medical system.

Anandam Kaduki



Subhash was admitted to the center in late December 2025 after being referred from a Government Hospital. His stay was brief, spanning nine days from December 26, 2025, to January 3, 2026, suggesting a targeted short-term intervention or assessment period.

During this time the social workers connected with Subhash to recover his address and/or identity. This effort is initiated once the patient is committed to the facility. The team was swift in locating his family, as was his recovery. He left for his home to Meena Pahadi, Alwar on the January 3rd 2026.

This case illustrates the center's capacity to provide immediate, localized support for patients from the Alwar region requiring temporary observation or stabilization. His swift discharge marks a successful short-cycle care program tailored to urgent, moderate-need situations.



Anandam Dadhikar – New patients welcomed in the quarter



Name: Sanjay Kumar
Age: 45/Male
Medical Diagnosis:
Referred from Anandam Dadikar
Residence: Not listed
Stay at the center: 132 days (Registered: 30.12.2025)



Name: Rinku
Age: 52/male
Medical Diagnosis:
Referred from Anandam dadikar
Residence: Yog Nagar Colony 60 Fit Alwar House No 52
Stay at the center: 47 days (Registered: 25.03.2026)



Name: Sumit
Age: 28/Male
Medical Diagnosis:
Referred from Anandam Kaduki
Residence: Tikamgarh Mp
TC/MRD no. detail: 6500513413
Stay at the center: 103 days (Registered: 28.01.2026)



Name: Pappu
Age: 55/Male
Medical Diagnosis:
Referred from Vijaymandir Thana Dehra Stand
Stay at the center: 45 days (Registered: 27.03.2026)



Name: Madan Pal
Age: 48/Male
Medical Diagnosis:
Referred from Sector 31 noida
TC/MRD no. detail: 500497617
Stay at the center: 45 days (Registered: 27.03.2026)



Name: Unknown 729
Age: 25/Male
Medical Diagnosis:
Referred from Anandam Kaduki
TC/MRD no. detail:
Stay at the center: 45 days (Registered: 27.03.2026)

Anandam Dadhikar – Patients reunited with their families



Name: Amit Kant
Age: 18 Years / Male
Residence: Deeg
Bharatpur
Stay at the center:
08.08.2024 – 22.03.2026



Name: Babulal
Age: 40 Years / Male
Residence: Village-
Bhedko Kala Reni ke
Pass(syaamganga)
Stay at the center:
19.10.2025 – 22.03.2026



Name: Pradeep
Age: 36 Years / Male
Residence: Village-
Bhedko Kala Reni ke
Pass(syaamganga)
Stay at the center:
20.11.2025 –
29.01.2026



Anandam Dadhikar – Case Studies



Pradeep was admitted to the center on November 20, 2025, seeking support and care within a structured environment. Over the course of approximately 70 days, he participated in the center's rehabilitation and recovery protocols.

His residence in the Reni region, Village Bhedko Kala, Reni (Syaamganga highlights the facility's reach into rural Alwar, providing essential services to nearby village communities. On January 29, 2026, he completed his stay, marking a successful period of stabilization and care. This case demonstrates the center's effectiveness in providing mid-term intervention for young adults within the local district.



Babulal, a 40-year-old from the Reni area, underwent a significant period of care at the center lasting over five months. Admitted on October 19, 2025, his long-term stay allowed for a comprehensive approach to his physical and social well-being.

This extended duration—concluding on March 22, 2026—suggests a need for more intensive rehabilitative support compared to shorter-term cases. His journey underscores the center's commitment to long-term residency and the importance of sustained care for individuals from rural backgrounds to ensure a stable path toward recovery.



Anandam Noida – New patients welcomed in the quarter



Name: Unknown
Govind
Age: 40/M
Medical Diagnosis:
Ortho (Safdarjung
Hospital)
TC/MRD no. detail:
1652690
Stay at the center:
Admitted on 08-01-
2026



Name: Kunj Bihari
Age: 70/M
Medical Diagnosis:
Ortho (Safdarjung
Hospital)
Residence: Alwar
TC/MRD no. detail:
MRD No- 20251685850
Stay at the center:
Admitted on 14-01-
2026



Name: Unknown 377
Age: 20/M
Medical Diagnosis:
Neurosurgery (Trauma
Centre)
Residence: Alwar
TC/MRD no. detail:
500528393
Stay at the center:
Admitted on 16-01-
2026



Name: Uday
Age: 30/M
Medical Diagnosis:
Ortho (Safdarjung
Hospital)
TC/MRD no. detail:
1146103
Stay at the center:
Admitted on 02-
02-2026



Name: Suresh
Age: 45/M
Medical Diagnosis:
Neurosurgery (Trauma
Centre)
Residence: Alwar
TC/MRD no. detail:
500212571
Stay at the center:
Admitted on 11-02-2026



Name: Anand
Age: 32/M
Medical Diagnosis:
Ortho (Trauma
Centre)
TC/MRD no. detail:
5000532614
Stay at the center:
Admitted on 19-02-
2026

Anandam Noida – New patients welcomed in the quarter



Name: Babli Singh
Age: 71/M
Medical Diagnosis:
Surgery (Trauma
Centre)
TC/MRD no. detail:
500534651
Stay at the center:
Admitted on 24-02-
2026



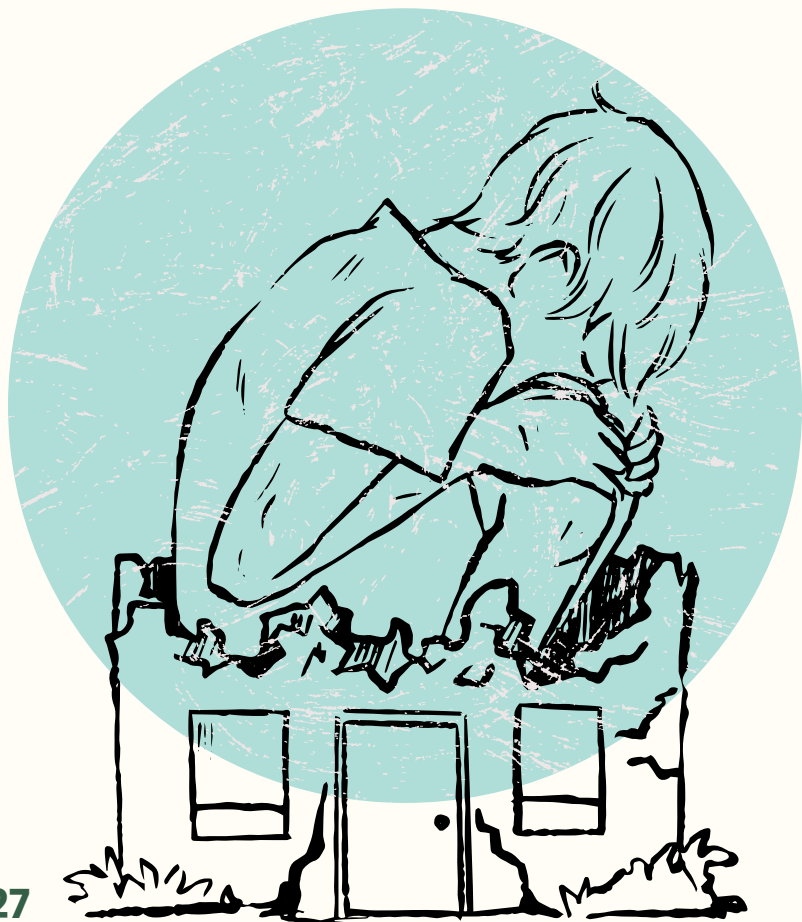
Name: Unknown
Age: 50/M
Medical Diagnosis:
Ortho (Safdarjung
Hospital)
Residence: Alwar
TC/MRD no. detail:
20260201045
Stay at the center:
Admitted on 13-03-
2026



Name: Mukesh
Age: 71/M
Medical Diagnosis:
Surgery (Trauma
Centre)
TC/MRD no. detail:
500539945
Stay at the center:
Admitted on 30-03-
2026



Name: Radha
Krishna
Age: 60/M
Medical Diagnosis:
Ortho (Trauma
Centre)
TC/MRD no. detail:
500538768
Stay at the center:
Admitted on 31-03-
2026



Anandam Noida – Patients reunited with their families



Name: Govind
Age: 40/M
Medical Diagnosis:
Ortho (Safdarjung
Hospital)
TC/MRD no. detail:
1652690
Stay at the center:
Admitted on 08.01.
2026 – 15.03.2026



Name: Kapil
Age: 35 / M
Medical Diagnosis:
Ortho (Trauma Centre)
TC/MRD no. detail:
500501634
Stay at the center: 12-
07-2025 – 14/01/2026



Name: Gauri Shanker
Age: 50 / M
Medical Diagnosis:
Ortho (Trauma
Centre)
TC/MRD no. detail:
500507227
Residence: Madhya
Pradesh
Stay at the center:
22-08-2025 –
31/01/2026



Name: Dharmendra
Age: 40 / M
Medical Diagnosis: Ortho
(Trauma Centre)
TC/MRD no. detail:
500505248
Stay at the center: 18-08-
2025 – 01.01.2026



Name: Anand
Age: 32/M
Medical Diagnosis:
Ortho (Trauma
Centre)
TC/MRD no. detail:
5000532614
Residence: Bihar
Stay at the center:
19.02.2026 –
23.03.2026



Name: Sachin 257
Age: 30 / M
Medical Diagnosis:
Surgery (Trauma
Centre)
TC/MRD no. detail:
500522039

Anandam Noida



Anand a resident of Bihar came to Delhi to find work. He used to work as a labour. However, he was met with an accident while crossing the road. Unconscious and deeply wounded he was carried by the local police and admitted to Jai Prakash Narayan Apex Trauma Center of AIIMS. There he was treated for and recieved his early recovery plan. Trauma center of AIIMS is one of largest and buisiest hosptials in the country.

There he was treated for and recieved his early recovery plan. Trauma center of AIIMS is one of largest and buisiest hosptials in the country. There is regualr intake of wounded patients. Hence, demand on per bed and the staff is significant. Anand shortly regained his consicousness and was asked about his home.

He then recalled that he has briefly separated from his wife in Bihar and is alone with no support system. Upon reviewing his status he was transferred to Anandam Noida program of NGO Sapna on 19th February 2026. Later during his stay as he slowly recovered from the trauma, he expressed his wish to be sent home. Hence, the team arranged for his travel expenses costing around Rs. 1000 via train and he was wished good by the Anandam Noida social workers for his future!



Govind, a 40 years old man was met with an unfortunate incident. He was severely beaten from the scooter and thrown in the sewage. Originally belonging from Panipat, Haryana this marked the turning point in his life.

Living in Delhi and working as a rickshaw puller, he has no family to fall back to during the times of need. He was found by the police, and admitted to Safdarjung Hospital. Taking this into account, the medical team informed the social service counter, he was transferred to Anandam Noida. He later ased to be sent to his brother - in - law's house in Sarita Vihar, Delhi. The social workers team made the arragement and took him to the latter' s house.

Showing up at his sister's house, his brother in - law was first hesitant to give Govind roof, however, after much pursuation the team bid Govind good bye in his care.

Anandam Noida



Gauri Shanker originally hailing from Madhya Pradesh, used to work in Delhi as a rickshaw puller. Some time later he was met with a brutal car accident following which he was found by the police and transferred to the AIIMS Trauma center for treatment.

As he regained his consciousness, it was found out that Shanker has no familial or financial support system necessary for the recovery. Taking this into account, NGO Sapna social workers at the Trauma center counter admitted him in their Anandam Noida home care.

This allowed him to recuperate from the physical trauma. As time passed he became more interactive and one day he expressed his desire to leave for MP.

After medical examination, he was briefed about his treatment and replenished his medicines. The team paid for his travel expenses and sent him home for a better future.



Dharmendra a rickshaw puller aged 40 years, working and living in Sangam Vihar in Delhi. As a hard working man, his income was derived solely by driving his rickshaw. Living on variable income based on per day, he was met with the accident. He was found by the local police and transferred to the Trauma center of AIIMS for emergency treatment.

The treatment allowed him to recover, however with no familiar or monetary support he was taken in by the Anandam: A Home for Homeless facility in Noida. This accident put him on wheelchair for some time.

After fairly recovering from the accident, he demanded to be returned to his locality in Delhi.

The social workers took action and briefed him about this medication. On 1st of January 2026, after staying for 4 months since 18th August he was bid farewell by the social workers at Anandam facility.

EDUCATION



WELFARE

Sapna Shikshalaya

Winter School

Coming from remote rural areas, extreme weather becomes a challenge for girls to attend school. Following the lead of the local authorities, our the Shikshalaya was closed for harsh winter days during January 2026.



Calligraphy Competition

Interclass English Calligraphy Competition for Classes 1, 2, 3, 4, 6 and 7 was organized on 13th February 2026. Our young learners beautifully showcased their creativity, focus, and handwriting skills.



Teacher's Training and Capacity Building

On 19th and 20th March 2026, the teacher's training session was conducted by Mrs. Vidya Patil ma'am, program director of Sapna Shikshalaya. The discussion was focused around identifying neuro diverse students in the class and their allied challenges.

Teachers were intimated on emotional, social and academic factors that may affect student learning process. Solutions related to identifying the cause of trauma, peer group support and teaching methodologies were discussed at length. They were also introduced to the Bloom taxonomy to help teachers in designing better curriculum, assessments, and learning activities.



Annual Exam results

Exam results were announced on 23rd March 2026. We called parents of students from Nursery – 4th, 6th and 7th standard. Parents were delighted and guided by the Sapna Shikshalaya staff on further improving their student's academic performance.



Graduation Ceremony Day - Sapna Shikshalaya



Village Visits

Regular school visits were organized in March 2026 in all the 19 villages namely, Todiya, Chandoli, Bala Dehra, Shahpur, Thekda, Mangal Bas, Nandanheri, Lodhhari, Bandhwara, Vijaypur, Jatiyana, Dholidhoop, Shahpur van,, Dilwarpur, Gati ka bas, Nagli Munshi and Kaduki.



Outreach activities to villages for school admissions



PTMs

In the 4th quarter, the school organized 2 PTMs, on 4th February and March. The goal of the meetings have always been to engage parents with the academic development of their children.



Lohri Celebrations at Sapna Shikshalaya



Sapna IT College, Kaduki

Student statistics

Course	Total Seats	Confirmed Students			
	January, February and March	January	February	March	Total
RS CIT	60	7	2	35	44
Accounts + GST	15	0	0	8	8
DCA (new admissions)	10	0	0	2	2
DOAP (new admissions)	10	0	0	2	2
PGDCA (new admissions)	10	0	0	0	0
Total	105	7	2	47	56

Gender	January		February		March		Total
	Girls	Boys	Girls	Boys	Girls	Boys	
RS CIT	5	2	2	0	16	19	44
Accounts + GST	0	0	0	0	0	8	8
DCA	0	0	0	0	2	0	2
DOAP	0	0	0	0	0	2	2
PGDCA	0	0	0	0	0	0	0
Total	5	2	2	0	18	29	56

New Courses



RGCSM Skills

PGDCA[®]

Past Graduate Diploma in Computer Application

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What you will learn :

- ▶ C Programming
- ▶ Fundamentals of Information Technology
- ▶ Visual Basic
- ▶ Software Engineering & Business Process
- ▶ Java & Oracle
- ▶ Financial Accounting with Tally
- ▶ OOPs, Programming with C++
- ▶ MS-Access
- ▶ Foxpro

What you will be :

- Computer Operator
- Data Entry Operator
- Office Assistant
- Account Assistant
- Tally Operator
- System Administrator
- Graphic Designer
- Web Designer
- Computer Operator
- Data Entry Operator
- Office Administrator

1 Year Course Duration

Available
For All Students
From 10th to 12th

Authorized Study Centre
Center Code : RJ-379
SAPNA IT COLLEGE
Address: Thakda road, Vijay Mandir, Akbar (Raj.)-301023
Mobile No. : 7737781366, 8302229612 | Email : it@ngosapna@gmail.com | Web : www.sapnaindia.org
RGCSM-KOTA Website: www.rgcsm.co.in • www.rgcsm.org • E-mail : director@rgcsm.org



RGCSM Skills

DOAP[®]

Diploma In Office Automation & Publishing

Statutory Warning
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What you will learn :

- Computer Concept & Fundamentals
- Operating System
- MS-Office (Word, Excel, PowerPoint, Access)
- HTML, CSS, Java Script
- Basics of Financial Accounting
- Computerized Accounting Through Tally with GST
- D.T.P. (PageMaker, CorelDraw, Photoshop)
- Computer Network & Internet

What you will be :

- Office Assistant
- Account Assistant
- Account Executive
- Tally Operator
- System Administrator
- Graphic Designer
- Web Designer
- Computer Operator
- Data Entry Operator
- Office Administrator

1 Year Course Duration

Available
For All Students
From 10th to 12th

Authorized Study Centre
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RGCSM Skills

DCA[®]

Diploma In Computer Application

This course is registered under I.C.R. Act of Ministry of HRD
(Dept. of Secondary & Higher Education)
Govt. of India

What you will learn :

- Computer Concept & Fundamentals
- Operating System
- MS-Office:
(Word, Excel, PowerPoint, Access)
- HTML, CSS, Java, Script

What you will be :

- Office Assistant
- System Administrator
- Computer Operator
- Data Entry Operator
- Office Administrator
- HTML Developer
- Programmer

6 Months Course Duration

Available
For All Students
From 10th to 12th

Authorized Study Centre
Center Code : RJ-379
SAPNA IT COLLEGE
Address: Thakda road, Vijay Mandir, Akbar (Raj.)-301023
Mobile No. : 7737781366, 8302229612 | Email : it@ngosapna@gmail.com | Web : www.sapnaindia.org
RGCSM-KOTA Website: www.rgcsm.co.in • www.rgcsm.org • E-mail : director@rgcsm.org

Events

Sapna IT College – Promotional activity

In the month of February the teaching staff of NGO Sapna undertook field activity aimed at identifying students searching to upgrade their essential computer skills.

This involved conducting door-to-door survey with the help of existing alumni network and new enrollments of students. We mainly targeted schools and colleges to increase the identification and direct student engagement process. The list of outreach activity is provided below.

S.no	Place	Date	Activity
1	Govt. Sr Sec School, Sahpur, Dehra , Alwar	17.02.2026	Pamphlet distribution
2	Mahatma Gandhi Govt. School, Kasba Dehra, Alwar	17.02.2026	
3	Govt. Sr. Sec School, Jatiyana, Alwar	19.02.2026	
4	Govt. Sr Sec School, Sahpur, Alwar	20.02.2026	
5	Govt. Sr. Sec School, Jatiyana, Alwar	20.02.2026	
6	Mahatma Gandhi Govt. School, Kasba Dehra, Alwar	21.02.2026	
7	Mahatma Gandhi Govt. School, Chandoli, Alwar	21.02.2026	
8	Govt. Sr. Sec. School, Jatiyana, Alwar	23.02.2026	

Events

S.no	Place	Date	Activity
9	Mahatma Gandhi Govt. School, Kasba Dehra, Alwar	24.02.2026	Pamphlet distribution
10	Govt. Sr. Sec. Shivaji Park, Alwar	27.02.2026	
11	Bal Bharti Sec. School, Arya Nagar, Alwar	27.02.2026	
12	Govt. Sr. Sec School, Gandhi National, Alwar	27.02.2026	
13	Ramgopal Khanna Girls Senior Secondary School, Alwar	27.02.2026	



Outreach activities to the Government schools



Case studies

Gurpreet Singh a resident of Phata Khala, Padisal village, completed his 12th standard recently in Physics, Chemistry and Biology. Along with this father, who is a farmer her wants to support his family inclduing taking care of his samll brother. Currently, enrolled in Accounts _ GST course at Sapna IT College he has gained knowledge of GST, TDS, credit and deebit aiming to secure a job for himself.

An eager youth he joined the course through his brother's recommendation who finished it earlier. He also wishes to learn digital marketing and wants to get accoquainted with fundamental trading concepts.



Chandani Kumari is a young student from Dhuadhaila village in Madhepura, Bihar. She has completed her 10th and 12th education from Sanskar School in Alwar, showing her commitment to continuing her studies despite geographical movement. Currently, living at her uncle's family she is enrolled in the DOAP course of Sapna IT College to enhance her skills and improve her future employment opportunities.

Coming from a modest background, Chandani recognizes the importance of skill-based education in today's competitive environment.

Chandani's journey highlights the aspirations of young individuals from rural areas who seek better opportunities through education and training. Her efforts demonstrate determination and a forward-looking approach toward building a sustainable future



Case studies

Priyanka is a resident of Bala Dehra, Alwar, who has completed her 10th class from Sachin Public School and her 12th class from Albeit Public School. With a basic educational foundation, she has taken a step further by enrolling in a DOAP course to gain essential computer skills.

Understanding the growing importance of digital literacy, Priyanka chose this course to improve her employability and expand her career options. Her initiative reflects a practical approach to bridging the gap between formal education and job-oriented skills. The course is helping her build confidence and technical knowledge, which are increasingly important in today's job market.

Priyanka's case reflects how access to skill-based education can empower young women to become more independent and career-oriented. Her efforts signify the role of vocational training in enhancing opportunities for youth in semi-urban areas



Sahil a resident of Chandoli finished his 12th education last year. As an army aspirant, he is preparing to crack the services exam for the same.

He learned about the course from his sister, who took the course and suggested him to do the same to familiarize himself with fundamental computer application. Currently enrolled in the RS-CIT course, he has learned MS Office and computer operations.

His father works at the toll tax office and mother supports the family through household chores. Sahil is a hardworking youth, leaning on the the skill development course to enhance his selection outcome and contribute to his family's earnings.

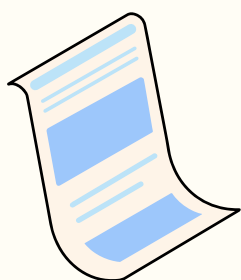


Computer Literacy Center (CLC), Noida

Student statistics

Month	January	February	March	Total
Students at the start of the month (+)	65	77	69	211
New Enrollment (+)	20	9	9	38
Pass out (-)	0	12	11	23
Dropout (-)	8	6	5	19
Total	77	69	62	207

Month	January		February		March		Total
Gener	Girls	Boys	Girls	Boys	Girls	Boys	
Enrollement	9	11	6	3	2	7	33
Pass Out	0	0	9	3	6	5	23
Total	9	11	15	6	8	12	



Case studies

Nikki is a student pursuing a course in computers with the dream of becoming a computer teacher in the future. She comes from a humble and supportive family background and is determined to build a stable and respectable career through education.

She lives with her parents and two sisters. Her mother is a homemaker who manages the household and supports the family emotionally. Her father works as a painter and is the primary earning member of the family. Despite financial challenges, her parents encourage all their daughters to continue their education and become independent. Her determination highlights the importance of right guidance at right time!



Mahi Tomar is a student currently pursuing a basic computer course and has a strong ambition to join the Uttar Pradesh Police in the future. She is determined, disciplined, and motivated to serve society through a career in law enforcement. She lives with her parents and one sister. Her father works as a sales manager and is the main earning member of the family. Her mother is a homemaker who takes care of the household and supports her children in their education and personal growth. Her family encourages her to work hard and achieve her dreams. She wishes to support her family, and hence has joined the course to improve her computer operating skills.

This course has provided her with fundamental inputs to begin her journey of preparing for UP police services.



HEALTH



EYECARE

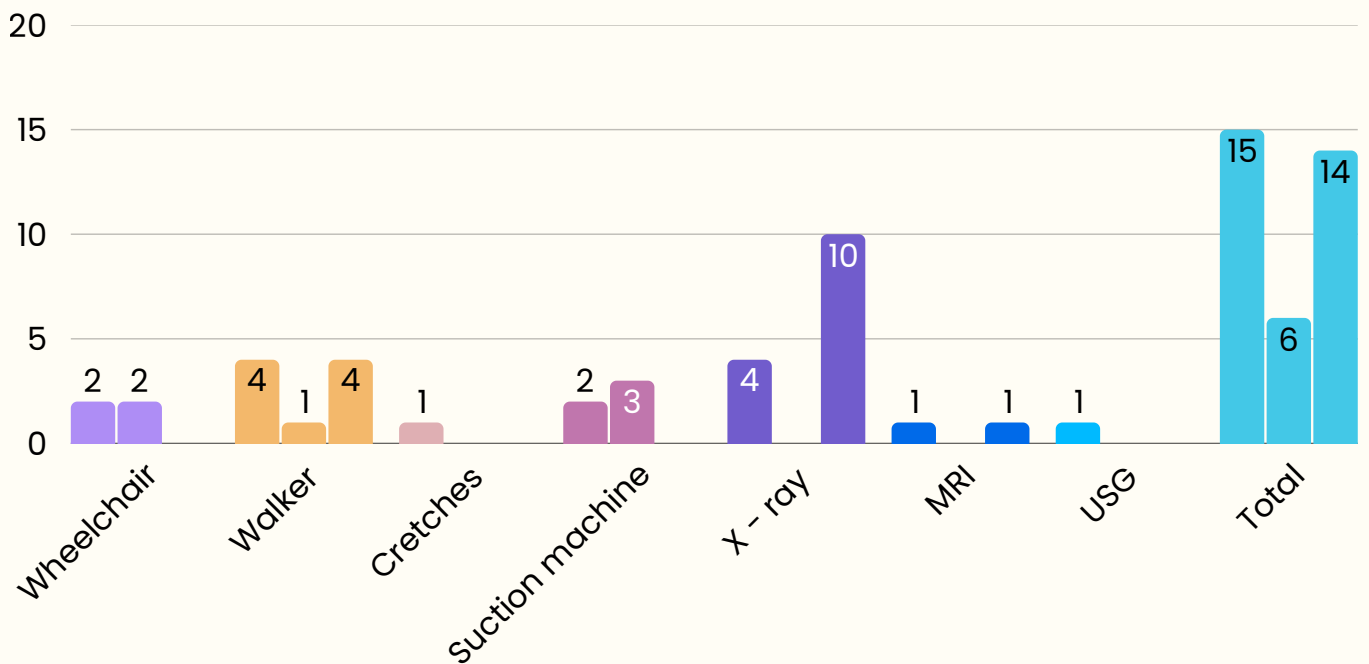
Jai Prakash Narayan Apex Trauma Center for AIIMS

At Jai Prakash Narayan Apex Trauma Center for AIIMS OR JPNA Trauma center we provide surgical, OPD, ortho and Nutritional aid to patients receiving treatment, however are severely restricted by their economic capabilities. Our counter at the hospital is involved in taking regular rounds of the hospital to identify patients in need and also recieve individual requests from them through the counter.

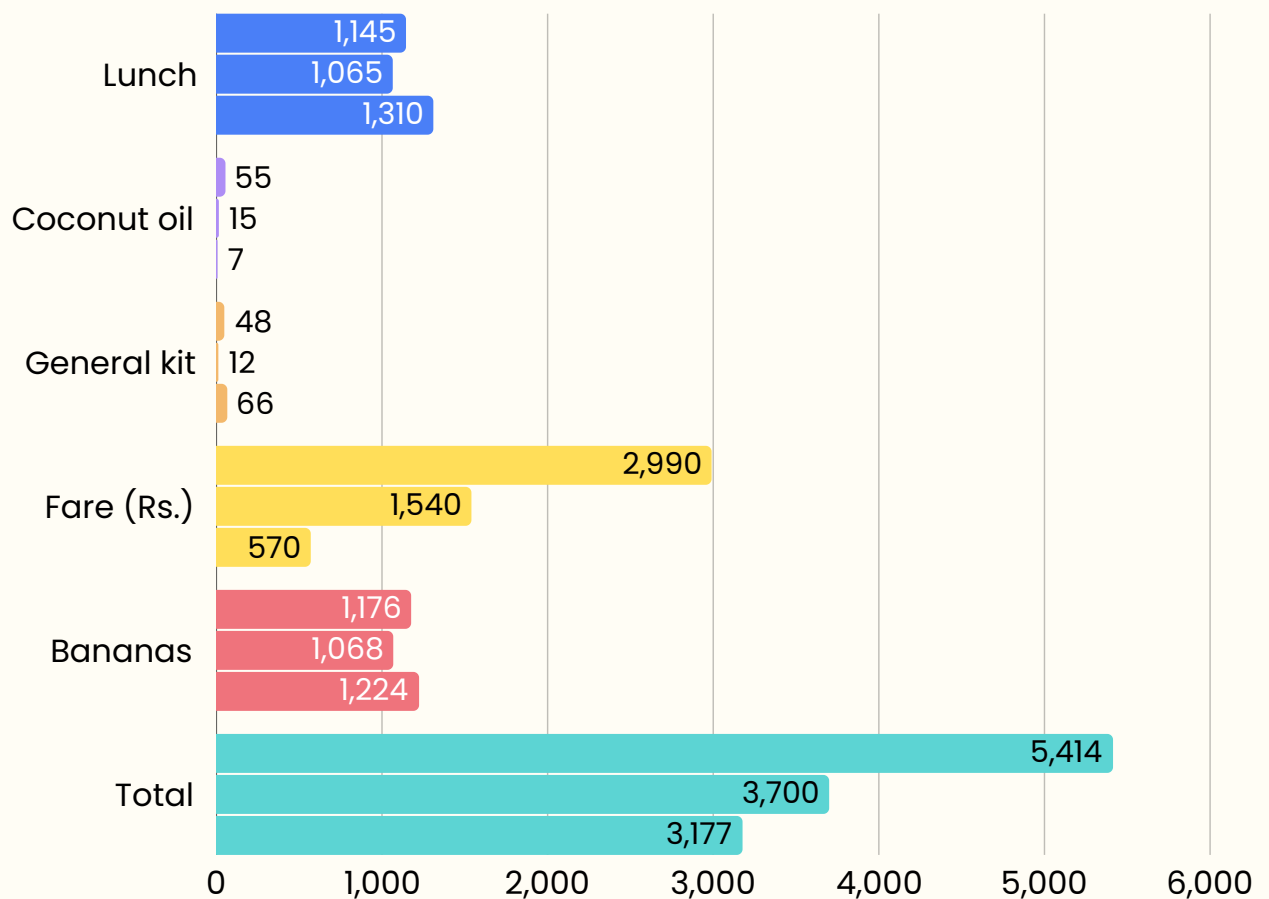


Aids Distribution

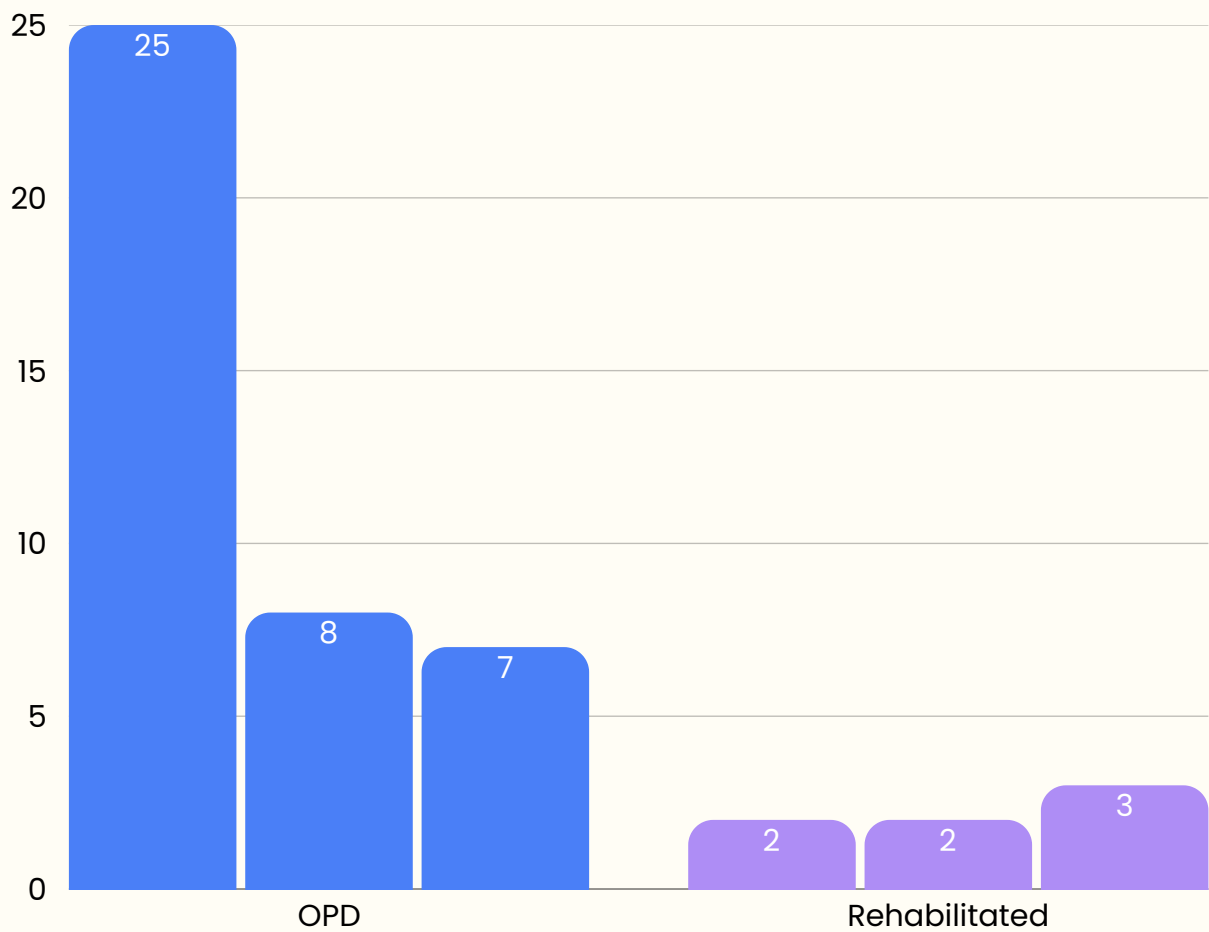
Ortho Aids



Food and Nutrition



Patient statistics



Be
Brave



Safdarjung Hospital

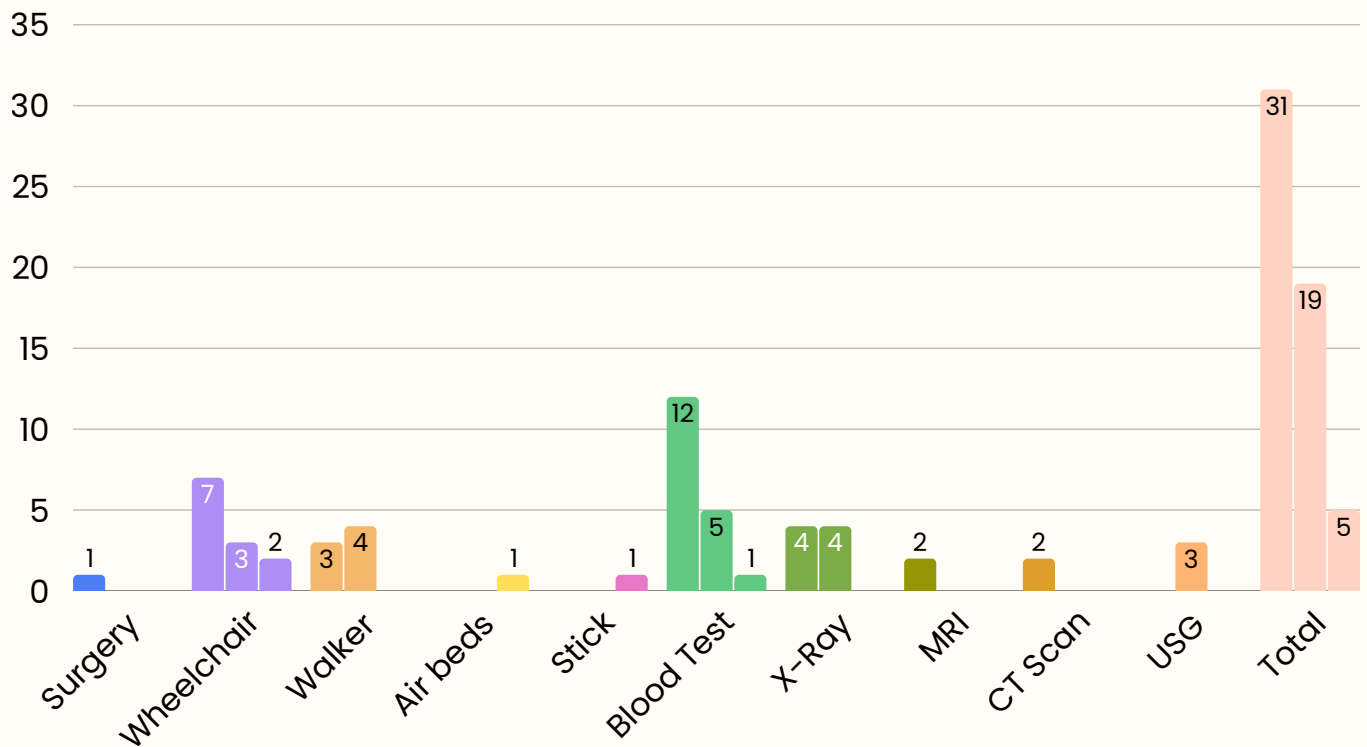
At safdadrjung hospital we provide surgical, OPD, ortho and Nutritional aid to patients recieving treatment, however are severely restricted by their economic capabilities.

Our counter at the hospital is involved in taking regular rounds of the hospital to identify patients in need and also recieve individual requests from them through the counter.

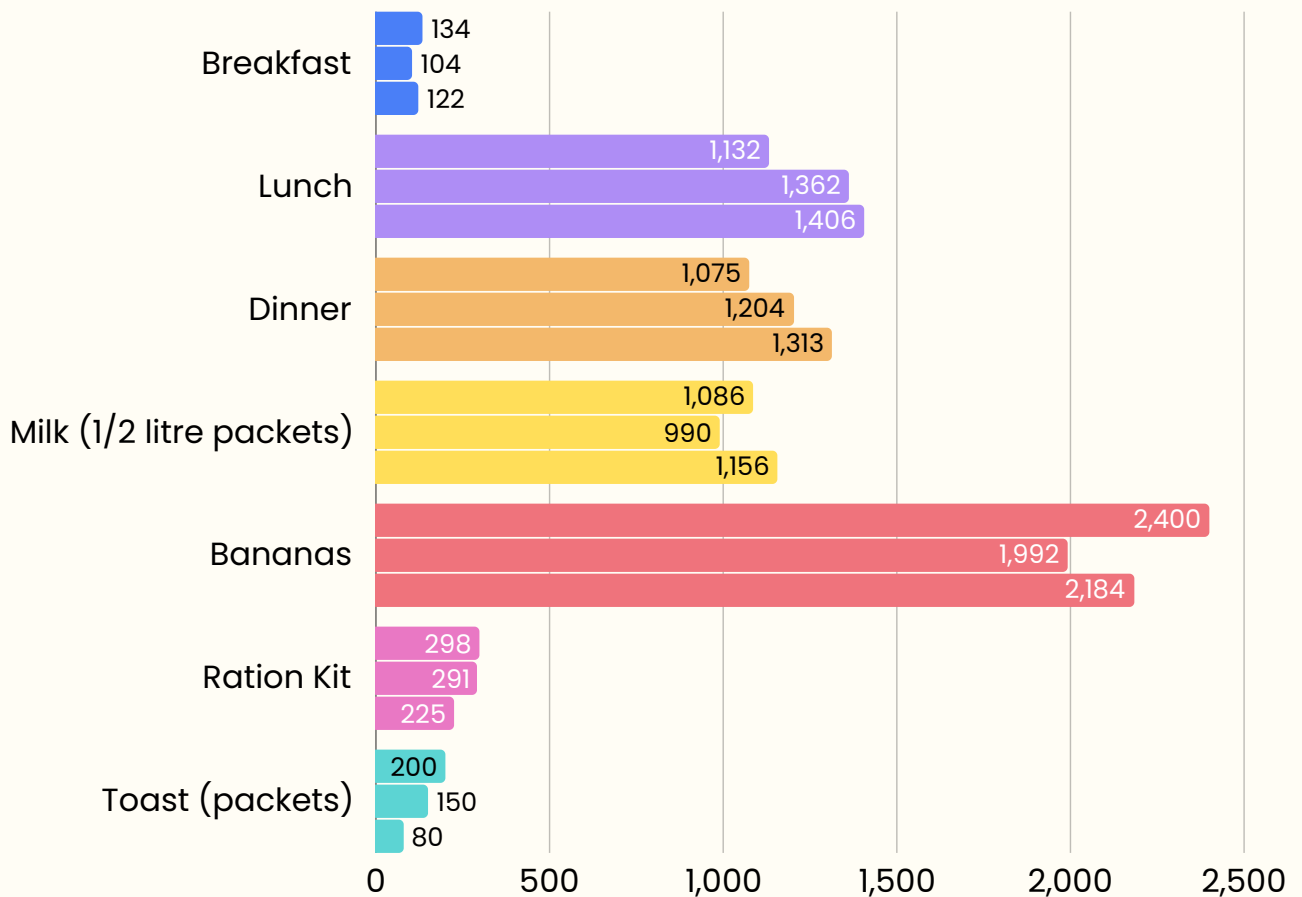


Aids Distribution

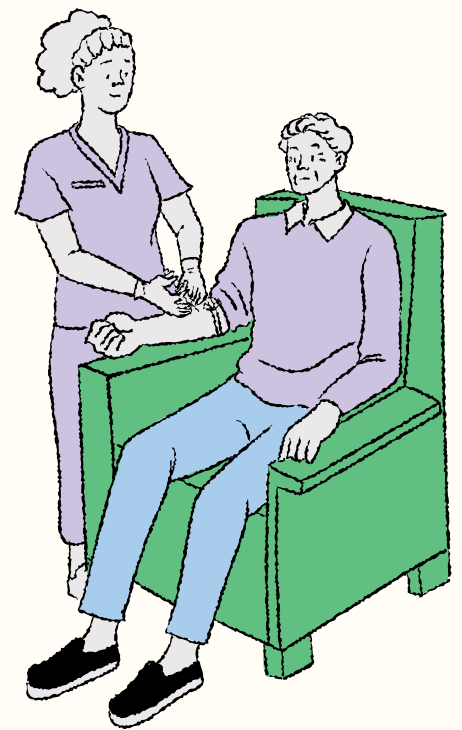
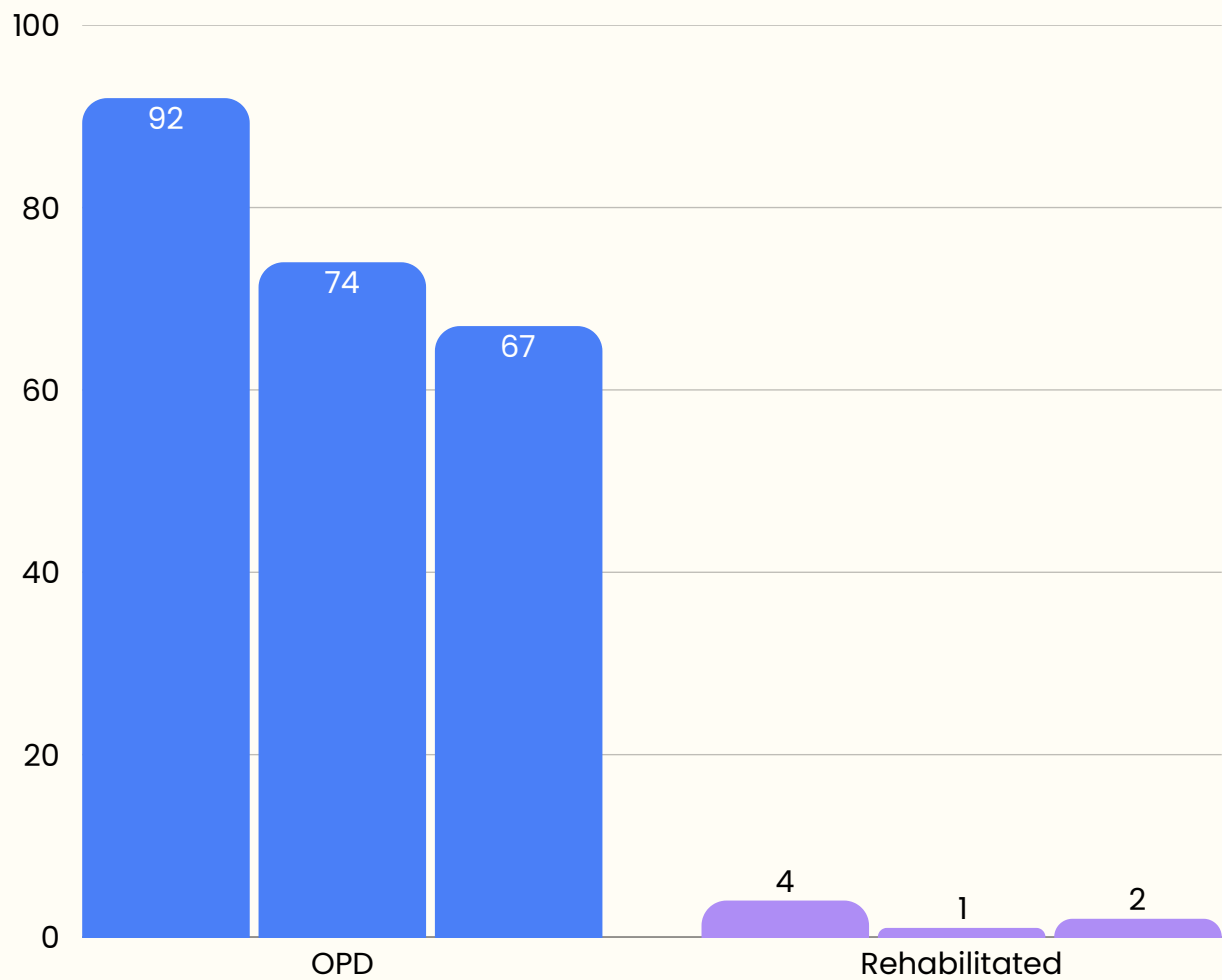
Ortho Aids



Food and Nutrition

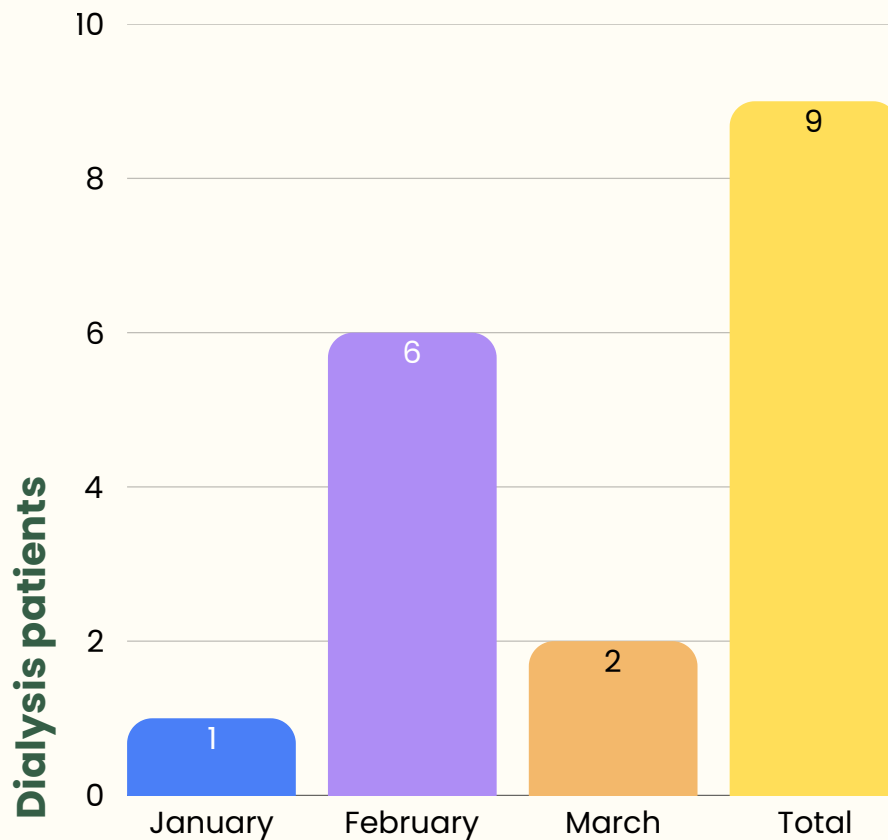
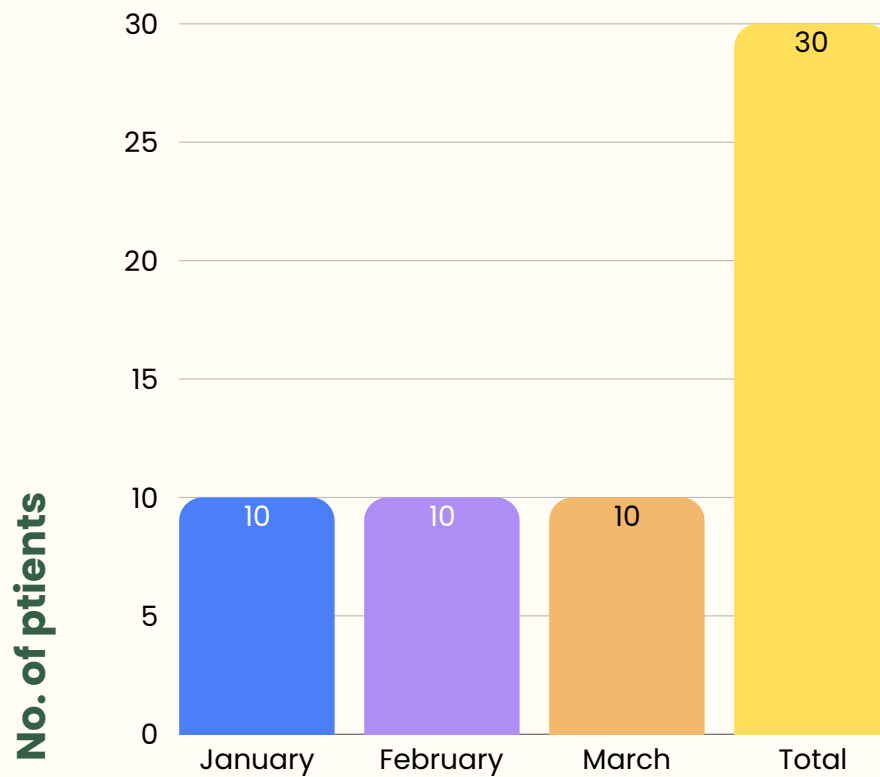


Patient Statistics

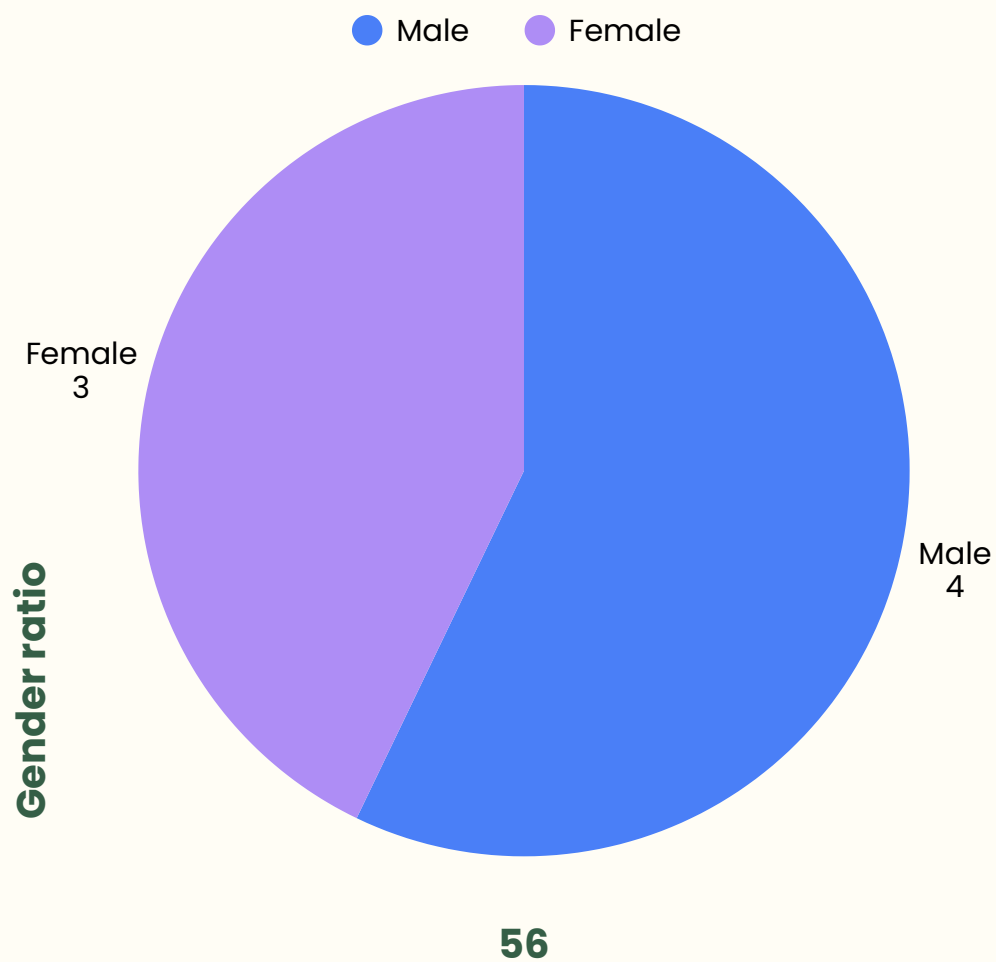
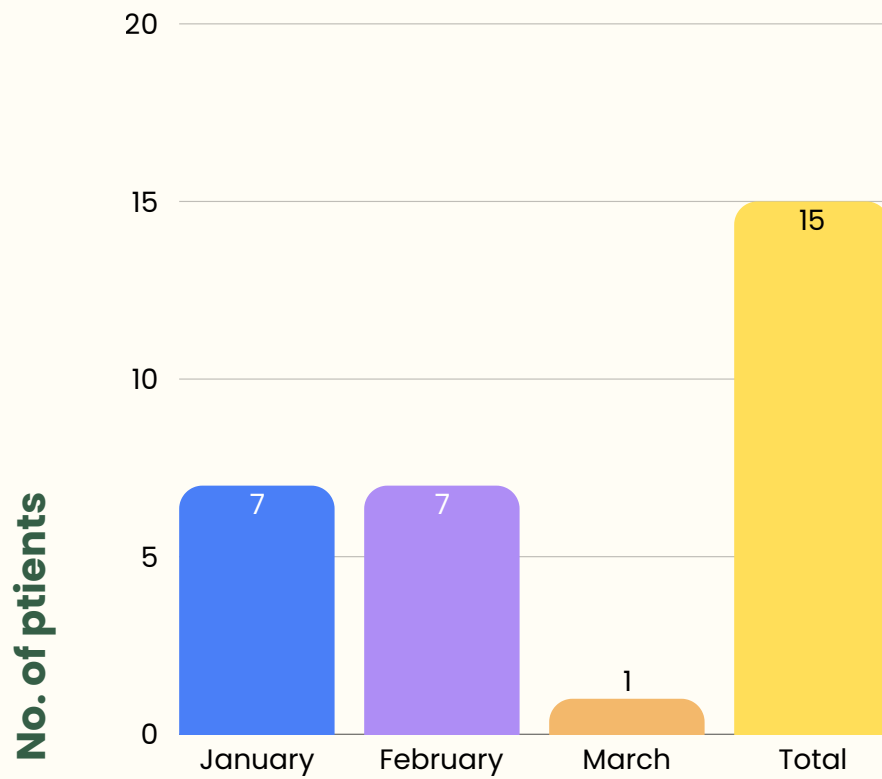


Support to Kideny and Cancer Patients

Kidney patients



Cancer patients



Case studies



Priya, a lively 10-year-old girl from Badhau, Uttar Pradesh, loved going on bike rides with her father, Mukesh. For her, those rides were moments of pure joy and adventure.

One day, while riding together on a busy road, the bike suddenly slipped. In a moment, Priya fell and injured her leg badly and taken to Safdarjung Hospital.

After careful examination, the doctors diagnosed her with a fracture in her right leg. It was a serious injury, and surgery was needed to fix it properly.

The Doctors at Safdarjung Hospital told Tanvi's parents to arrange Rs 11550 each for the operation of her right legs. By this time the financial condition of the family had deteriorated even further, and they were not able to arrange Financial capacity. The case was referred to NGO Sapna by the Medical Social Welfare Officer at Safdarjung Hospital. NGO Sapna raised the amount of Rs 11550 for the operation of Priya Right leg. Priya was successfully operated on 19th May 2025 by doctors at Safdurjung Hospital and sent home with a Paeditric Hip Plate Construct Her Right leg. The doctors performed an operation called open reduction and internal fixation, using a 90-degree paediatric hip plate to stabilize the broken bone. The surgery went well, and Priya was soon shifted to recovery. The days that followed were not easy, but Priya showed great courage. With her father's support, regular physiotherapy, and determination, she slowly started healing. After a few months, Priya was able to stand and walk again. The experience made her stronger and more careful, but her cheerful spirit remained unchanged. She returned home with a smile, ready to embrace life once again.

Case studies

Ram Balak Das, a 50-year-old male from an economically vulnerable background, suffered a severe spinal injury diagnosed as a Traumatic D12 (T12) burst fracture. Due to the injury, he faced significant difficulty in mobility and carrying out daily activities independently. During his treatment and recovery period, he required supportive medical equipment such as an air mattress and a wheelchair to prevent further complications and ensure proper care. However, his family was unable to afford these essential items because of financial constraints. At this critical stage, Sapna NGO extended financial assistance worth approximately ₹5,900 to support his treatment needs. The support helped the patient access the required medical aids, improving his comfort, mobility, and overall recovery process. This assistance brought relief and hope to both the patient and his family during a difficult time.



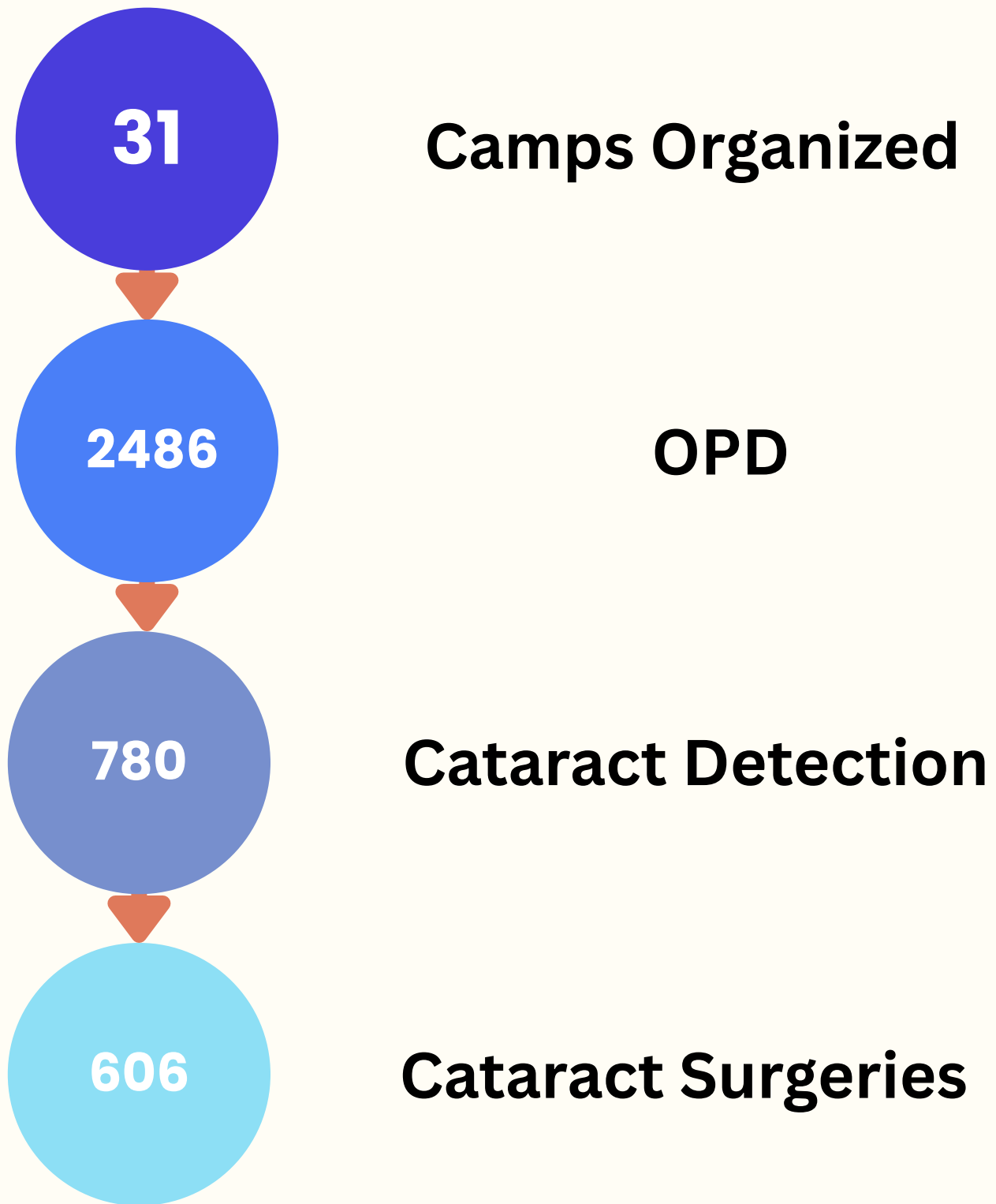
Neha, an 18-year-old female from an economically disadvantaged family, was diagnosed with D1-D2 Pott's Spine along with a Grade-4 bed sore, which severely affected her health and mobility. Due to her prolonged illness and limited movement, she required continuous care and supportive medical equipment for recovery and comfort. Her family faced major financial difficulties in arranging the necessary treatment support, including an air mattress and a wheelchair. Understanding the urgency of her condition, Sapna NGO provided financial assistance worth approximately ₹5,900 to help meet her medical needs. This support enabled Neha to access essential care equipment, reducing discomfort and helping prevent further health complications. The assistance also eased the emotional and financial burden on her family during a challenging period. With continued care and support, Neha has been able to recover in a safer and more dignified environment. **58**



Case studies

Suman, an 18-year-old female from a financially vulnerable background, suffered from a non-traumatic mono-articular condition affecting her right hip, which significantly restricted her mobility and daily functioning. Her medical condition made it difficult for her to move independently and carry out routine activities without assistance. To support her recovery and improve her quality of life, she required a wheelchair and an air mattress as part of her treatment and care. However, due to limited financial resources, her family was unable to afford these essential medical aids. At this crucial time, Sapna NGO extended financial assistance worth approximately ₹5,900 to support her treatment requirements. The support helped Suman access the necessary equipment, ensuring better comfort, mobility, and care during her recovery. This assistance brought relief and encouragement to both the patient and her family in overcoming their difficult circumstances.

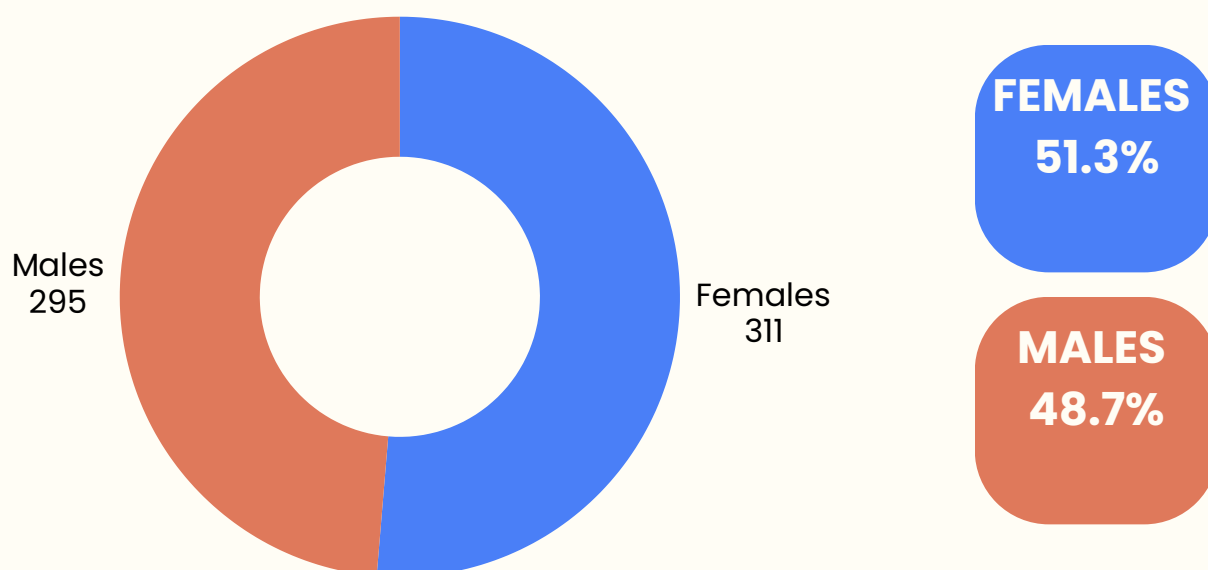




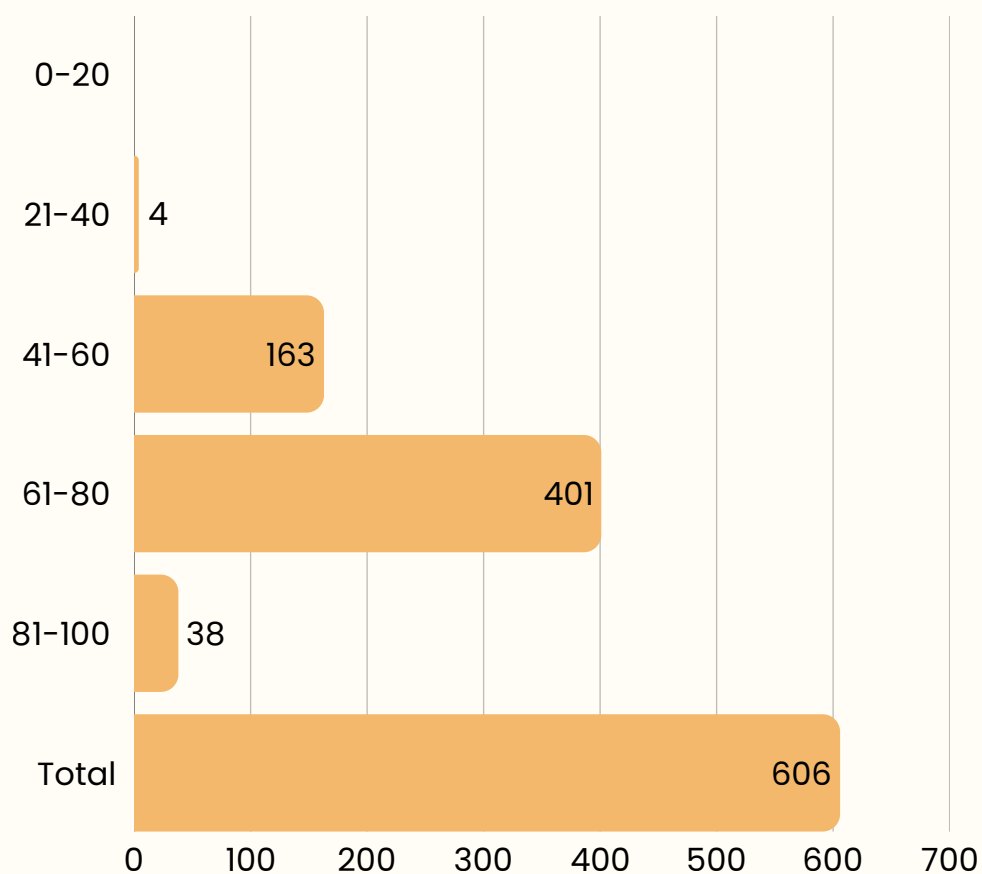
Mahatma Gandhi Netralaya: Acitivities



Gender statistics



Age statistics



Patient vision change

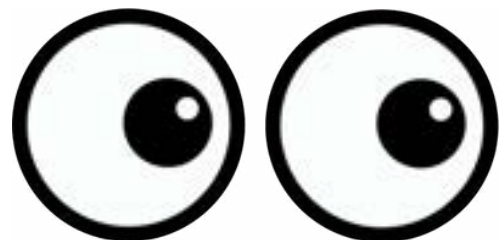
Pre vision	No of Patients	Post surgery vision
6/12.	5	6/12., 6/18P, 6/6., 6/9 (2).
6/12P	3	6/18. (2), 6.6.
6/18.	17	6/12., 6/12p, 6/18. (6), 6/18p, 6/36, 6/60, 6/9. (5), FC5M
6/18P	4	6/12 (2), 6/6P, 6/9.
6/24.	27	6/12 (7), 6/12P, 6/18 (3), 6/24 (3), 6/60 (2), 6/6P (2), 6/9 (6), 6/9P (2), FC5M
6/24P	2	6/24., 6/9.
6/36.	24	6/12 (5), 6/12P (2), 6/18 (5), 6/36, 6/6P (2), 6/9 (6) 6/9P(2), FC2M
6/60.	64	6/12 (13), 6/12P, 6/18 (12), 6/18P, 6/24 (2), 6/24P (2), 6/36 (4), 6/6 (4), 6/60, 6/6P (3), 6/9, (11), 6/9P (8), FC1M, FC5M
6/9.	1	6/9P
6/9P	1	6/9.
FC	1	FC3M
FC1/2M	16	6/12, 6/12P (4), 6/18 (3), 6/6P, 6/9, 6/9P (4) FC4M, FC5M
FC1M	26	6/12 (12), 6/18 (5), 6/18P, 6/24, 6/36, 6/6, 6/60 6/9P (2), FC1M, FC2M
FC2M	36	6/12, 6/12P, 6/18 (11), 6/18P, 6/24 (7), 6/36 (2), 6/60 (3), 6/9 (6), FC1/2M, FC2M, FC5M (2)
FC3M	31	6/12 (10), 6/12P, 6/18 (2), 6/18P (3), 6/24, 6/36 (2), 6/60 (2), 6/6P, 6/9 (5), 6/9P, FC3M, FC5M (2)
FC4M	35	6/12 (8), 6/12P (7), 6/18 (5), 6/24 (2), 6/36, 6/60 (3), 6/9 (6), 6/9P, FC4M, FC5M
FC5M	145	6/12 (35), 6/12 (2), 6/12P (14), 6/18 (22), 6/18P (4), 6/24 (8), 6/24P, 6/36 (4), 6/6 (5), 6/60 (6), 6/6P (4), 6/9 (22), 6/9P (10) FC2M, FC4M, FC5M (4), HM+ (2)
FC6M	51	6/12 (12), 6/12P (2), 6/18 (6), 6/18P (2), 6/24 (2), 6/36 (2), 6/6 (2) 6/60, 6/6P (3), 6/9 (7), 6/9P (4), FC1M, FC2M, FC5M (4), FC6M HM+

Patients visoin change

FCCM	31	6/12 (6), 6/12P (5), 6/18 (4), 6/24, 6/36 (2), 6/60 (3), 6/9 (2), 6/9P (3), FC2M, FC3M, FC-4 M, FC5M, PL+
FCM	1	6/12.
HM+	19	6/12 (5), 6/12P, 6/18 (3), 6/24, 6/6, 6/9 (3), 6/9P (3), FC-4 M, FC5M
HMCF	25	6/12 (6), 6/12P, 6/18, 6/18P (2), 6/24, 6/36, 6/6P (3), 6/9, 6/9P (5), FC2M, FC5M (2), HMCF
HMFC	1	6/18.
PL+	38	6/12 (13), 6/12P (2), 6/18 (7), 6/24 (2), 6/36 (3), 6/60, 6/6P (2), 6/9 (6), 6/9P, FC5M
Uncoperative	1	6/18.



Together
We Can!



Camp Sites

January

Date	Camp site
01.01.2026	Thanagazi
04.01.2026	Baroda Meo
08.01.2026	Ramgarh
10.01.2026	Govindgarh
15.01.2026	Bibirani
19.01.2026	Harsoli
21.01.2026	Akbarpur
23.01.2026	Mundawar
25.01.2026	Alwar
29.01.2026	Sodawas

February

Date	Camp site
01.02.2026	Jhiri, Pratapgarh
05.02.2026	Thanagazi
08.02.2026	Govindgarh
09.02.2026	Silpata
12.02.2026	Ramgarh
15.02.2026	Hajipur
19.02.2026	Nangli Megha
22.02.2026	Khairthal
24.02.2026	Alapur
26.02.2026	Mundawar

March

Date	Camp site
01.03.2026	Baroda Meo
05.03.2026	Thanagazi
08.03.2026	Govindgarh
08.03.2026	Vijay Mandir
12.03.2026	Ramgarh
15.03.2026	Diwakari
19.03.2026	Bibirani
22.03.2026	Bahadarpur
23.03.2026	Kot Kasim
26.03.2026	Mundawar
29.03.2026	Kherthal

Case studies

Puniya, 62 years old, and a resident of Saidampur, Alwar. She had been experiencing very poor vision in his right. Her eyesight had deteriorated to the point where she could only see hand movements (HMCF). This made carrying out daily domestic duties, challenging for her. Later, a free eye check-up camp was organized in her village by Mahatma Gandhi Netralaya. There is got her eyes examined and the doctors nformed about cataract in her right



ieye, suggesting restoration through surgery. Puniya was admitted on 09/02/2026, and received successful cataract surgery on 10/02/2026. The entire treatment was provided free of cost under the camp. Post -s surgery a shocking surprise filled her with joy, Puniya was able to see clearly again as her vision improved to 6/6. This completely changed her life. She could now perform my daily tasks with ease, spend time with my family, and move around without fear. The surgery made her self-reliant again

I sincerely thank Mahatma Gandhi Netralaya and team - “Now I can see the world clearly again—this feels nothing short of a miracle.”

Imarti Ji a resident of Govindgarh aged 95 years, Alwar (Rajasthan), had been able to see very little from her right eye for some time. Her sever condition limited her vision only to PL +ve (perception of light). Imarti Ji has 4 sons. Although her sons have been taking good care of her, her eye sight drastically reduced her quality of life making her highly dependent on others for performing day to day tasks as well. Imarti Ji got her eyes examined at a free eye check-up camp



conducted by NGO Sapna and organized by Mahatma Gandhi Netralaya. She was diagnosed with cataract in her right eye. After the examination, Imarti Ji was referred to Mahatma Gandhi Netralaya for further treatment. On 11th January, she was admitted at the hospital for the surgery underwent it on 12th January. Her right eye cataract surgery was successfully performed. Imarti ji surgery expenses including surgery cost, transportation and meals were fully covered by the hospital. The post-surgery results were extremely satisfactory. Imarti Ji’s post-operative vision was found to be 6/9. Today, Imarti Ji is able to see much better than before and is living a safe and dignified life with her family. Her family expressed heartfelt gratitude towards NGO Sapna and the team of Mahatma Gandhi Netralaya.

Case studies

Her name is Hakiman, 59 years old and a resident of Sahdoli, Alwar. She had been experiencing increasing difficulty in my left eye. Her slight blurriness, gradually deteriorated to the point where she could only recognize fingers up to a distance of 6 meters (FC at 6m). This had a significant impact on her daily life including carrying out household work.

One day, a free eye check-up camp was organized in her area by Mahatma Gandhi

Netralaya. There she got her eyes examined, and was diagnosed with cataract. She was admitted on 12/02/2026 and on 13/02/2026, underwent successful cataract operation. The treatment was free of cost under the camp program. After the surgery, it was a very special moment for her. Her post-operative vision improved to 6/6. Now, she is able to perform all my daily tasks easily and without fear. Being able to clearly see my family members' faces and live a normal life with them is the greatest happiness for me.

She expresses her sincere gratitude towards the hospital and the team – “Now everything is clear, and life feels easy and beautiful again.”



Bimla is 62 years old and a resident of Nikach, Alwar. Her vision in the left eye had almost completely diminished restricting her perceive light (PL+). This, made her life difficult such as managing household work or moving around. Meanwhile, a free eye check-up camp was organized in her area by Mahatma Gandhi Netralaya. She was diagnosed with mature cataract in her eye, which could be cured through surgery.

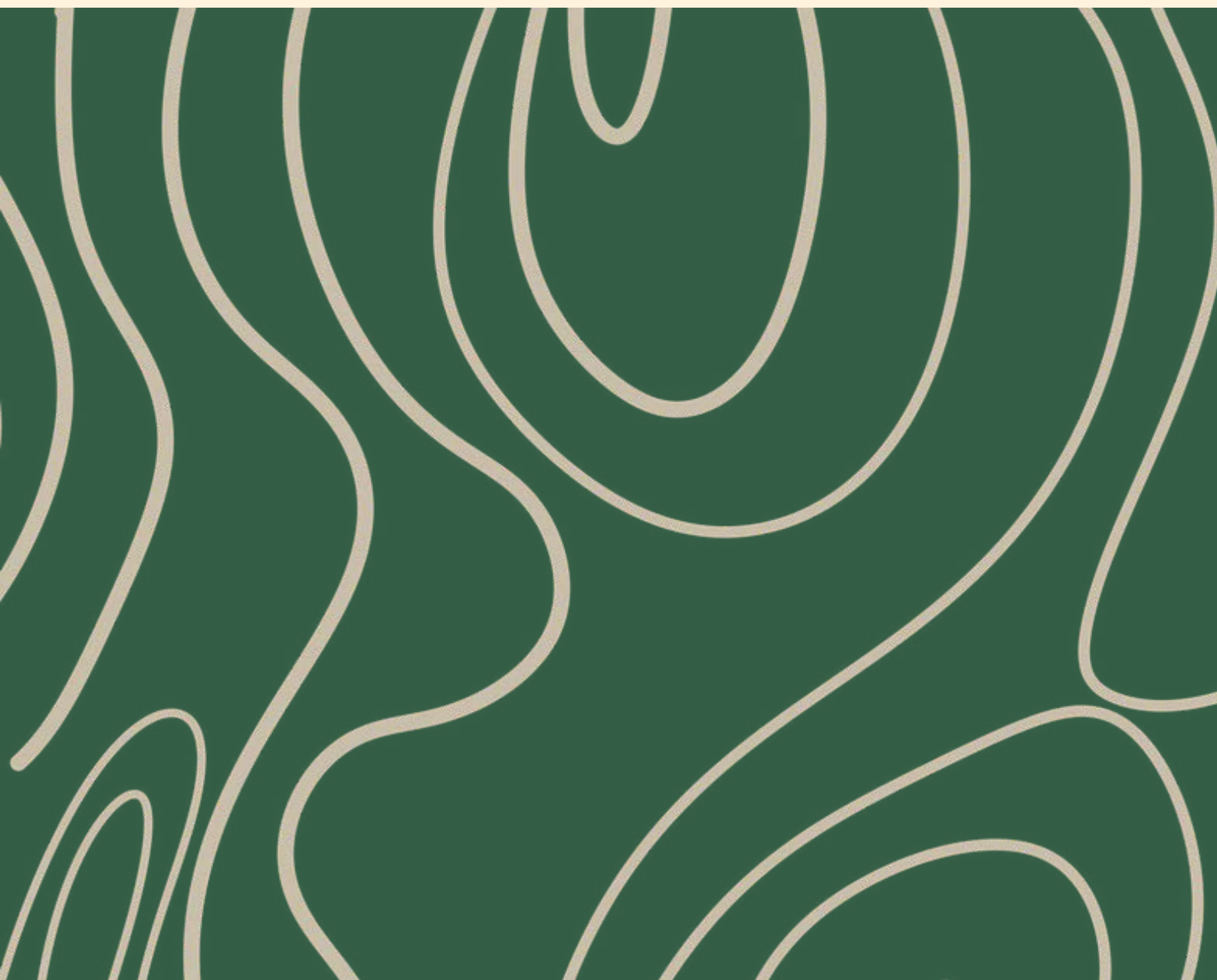
On 12/02/2026 she was admitted, and on 13/02/2026, my left eye (LE) was successfully operated on. The treatment was free of cost under the outreach camp, so I did not face any financial difficulty.

After the surgery, Bimla could only sense light, but now she was able to see everything clearly. Her post-operative vision improved to 6/6. After the operation, she can now do all her daily activities independently, walk without any support, and spend happy moments with my family. She sincerely thank Mahatma Gandhi Netralaya and their entire team for giving her the joy of seeing again and bringing new light into her life.

“Earlier, I could only feel light, but now I can see the world clearly—this is the beginning of a new life for me.”



WOMEN



EMPOWERMENT

Skills Development Center (SDC)

Month	Old Training Enrolment	New Training Enrolment	Pass out	Drop out	Total
January	50	4	8	10	54
February	36	1	0	0	37
March	38	5	3	0	43
Total	124	10	11	10	134



Events

TATA Power

On 21st January 2025 TATA Power personnel visit the Skill Development Center and Computer Literacy Center in Noida. The visit was marked by their lively interaction with the young students, Pramukh Sewak and Pradhan Sewak of NGO Sapna.



International Women's Day

On 7th March 2026, we organized international women's day at the SDC center, Noida. The event involved engaging address by Ms. Manisha Singh to women and after which snacks and sanitary kit were distributed to the beneficiaries.



Case studies

Puja Kumari lives in a nuclear family with her husband, Sanjay Sah, and their three children. The family belongs to a low-income background and has been facing persistent financial challenges. Sanjay Sah works as an office boy in a private office and earns a monthly salary of around ₹10,000. This limited income makes it difficult for the family to meet their daily needs, including food, education, and other essential expenses.

Due to the financial strain and increasing household responsibilities, Puja Kumari decided to contribute economically to support her family. Despite limited resources and opportunities, she demonstrated determination and a strong work ethic. Through her efforts, she manages to earn approximately ₹6,000 per month. Her contribution has become an important part of the household income and helps in easing the financial burden.

With a combined monthly income of ₹16,000, the family is now in a slightly better position to manage their expenses.



Heena, a 40-year-old woman, lives with her husband Birju Sah and their three children—two sons and one daughter. The family belongs to a modest socio-economic background and depends primarily on her husband's income. Birju Sah works as a security guard in a residential society, earning a limited salary that is often insufficient to meet the daily needs of a family of five.

Facing financial constraints and the growing expenses of raising children, Heena took the initiative to support her household. Determined to ensure that her family's basic needs are met, she started working at a local boutique. Through her dedication and consistent effort, she contributes financially to the household, helping to manage everyday expenses more effectively.

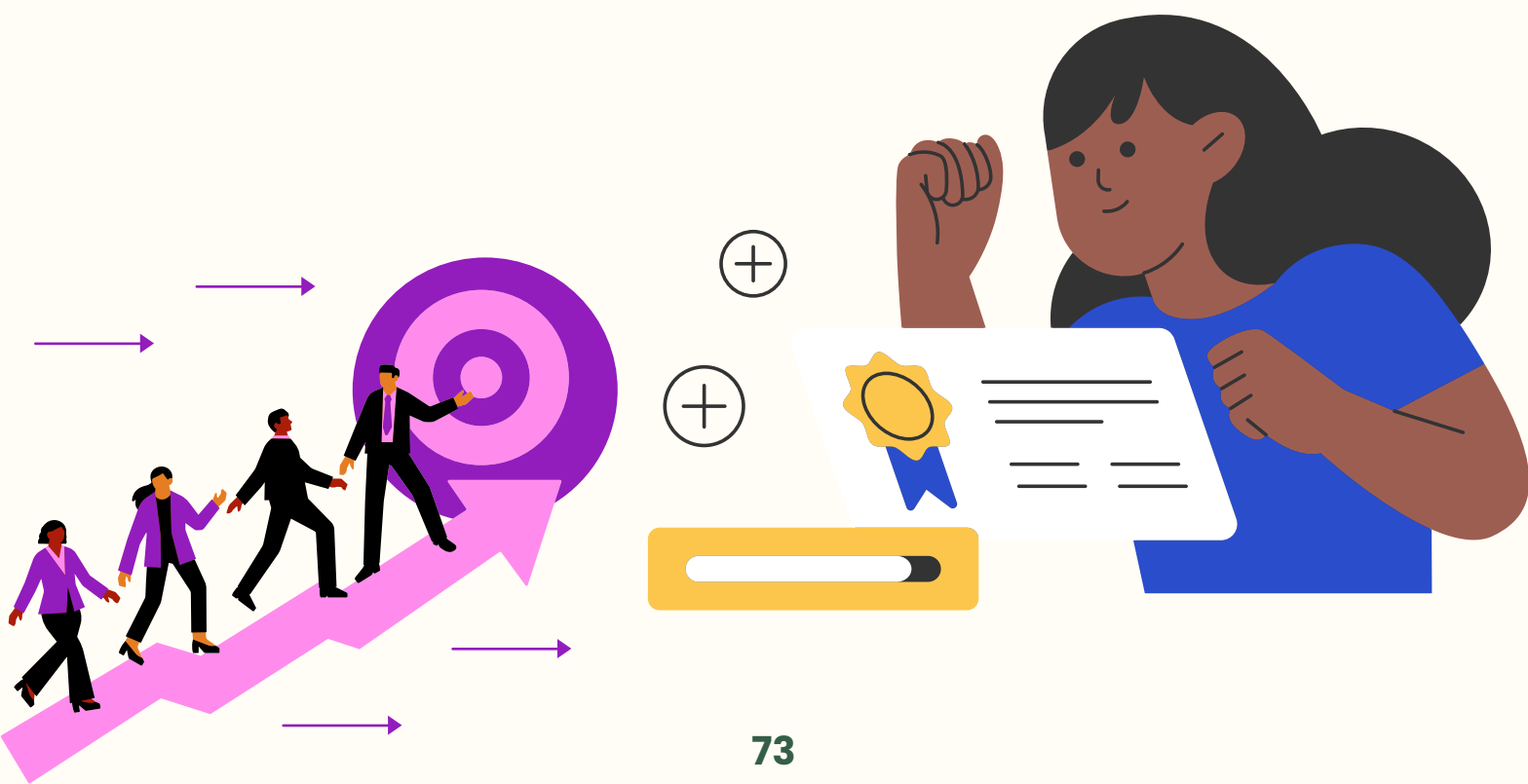


Case studies

Puja Singh, a 22-year-old young woman, lives with her family consisting of her father Om Pal Singh, mother Lalita Devi, three sisters, and one brother. The family belongs to a modest socio-economic background. Her father works as a printing operator in a printing press in Gujarat, while her mother is a homemaker who manages the household responsibilities. With a large family to support, the financial resources are limited and often stretched to meet daily needs.

Understanding the financial situation of her family, Puja has taken a proactive role in contributing to the household income. She possesses skills in hand embroidery and stitching, which she has developed and turned into a source of livelihood. Through her hard work and dedication, she earns approximately ₹5,000 per month by taking up stitching and embroidery work.

Puja's contribution, although modest, plays an important role in supporting her family's expenses and reducing some of the financial burden on her father. Managing work alongside household responsibilities, she continues to show commitment and perseverance.



Mahila Suraksha Evam Seva Kendra (MSSK)

Mahila Suraksha Evam Seva Kendra, Alwar

Month /Type of Cases	Domestic Voilence	3 rd Party	By Daughter - in - law	Other	Total
January	9	2	0	0	11
February	11	0	1	1	13
March	10	3	3	0	16

Month /Type of Cases	Cases resolved
January	6
February	6
March	25 + 4 (remaining)

Age wise break up	0 - 18	18 - 35	35 - 60	60 +
January	0	11	0	0
February	0	10	3	1
March	1	9	6	0

Events and visits

Mahila Suraksha Evam Seva Kendra, Alwar

Workshop

The workshop was conducted at Government Girl's College on 6th January 2026 on the spreading awareness session on domestic violence. Total 60 students attended the event including 40 girls, 15 female staff and 5 men.



Field Visit

The visit was conducted by coordinator Mrs. Daya Garg, organizing women's counselling sessions at MSSK Bhiwadi. There were 10 people attending the visit.



Events and visits

Mahila Suraksha Evam Seva Kendra, Alwar

Awareness program

The program was conducted on 20th and 21st January 2026 at Moti Doongri, and coordinated by Mrs. Daya Garg, Ms. Phoolvati and Premvati. Women were provided information on women's safety laws and helplines. Helpline numbers: 181, 112, 1090, 1098 and 1930 were shared during the sessions.

In total 150 beneficiaries attended including 140 women and 10 men.



Women Awareness camp

The camp was organized at Moti Doongri, Alwar on women's rights and government schemes on 22nd January 2026.

There were 40 beneficiaries including 35 women and 5 girls.



Events and visits

Mahila Suraksha Evam Seva Kendra, Alwar

National Girl Child Day

The program was conducted on 24th January 2026 at Sapna Shikkshalaya for classes 6th to 7th. It was organized by coordinator Mrs. Daya Garg. In total 25 beneficiaries attended teh event.



Training Workshop

Hosted on 31st January 2026, the workshop was organized at Government Law College, Alwar. The MSSK coordinator was invited as the resource person and delivered a lecture on Gender Ssensitization under the State Women Policy, thereby explaining legal provisions and practical approaches.



Meetings and visits

Mahila Suraksha Evam Seva Kendra, Alwar

YP Foundation

The visit happened on 5th February 2026, as the members of YP Foundation (Mr. Shatanu and team) and TYPI Foundation visited the MSSK, Alwar center. The discussion held at the center was focused on technology based violence and women's safety.



DSC meeting

As a part of Annual ceremony, Ms. Daya Garg attended the DSC meeting on women safety. Several schools, NGOs, MSSK, OSC amongst other institutions attend the event. On 7th February 2026, in total 70 participants took part in the event.



Meetings and visits

Mahila Suraksha Evam Seva Kendra, Alwar

Workshop visit

The workshop organized by Department of Women Empowerment and Child Development on 11th February 2026 was attended by Ms. Daya Garg from MSSK at Pratap Auditorium. The program saw attendance of several senior officials including SP Jaiour and DD Rishi Raj Singhal.



Spectra Foundation

The meeting was hosted by MSSK on 17th February 2026 with Foundation's senior officials. The discussion was centered around challenges faced by women and the support system available to them.



Meetings and visits

Mahila Suraksha Evam Seva Kendra, Alwar

Awareness Program Report

On 18 February 2026, an awareness program was organized at Bal Bharati Shikshan Prashikshan Mahavidyalaya, Gandhi Nagar, Alwar. The program was conducted under the guidance of Principal Mr. R.K. Yadav.

Ms. Daya Garg participated in the program as a Resource Person (Women Safety Counselor). She provided detailed information to the students about various women-related laws, legal rights, and available safety measures. She also explained different support systems and helplines for women in need.

The session was interactive and informative, helping students understand their rights and safety mechanisms.

In total 90 people participated in the event including 60 students (30 girls and 30 boys) and 30 staff members of the college (20 female and 10 male).



Meetings and visits

Mahila Suraksha Evam Seva Kendra, Alwar

Inspection Report

On 5th March 2026, an inspection was conducted at the Women Safety Counseling Centre, Moti Doongri by Mr. Mohanlal Soni, District Additional Sessions Judge and Secretary, DLSA.

After reviewing the centre's work, he appreciated the overall functioning, record maintenance, and services provided by the team.



Awareness Program on Child Marriage and Child Labour

On 7 March 2026, an awareness program was organized at Panchayat Samiti Umren under the "Child Marriage Free India Campaign." The program was organized by the District Legal Services Authority (DLSA) under the guidance of Secretary Mr. Mohanlal Saini (ADJ). Advocate Daya Garg, Coordinator, MSSK Centre Moti Doongri, was invited as a Resource Person. She addressed the participants on the topics of child marriage and child labour, focusing on their negative impact on women's health and overall well-being.



Meetings and visits

Mahila Suraksha Evam Seva Kendra, Alwar

Outreach Program (Vijay Mandir)

On 18th March 2026, an outreach program was conducted at Vijay Mandir premises for women workers. The session focused on providing information about various government schemes and welfare programs. The program was conducted by Ms. Daya Garg and Premvati. In total 20 female participants attended the event.

The session helped the workers understand and access government benefits available to them.



Awareness Program

On 28th March 2026, an awareness program was organized at JK Club or (Jyoti Club), Alwar, under the Rotary Club, where reputed women of Alwar city were invited. The objective of the program was to spread awareness about government schemes, so that participants could further extend this information to women in their households and communities.

The program was attended by Ms. Daya Garg and Phoolvati from MSSK. Mr. Umesh Khatri from the Cyber Office was also present.



Mahila Suraksha Evam Seva Kendra (MSSK)

Mahila Suraksha Evam Seva Kendra, Bhiwadi

Month /Type of Cases	Domestic Voilence	3 rd Party	By Daughter - in - law	Other	Total
January	11	1	2	0	14
February	3	5	1	0	9
March	6	6	1	0	13

Month /Type of Cases	Cases resolved
January	14
February	9
March	13

Age wise break up	0 - 18	18 - 35	35 - 60	60 +
January	0	10	3	1
February	0	4	5	0
March	0	6	6	1

Events and visits

Mahila Suraksha Evam Seva Kendra, Bhiwadi

Awareness session

Visited a girls' school on 4th March 2026 and conducted an awareness session for Class 11th and 12th students regarding MSSK and cyber crime awareness.



Workshop

On the occasion of International Women's Day, a workshop was organized in villages. Information was provided regarding women's rights, MSSK helpline support, cyber crime prevention, government schemes, and protection against domestic violence. Women were also made aware of the services and support provided by MSSK.



Case studies

On 14.03.2026, a case of domestic violence was resolved, and peace returned to the family after counseling.

A case of domestic violence came forward involving Umran Jat resident Bina wife of Dayaram, in which the woman made serious allegations against her family members. According to the victim woman, her elder brother-in-law and younger brother-in-law used to beat her regularly, create unnecessary fights, and mentally harass her as well. The woman stated that many times attempts were made to throw her out of the house and she was insulted by being told that “Your sister is not coming here, so you should also leave from here.”

Due to such continuous harassment, the woman was feeling very troubled and unsafe. As soon as information about the matter was received, the concerned worker showed promptness and intervened and called the woman’s elder brother-in-law and younger brother-in-law and listened to both sides. The worker counseled them that any kind of beating, misbehavior, or quarrel with the woman is an illegal and it affects both the image and environment of the family.

During the counseling, the family members were informed about the importance of mutual respect, communication, and maintaining peace. Along with this, they were warned that if any such incident comes forward again in the future, legal action could be taken.

A positive effect of this initiative and counseling by the worker was seen. Now the woman is living in a peaceful environment at home with her husband and children. The behavior of her elder brother-in-law and younger brother-in-law has also improved compared to before and they are no longer troubling her in any way.

Through this successful intervention, not only was peace established in one family, but this message was also conveyed that many social problems can be resolved through timely counseling and communication.

On 05.03.2026, Anjali wife of Mayank, resident of Tijara Phatak, appeared at the Women Safety Counseling Center and told her problem. The woman stated that it has been only about one month since her marriage, but after marriage her mother-in-law, father-in-law, sister-in-law, and husband create fights and quarrels with her regularly. Along with this, she is also not allowed to go to her maternal home, due to which she is mentally disturbed. The woman also stated that she does not want to live with her husband and wants to take divorce.

On this, considering the seriousness of the matter, the center worker called Anjali and her husband Mayank for a joint meeting. In the meeting, both sides were listened to carefully and they were explained in detail about the importance of mutual understanding, tolerance, and maintaining harmony in the family. Along with this, Mayank and his family members were strictly instructed that in the future they would not commit any kind of misbehavior, fight, quarrel, or beating with Anjali.

After counseling by the worker, Anjali said that she wants to give one more chance to her married life and wants to settle her home. She also clearly stated that if no kind of harassment is done with her in the future, then she is ready to live with her husband.

After this, both Mayank and Anjali happily filled the consent letter with mutual agreement and assured before the center that from now onwards they would spend their married life with mutual love, respect, and understanding. In the end, Anjali left for her in-laws' house with her husband Mayank.

On 8th January 2026, joint meeting was conducted in which both families were counseled.

A women namely Shangani, came in with the complaint of domestic violence. She told the MSSK Bhiwadi consellers that her husband, Monu beats her and behaves irrationally. They run a tea stall, however her leaves her there alone. She expressed her wish to discuss the matter with him clearly on a joint counsel.

Acting upon her request, her husband was called to the center. Surprisingly, it was revealed that Shangani was not fully innocence. He recounted that he only retaliated when she started verbally abusing her, which later turned physical.

As the truth was revealed both families came to a compromise, realizing their mistakes. The counsellors urged the couple to take their time privately and resolve the matter.

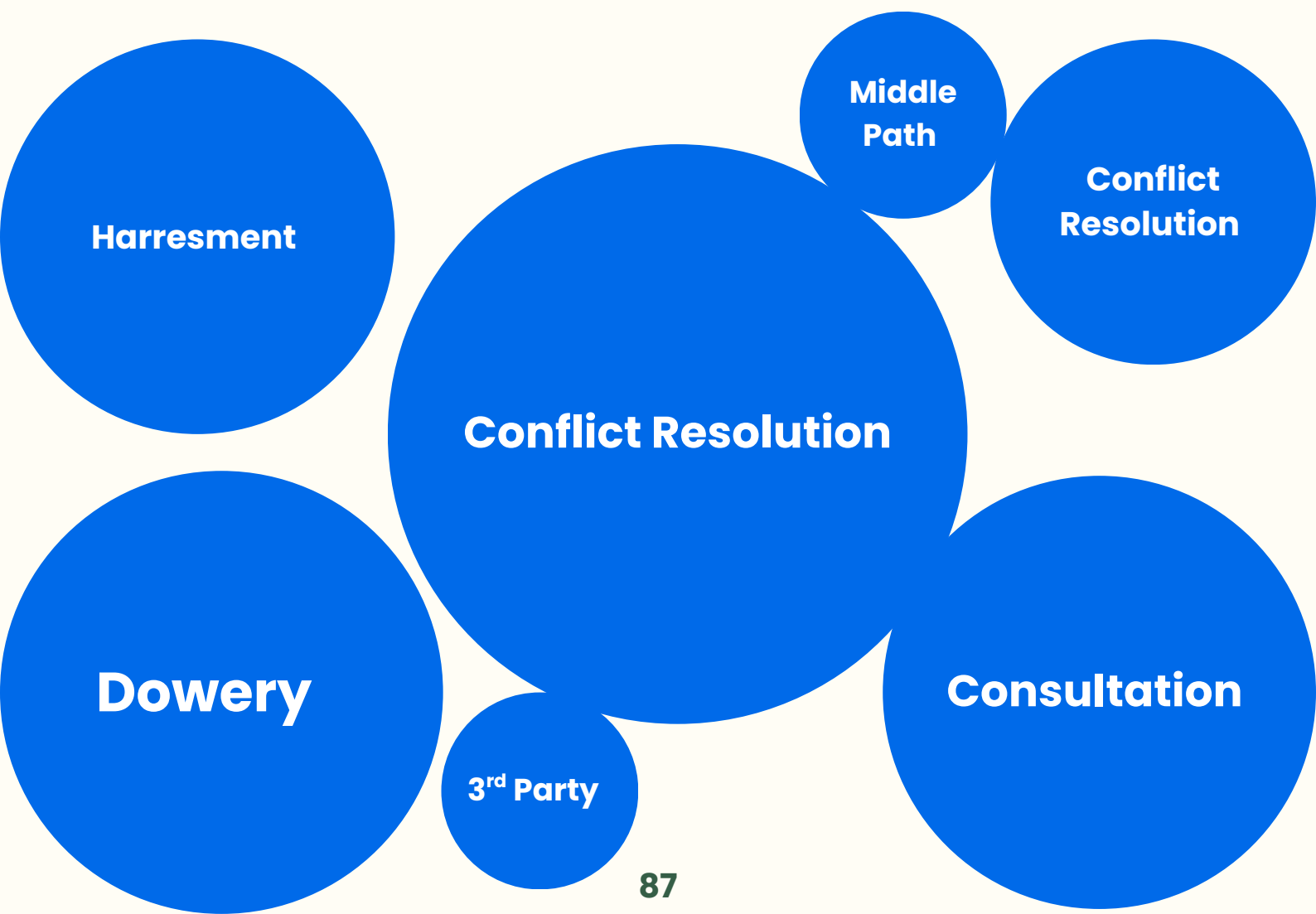
To everyone's delight they emerged united. Both Monu and Shangani said that they have discussed their actions and recalibrated the past that lead to such divided present. Thanking the MSSK center they made way to home. MSSK Bhiwadi counsellors, wished them luck, mentioning that their doors are open if any conflict appears in the future.

Sonu Sharma, a mother to her daughter Sneha Sharma and wife of Mr. Premprakash Sharma for 13 years cam to MSSK, Alwar with the complaint of domestic violence.

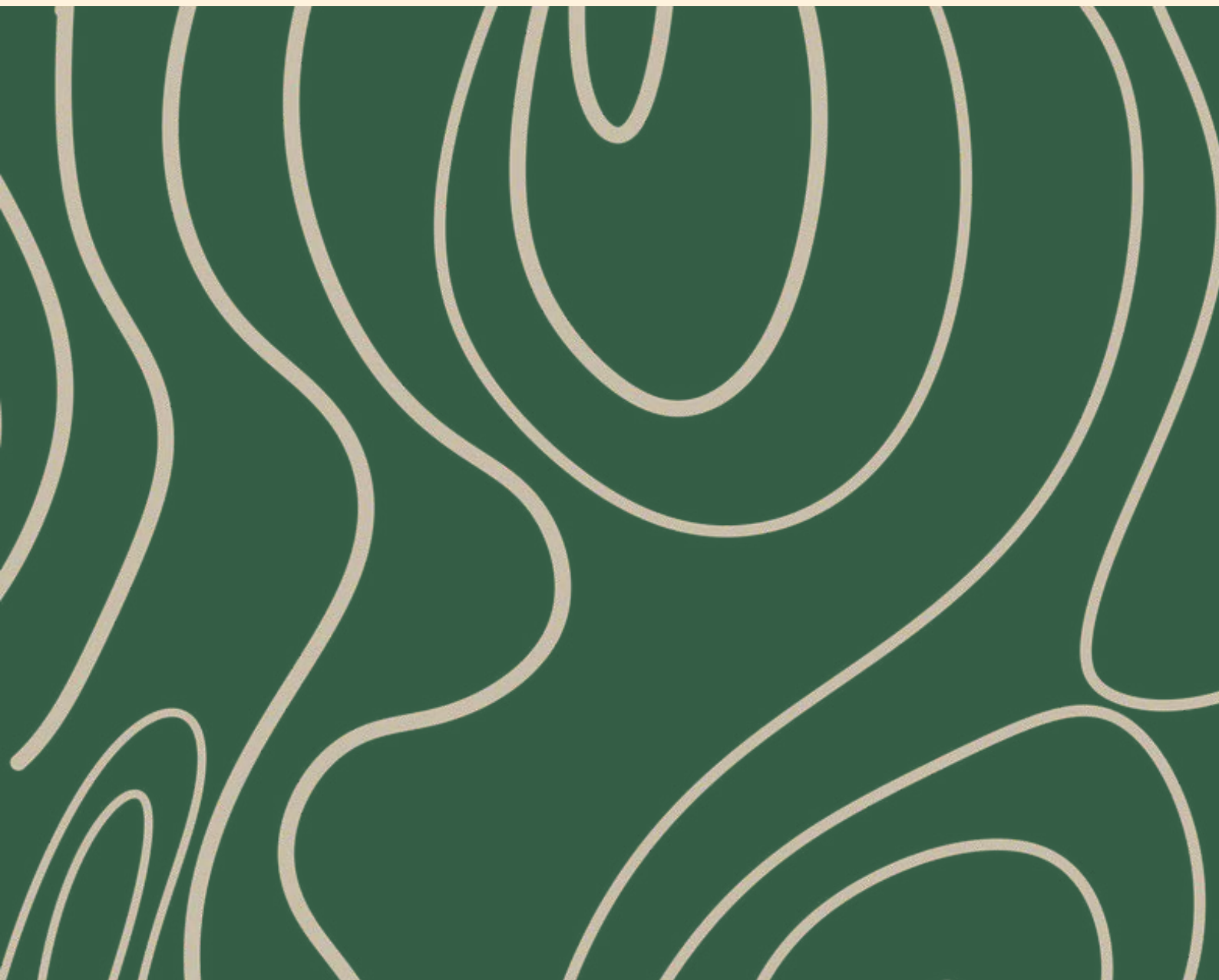
As she took the MSSK consultant to her past, she recalls for living in fulfilling marriage with her husband and the family. Yet, the recounting her days spent together cannot not be any far from the truth. She told the MSSK counsellors that her husband beat her almost everyday, the abouse is continued by her brother - in - law as well. She details that her brother - in n- law gave her husband the advice to leave her, ending the marriage effectively and marry someone else. On this matter she appeared very concerned.

Considering her life and the future of her daughter, teh counsellors attmpted to ogranise a joint counsel with her husband. However, he did not respond to the calls for discussion at the center. In order to legally bind him, the MSSK counsellors asked the Vijaymandir police station to issue a notice to Premprakash.

Following the strict orders, he agreed to have a joint discussion on the matter and resolve the issue. Upon hearing both sides, the counsellors were successfully able to make an arrangement. Both husband and wife were willing to evaluate their actions. The future of their child and themselves stood firm and forced both individuals to mend their ways to a workable compromise on both sides. They left the MSSK center with hope.



COMMUNITY



DEVELOPMENT

Solar Street Lights

NGO Sapna act as an 'agent of change' to support and empower the poor and the marginalized. Our people centric model allows us to identify challenges faced by the most vulnerable in their daily lives.

With this spirit, we initiated the street solar light project to improve safety, accessibility, and the overall quality of life in the rural areas of Dadhikar and Hajipur.

They are installed at key locations, including village roads, public spaces, and community areas. The initiative has significantly enhanced nighttime visibility, strengthened community infrastructure, reduced dependency on conventional electricity etc. In total we installed 20 lights in villages across Dadhikar, Dadanpeer Mandir, Hajipur, Forest Chowki, Vijaymandir campus, Mahatma Gandhi Netralaya, Nirvanvan road and Anandam Dahikar.



Agro Livelihood Project

The Agro-Livelihood project aims to promote sustainable and integrated agricultural practices in the project area. The underlying objectives of the project includes enhancing rural livelihoods by promoting sustainable and integrated farming systems, improving productivity and generating additional income opportunities for farmers. There are several stages of the implementation process including first tilling the soil for preparation, planting the trees, monitoring and providing water through sprinklers and overall growth management. In the 4th quarter we successfully planted 205 saplings on the plots in the villages of Dadhikar and Hajipur, Alwar district.

At all three locations following trees were grown:

- Plot 1 & 2: Ber-10, Amrood-15, Orange-10, Mango-5, Chikoo-5, Mosami-5, Nimboo-3, Amla-3, Bael-4
- Plot 3: Ber-10, Amrood-10, Orange-10, Mosami-10, Nimboo-5, Chikoo-10, Aam-5, Amla-10, Bael-15



Goat Rearing

Sapna Foundation has been working in the rural areas of Alwar district, Rajasthan, since 2017. The region, located approximately 200 km from New Delhi, relies heavily on agriculture and livestock for livelihoods. Villagers rely on goats for additional income that support them during the harsh crop harvests.

This projects aims to promote Capacity building of beneficiaries through the goat camp, improve goat-rearing and management practices, reduce livestock mortality and enhance productivity and strengthen linkages with veterinary services. The projects recorded birth of 4 baby goats in the quarter from 3 families belonging from the villages of Chandoli and Nandanheri, Alwar district, Rajasthan.



Kitchen Garden

Through Panchayat meetings, regular capacity building and awareness sessions with the local people, we identified significant unused land across villages. These land were neither used for agriculture or for any other productive purposes. The project aims to reduce dependence on market produce and reclaim the unused land of the beneficiary party. This quarter we have guided 25 beneficiary across 4 villages namely, Dadhikar, Kaduki, Kasba Dehra and Todiya.



Agriculture Resource Center

Working on a 'people centric' model of development in areas of health, education, gender, community development and social welfare, our project Agriculture Resource Center or ARC, embodies this aim. The initiative has provided a platform to the villagers to share, receive appropriate guidance and act on their hurdles. The project goal is to achieve the objectives related to developing a sustainable resource center with integrated agricultural activities, promote agro-livelihoods, medicinal gardens, vermicompost units, drip irrigation systems, kitchen gardens, and capacity building under various Gramin Vikas projects.

The platform also aims to promote awareness and use of organic and bio-products through locally available resources and inputs as well as to promote native forest biodiversity through the ARC nursery. We have conducted 3 meetings in this quarter (2nd Sunday of each month) on the topics related to village beautification, solar infrastructure, tree plantation etc.



Toilet Construction in rural areas

The Toilet construction initiative focused on constructing safe and hygienic toilets for families lacking access to proper sanitation facilities. The project has contributed to reducing open defecation, improving dignity and privacy, especially for women and children and promoting better hygiene practices. The project aims to eliminate open defecation in target villages, improve sanitation and hygiene practices, ensure dignity, safety, and privacy for women and families and promote healthy living conditions. This quarter witnessed the completion of 20 toilets across 8 villages.



Tree Plantation

Through our projects running in remote villages as well in places which are often overlooked as normal. We have come to notice the lack of green cover in places that can provide green shade to the communities surrounding it amongst other benefits.

With this ideal in mind, we initiated the Tree plantation project. The involves providing seeds and other natural growing technical and bio assistance to the beneficiaries. It aims to increase tree cover in the identified villages, provide accurate knowledge of natural ways of plating trees and provide seeds at low cost.

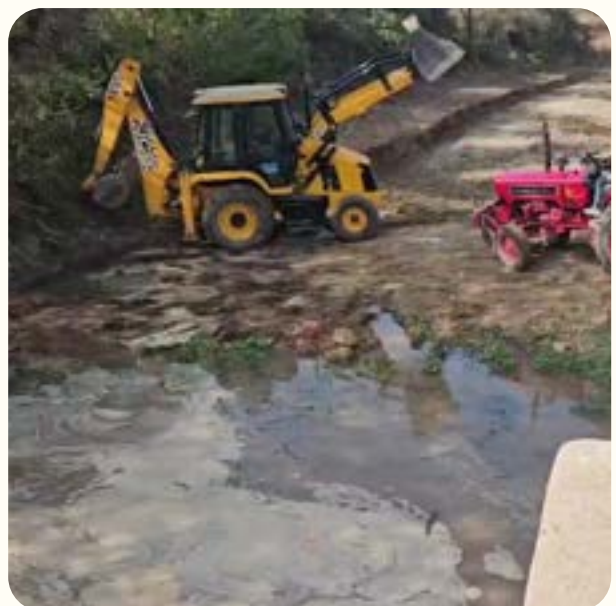
This quarter we planted 380 various tree saplings such as Kada Badam, Papdi, Ronjh, Khair, Sheesham etc at the Bry-Air forest area at Dadanpeer and Agriculture resource center, Dadhikar, Alwar.



Dam Building

Community development is innately linked to the health of environment. Taking a step forward, we have engaged our workforce in the maintenance of one of the four check dam constructed in the rural interior of Alwar district.

The project aims to maintain ground water level of the catchment area. Hence the leveling is done at the Bala Dehra site to ensure that the goal is met. The dimensions of the leveling includes 180 ft * 35ft * 3ft.



"Strength does not come from physical capacity. It comes from an indomitable will." - Mahatma Gandhi

Thank you for your attention!



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