Sapna
realising a dream

Quarter 01 Newsletter
April - June 2026

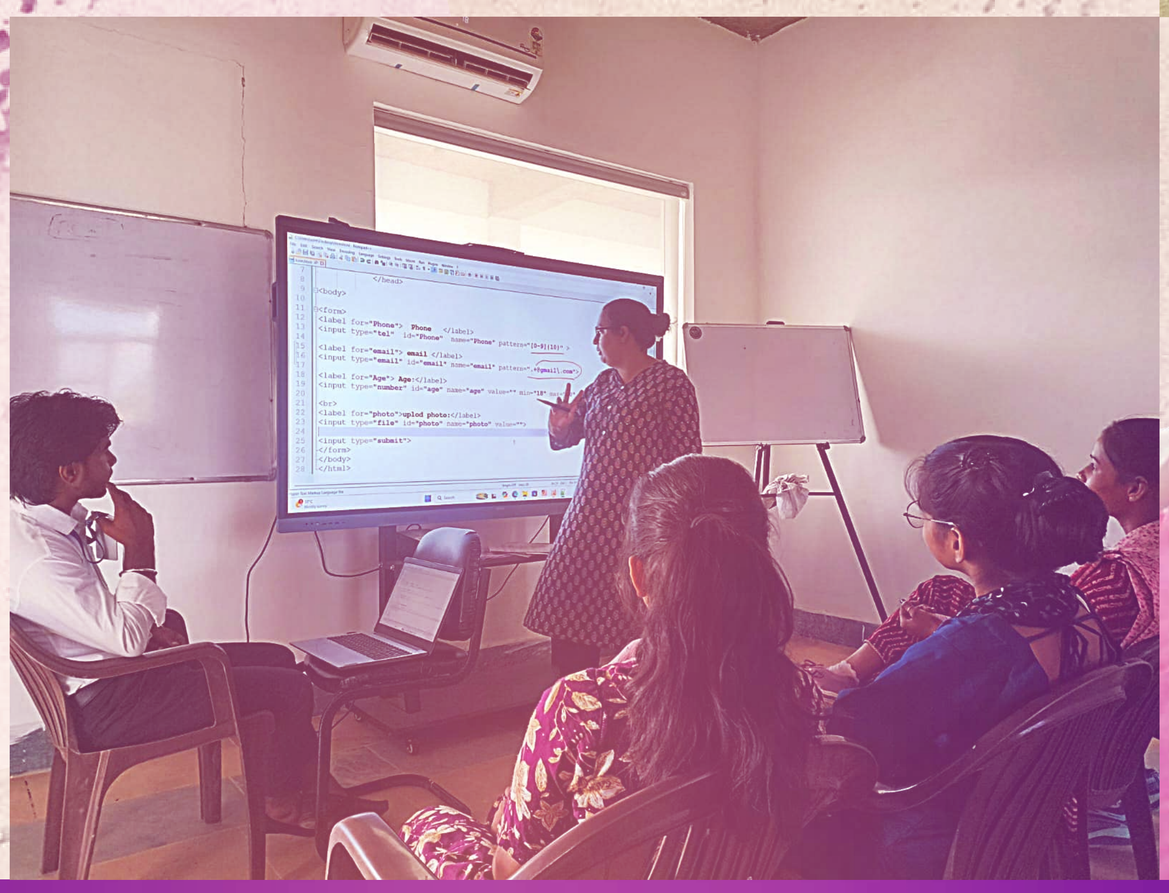












The Faces & Factors of our Work from April 2026 - June 2026

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QUARTER SPECIALS

Sapna Shikshalaya: New Campus Construction Update



Sapna Shikshalya: Bala Dehra New School Campus

The construction of new Sapna Shikshalaya campus is on full swing. Roofing of the structure has began with the construction of 2nd floor.

We are pleased to report that considering all the construction progress, we are expecting to finish the project by October 2026.



QUARTER SPECIALS

Rural Immersion Programme

Rural Immersion Programme (RIP) - 2026

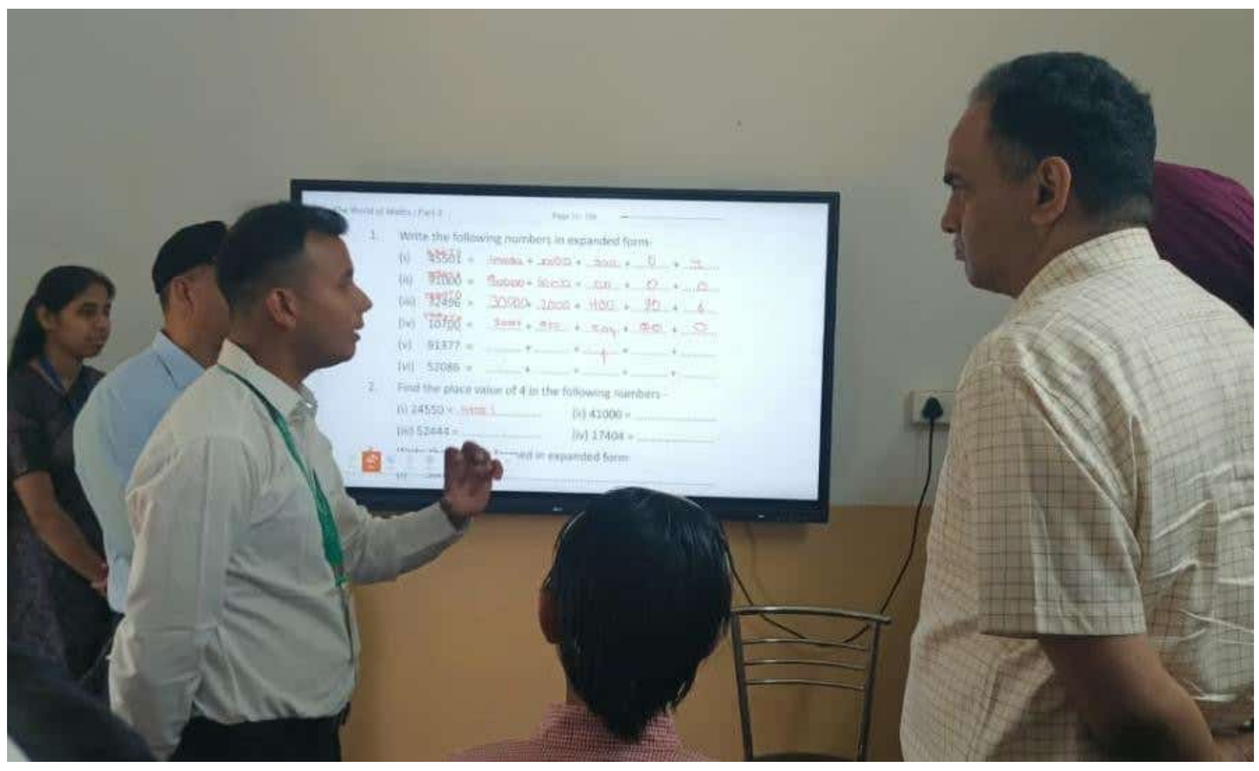




Students were immersed in the rural development issues and interacted with villagers first hand. 4 NGOs naemly, IBTADA, Tarun Bharat Sangh, Kailash Sathyarthi Foundation, Nirvanavan Foundation participated in the program.

RIP was conducted by NGO Sapna from 6th - 11th April 2026, for the 18 batch of PGDM - PPM , Management Development Institute.





QUARTER SPECIALS

Inter-School Quiz Competition



Jigyasa: 2nd Inter School Quiz Competition

Sapna shikshalaya hosted the 2nd Inter school quiz competition at Pratap Auditorium in Alwar city on 2nd May 2026.

The competition witnessed the participation of 27 school & 514 students across the city.

We are proud to announce the winner of Jigyasa 2.0:

- *Winner - Shri Guru Harkrishna Public School*
- *1st Runner up - Adinath Public School*
- *2nd Runner up - Rath International School*

We wish for similar enthusiastic turnout at the next Jigyasa: 3.0 on 8th May 2027



QUARTER SPECIALS

Stone Laying Ceremony of Dam Construction



Bry - Air Check Dam Construction at Dadhikar village, Alwar

NGO Sapna with the support from Bry - Air (Asia) Pvt. Ltd marked the construction of check dam at Dadhikar village under CSR goals. The journey was launched through the ground breaking ceremony on 26th May 2026.

We are delighted to share that the dam, 195 ft in length and 6' depth 10' height - width has now began to take take shape. The stone masonary work has started to provide long - lasting foundation to the structure.





QUARTER SPECIALS

Feeding India



Feeding India & Nutrition of our beneficiaries at NGO Sapna

Our heartfelt thanks to Feeding India for their immense support in providing nutritious meals to the our Anandam & Anandmayee homeless shelter patients.





QUARTER SPECIALS

Sapno Ka Ghar

Sapno Ka Ghar (05) of Anup Patel & family





Anup Patel is a resident of Mangal Bas. Working at a petrol station, he has been living with his family at his brother's house.
Lacking the financial security to build his family a permanent home, he never hoped to sleep under a roof that belonged to him and his family.
As days passed, one day his brother asked him to move his family to somewhere else justifying that the house does not have enough space for sustaining both families.
Dismayed, he complied and the Patel family took shelter in a temple. Soon, his peril was oberved by one of the social worker of NGO Sapna, recommending to build a home for him.

With the support of Dr. Udai S. Singh (ex-Smith, Kline and French Fellow, University of Virginia) we are happy to report that the Patel house's foundations now stand firm as the construction began in June 2026.



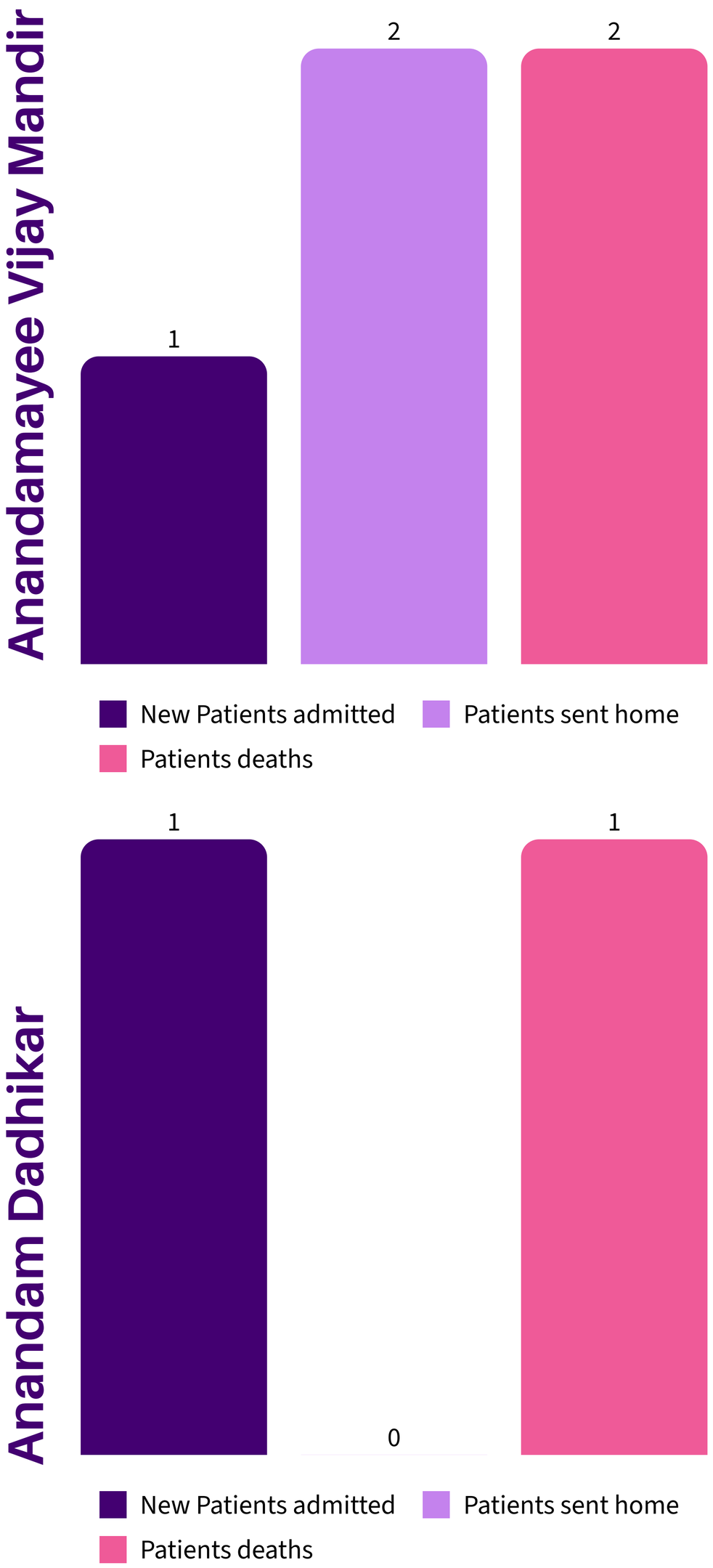
Anandam & Anandamayee



A Home for the Homeless

Overview: Homeless shelters

Anandam & Anandamayee: A Home for Homeless



Patients at the end of Quarter 1 (June)

44
Anandamayee Vijay Mandir

64
Anandam Kaduki

58
Anandam Dadhikar

12
Anandam Noida

Anandam : Kaduki



Name: Rajeev
Age : 30
Gender: Male
Residence: From Trauma center of AIIMS
Admission date: 4th April 2026
Medical condition: Ortho
ID: MRD1000658



Name: Unknown - 81
Age : 40
Gender: Male
Residence: From Trauma center of AIIMS
Medical Diagnosis: coma
Stay: 11th April 2026
ID: TC 500538113



Name: Nafiq
Age : 40
Gender: Male
Residence: Rajpur City , Pryagraj U.P
Medical Diagnosis: coma
Stay: 11th April 2026
ID: MRD 20260279794



Name: Mukesh
Age : 71
Gender: Male
Residence: 13/13 Dakshinpuri, Delhi
Admission date: 4th April 2026
Medical condition: Injured
ID: TC 500539945



Name: Radha Krishna
Age : 60
Gender: Male
Residence: V.P.O- Chelakar, Dist.- Trishur , Kerela
Admission date: 14th April 2026
Medical condition: Ortho
ID: TC 500538768



Name: Pintu Sharma
Age : 34
Gender: Male
Residence: V.P.O- Kesri, PS Ekma , Dist. Chhapra, Bihar
Admission date: 14th April 2026
Medical condition: Ortho
ID: TC 500536438

Know our Newly Admitted patients

Anandam : Kaduki



Name: Nila Das
Age : 50
Gender: Male
Residence: Shriniwas puri Patri,N.D
Admission date: 18th April 2026
Medical condition: Ortho
ID: TC 500541258



Name: Ramesh
Age : 55
Gender: Male
Residence: Gwaliyar
Medical Diagnosis: Paralysis
Stay: 23rd April 2026
ID: Found near Vijay Mandir roadside



Name: Suraj
Age : 30
Gender: Male
Residence: Nabi Karim Paharganj , ND
Medical Diagnosis: Coma
Stay: 25th April 2026
ID: TC 500503473



Name: Tehjib Quraishi
Age : 35
Gender: Male
Residence: Kyla Phatak, Kadgarh, Dist. Baraily, U.P
Admission date: 25th April 2026
Medical condition: Ortho
ID: TC 500539606



Name: Karan
Age : 35
Gender: Male
Residence: Bhakti Basti, Darjeeling ,W.B
Admission date: 5th May 2026
Medical condition: Paralysis
ID: MRD 44608



Name: Unknown - 105
Age : 40
Gender: Male
Residence: ASI Ramavtar Thana Basanat Vihar
Admission date: 16th May 2026
Medical condition: Coma
ID: TC 500-54-3361

Know our Newly Admitted patients

Anandam : Kaduki



Name: Sonu
Age : 30
Gender: Male
Residence: Mehtab Singh Nohra , Alwar
Admission date: 29th May 2026
ID: Found near Vijay Mandir Road Side



Name: Babu Lal
Age : 40
Gender: Male
Residence: Gwaliyar
Stay: 29th May 2026
ID: TC 500547078



Name: Unknown
Age : 59
Gender: Male
Residence: Nabi Karim Paharganj , ND
Medical Diagnosis: Coma
Stay: 12th June 2026
ID: TC 500-54-9566



Name: Vinod Paswan
Age : 40
Gender: Male
Residence: Kot Bajar, Jila- Sitamadi, Bihar
Admission date: 15th June 2026
Medical condition: Psychiatric condition
ID: Found near Vijay Mandir roadside



Name: Jagdish
Age : 41
Gender: Male
Residence: Manni Ka Bar Gopal Takij Ke Samne, Alwar
Admission date: 24th June 2026
Medical condition: Tuberculosis

Know our Newly Admitted patients

Anandamayee : Vijay Mandir



Name: Ramvati
Age : 25
Gender: Female
Residence: Delhi
Admission date: 19th May 2026
ID: MRD1000658

"The best way to find yourself is to lose yourself in the service of others." – Mahatma Gandhi

Know our Newly Admitted patients

Anandam : Dadhikar



Name: Arbind Prakash
Age : 50
Gender: Male
Residence: Delhi
Admission date: 12th June 2026
ID: MRD1000658

"Give your hands to serve, and your hearts to love." – Mother Teresa

Know our Newly Admitted patients

Anandam : Noida



Name: Unknown186, Vinod
Age: 30
Gender: Male
Residence: Nabi Karim, Paharganj, New Delhi
Stay: 4 September 2025 – 25 April 2026 (Rehab to Alwar)
ID: TC No. 500503473



Name: Thapa
Age: 48
Gender: Male
Medical diagnosis: Kidney stone or Head injury
Stay: 6 November 2025 – 29 April 2026 (Rehab to Alwar)
ID: MRD No. 96113



Name: Deepak
Age: 28
Gender: Male
Medical diagnosis: Both leg paralysis
Residence: Lalkuan, Faridabad
Stay: 15 May 2025 – 29 April 2026 (Rehab to Alwar)
ID: MRD No. 49110



Name: Pintu Sharma
Age: 34
Gender: Male
Medical diagnosis: Left leg fracture
Residence: Village & PO Kesri Mudhia, PS Ekma, District Chhapra, Bihar
Stay: 6 March 2026 – 14 April 2026 (Rehab to Alwar)
ID: TC No. 500536438



Name: Mukesh
Age: 71
Gender: Male
Medical diagnosis: Injured
Residence: 13/13, Dakshinpuri Extension, Delhi-62
Stay: 30 March 2026 – 11 April 2026 (Rehab to Alwar)
ID: TC No. 500539945



Name: Radha Krishna
Age: 60
Gender: Male
Medical diagnosis: Left hand fracture
Residence: Village/PO/PS Chelakar, District Thrissur, Kerala
Stay: 31 March 2026 – 14 April 2026 (Rehab to Alwar)
ID: TC No. 500538768

Know our Newly Admitted patients

Anandam : Noida



Name: Nafiq
Age: 40
Gender: Male
Medical diagnosis: Both leg fracture
Residence: Village/PO/PS Rajpur City, District Prayagraj, Uttar Pradesh
Stay: 4 April 2026 – 11 April 2026 (Rehab to Alwar)
ID: MRD No. 20260279794



Name: Nila Das
Age: 50
Gender: Male
Medical Diagnosis: Right hand fracture
Residence: Srinivas Puri Patri, New Delhi
Stay: 6 April 2026 – 18 April 2026 (Rehab to Alwar)
ID: Not Mentioned



Name: Unknown 235
Age: 18
Gender: Male
Medical diagnosis: unconscious
Stay: 23 December 2025 – 18 April 2026 (Rehab to Alwar)
ID: TC No. 500333356



Name: Unknown 235
Age: 18
Gender: Male
Medical diagnosis: both hand and leg fracture
Stay: 23 December 2025 – 18 April 2026 (Rehab to Alwar)
ID: TC No. 500333356



Name: Unknown 81
Age: 40
Gender: Male
Medical diagnosis: Coma
Stay: 9 April 2026 – 11 April 2026 (Rehab to Alwar)
ID: TC No. 500530113



Name: Unknown 85 (Tehjib Quraishi)
Age: 35
Gender: Male
Residence: Kyla Phatak,
Medical diagnosis: Hip & both leg fracture
Kadgarh Mahalla, District Bareilly, Uttar Pradesh
Stay: 10 April 2026 – 25 April 2026 (Rehab to Alwar)
ID: TC No. 500539606

Know our Newly Admitted patients

Anandam : Noida



Name: Unknown 105
Age: 18
Gender: Male
Residence: Not Available
Stay: 26 December 2025 – 30 April 2026 (Transferred to TC, AIIMS)
ID: TC No. 500487141



Name: Munna
Age: 64
Gender: Male
Residence: Unknown
Stay: 19 April 2026 – 28 April 2026 (Transferred to TC, AIIMS)
ID: TC No. 500543519



Name: (Karan)
Age: 35
Gender: Male
Medical diagnosis: Paralysis and Kidney Infection
Residence: Bhakti Basti, District Darjeeling, West Bengal
Stay: 8 April 2026 – 5 May 2026 (Rehab to Alwar)
ID: MRD No. 44608



Name: Surya Sharma
Age: 60
Gender: Male
Medical diagnosis: Urine Block Problem
Residence: A-467, Durga Gali, Mandawali, Delhi – 110092
Stay: 25 November 2023 – 5 May 2026 (Rehab to Alwar)
ID: MRD No. 20260279794



Name: Babulal
Age: 40
Gender: Male
Medical diagnosis: Psychiatry
Residence: Unknown
Stay: 27 May 2026 – 30 May 2026 (Rehab to Alwar)
ID: AIIMS Registration No. 109162430



Name: Unknown 105 New
Age: 45
Gender: Male
Medical diagnosis: Unconscious Coma
Residence: Not Available
Stay: 14 May 2026 – 16 May 2026 (Rehab to Alwar)
ID: TC No. 500543361

Know our Newly Admitted patients

Anandam : Noida



Name: Unknown 137
Age: 59
Gender: Male
Medical diagnosis: Unconscious
Residence: N/A
Stay: 11 June 2026 – 12 June 2026 (Rehab to Alwar)
ID: TC No. 500549566

"You must not lose faith in humanity. Humanity is like an ocean; if a few drops of the ocean are dirty, the ocean does not become dirty." — Mahatma Gandhi

Know our Newly Admitted patients

Anandamayee : Vijay Mandir



Name:Juhi
Age : 38
Gender: Female
Residence: Uttam Nagar, , New Delhi
Stay: 23rd January 26 - 7th June 2026
ID: MRD25331



Name: Harbti
Age : 35
Residence: Govindgarh Thana, Police Chowki
Stay: 17th June 26 - 22nd June 2026
ID: MRD1000658

"What difference does it make to the dead, the orphans and the homeless, whether the mad destruction is wrought under the name of totalitarianism or in the holy name of liberty or democracy?" — Mahatma Gandhi

Meet the patients who were reunited with their families & loved ones

Anandam : Kaduki & Noida



Name:Mukesh
Age : 71
Gender: Male
Residence: 13/13 Dakshinpuri, Delhi
Stay: 11th April 26 - 20th May 2026
ID: TC 500539945



Name: Ramesh
Age : 55
Gender: Male
Residence: Gwaliyar
Medical Diagnosis: Paralysis
Stay: 23rd April 202 - 14th June 2026
ID: Found near Vijay Mandir roadside



Name: Jagdish
Age : 41
Gender: Male
Residence: Manni Ka Bar Gopal Takij Ke Samne, Alwar
Stay: 24th June 26 - 27th June 2026
Medical condition: Tuberculosis



Name: Tehjib Quraishi
Age : 35
Gender: Male
Residence: Kyla Phatak, Kadgarh, Dist. Baraily, U.P
Admission date: 25th April 26 - 12th June 2026
Medical condition: Ortho
ID: TC 500539606



Name: Babli Singh Chauhan - **Anandam Noida**
Age: 71
Gender: Male
Medical diagnosis: Left Hand Fracture
Residence: Village Dosha, District Bandikui, Rajasthan
Stay: 24 February 2026 – 8 June 2026
(Handed over to his sister)
ID: TC No. 500534614

Meet the patients who were reunited with their families & loved ones

Anandamayee: Vijay Mandir



Name: Harshita
Age : 73
Gender: Female
Residence: Kala Kuan, Alwar
Medical Diagnosis: Psychosis, domestic abuse history
Stay: 13th May 2015 - 4th April 2026
ID: Sent from police station



Name: Anjali
Age : 48
Gender: Female
Residence: Safdarjung Hospital
Medical Diagnosis: Psychosis, domestic abuse history
Stay: 26th May 26 - 28th May 2026
ID: TC 2060059285

Anandam: Dadhikar



Name: Dal Bahadur
Age : 55
Gender: Male
Residence: Nalang Ward, Dading, Nepal
Stay: 14th February 2021 - 15th May 2026 (Date of passing)
ID: MRD 202042375

We said goodbyes to our beloved residents this quarter





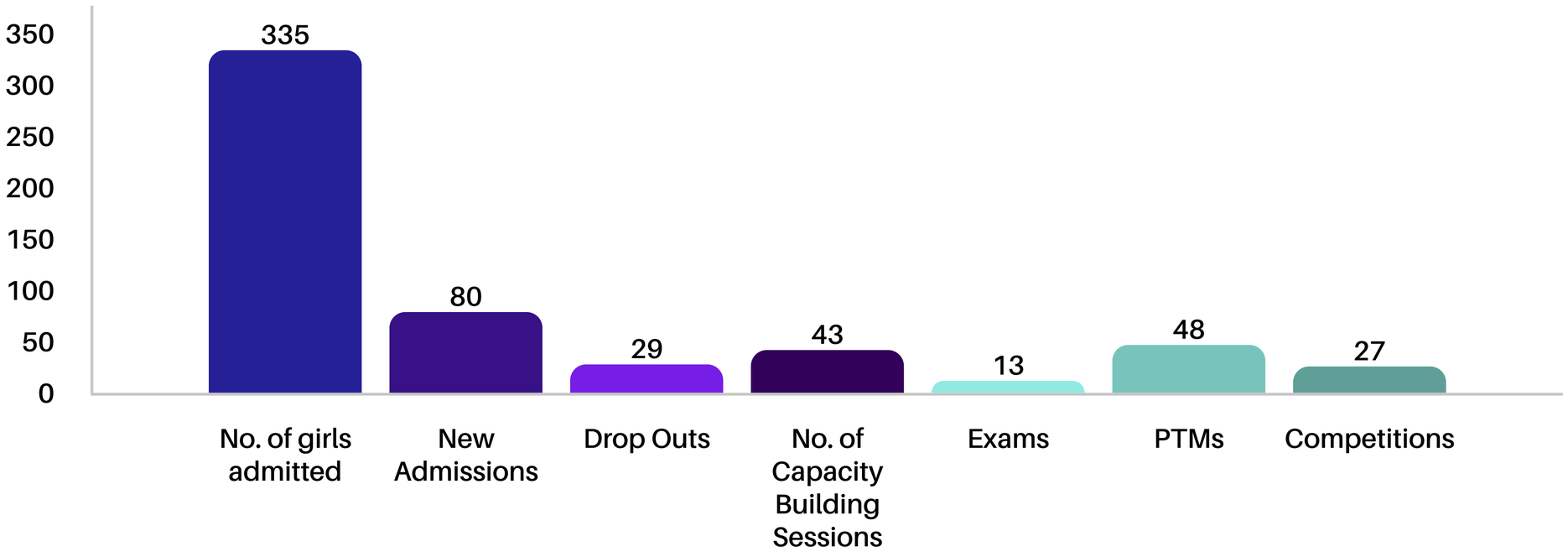
Sapna Shikshalaya





Quality education for underprivileged girls

SAPNA SHIKSHALAYA



Competitions

Inter - House Quiz competition
Date: 25th April 2026
Provide students with an exciting platform to showcase their knowledge, confidence, and teamwork. The competition witnessed enthusiastic participation from all 4 houses. Mercury House secured the First Position, followed by Earth House in Second Position, while Venus House earned the Third Position.







"Strength does not come from physical capacity. It comes from an indomitable will."

— Mahatma Gandhi

Celebrations

Annual Day
Date: 10th April 2026
Sapna Shikshalaya celebrated its Annual Day with great enthusiasm and joy under the inspiring theme "Little Hands, Big Change." The celebration was graced by Chief Guest Mr. Kulbhushan Kain, whose encouraging presence and inspiring words motivated the students to dream big, work hard, and become responsible citizens. Students presented vibrant cultural performances, including music, dance, and drama, reflecting the theme and showcasing their confidence, teamwork, and dedication.







Earth Day
Date: 22nd April 2026
To celebrate Earth Day, our students enthusiastically participated in a drawing activity based on the theme "Save Earth, Save Future." Through their colourful and imaginative artwork, they expressed the importance of protecting nature, planting trees, conserving water, and keeping our surroundings clean.







Investiture Ceremony
Date: 25th April 2026
Sapna Shikshalaya proudly conducted its Investiture Ceremony to formally appoint the newly elected Student Council. During the ceremony, Anushka Tiwari (Class VIII) was appointed as the Head Girl, while Divya (Class VIII) took charge as the Vice Head Girl. The following student ministers were also entrusted with key responsibilities: Ritu as Cultural Minister, Rambhot as Education Minister, Kulsum as Sports Minister, and Suman as Discipline Minister. The newly elected council members received their badges and took an oath to serve the school with honesty, dedication, and integrity.









Celebrations

Mother's Day
Date: 9th May 2026
Sapna Shikshalaya celebrated Mother's Day with great love and enthusiasm to honor the unconditional care, sacrifices, and support of mothers. The celebration aimed to express gratitude and strengthen the special bond between mothers and their children. Students presented heartfelt songs, dances, poems, and special performances dedicated to their mothers.







Summer Camp
Date: 16th - 19th May 2026
The camp featured a variety of creative, educational, and skill-based activities that encouraged students to explore their interests and develop new talents. Students enthusiastically participated in Music, Flameless Cooking, Calligraphy, Sports, Drawing, and Crochet sessions.







Amity University Student Exposure Visit
Date: 17th April 2026
The visit was organized to expose 32, 2nd year students to ground reality of development issues faced by the rural population in the region.









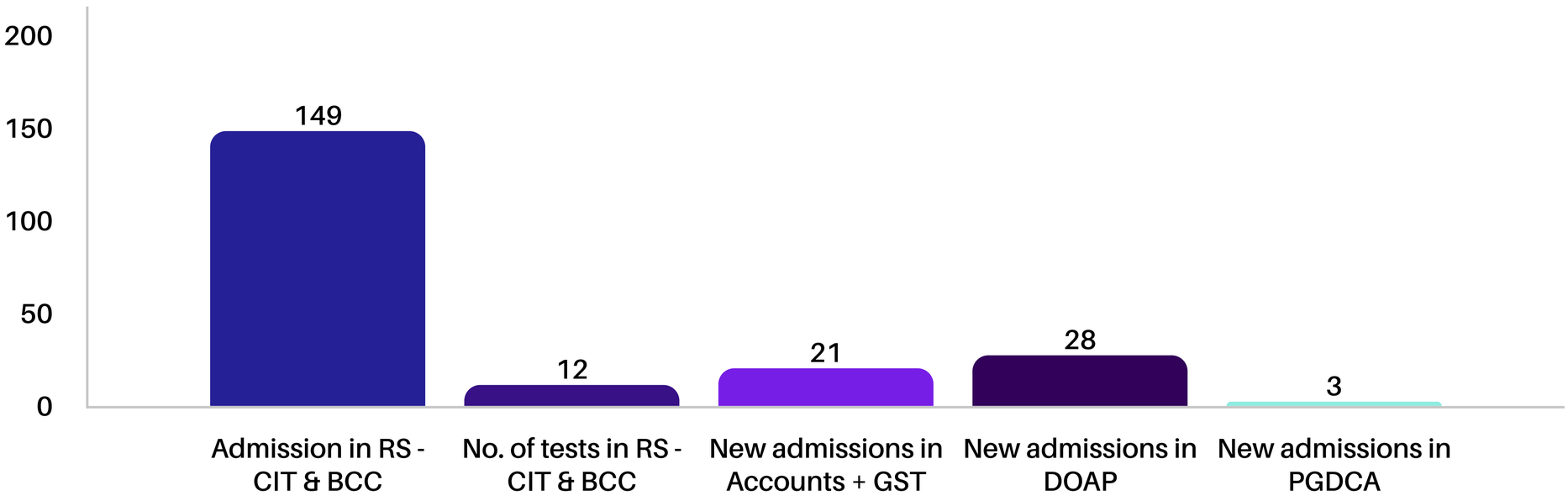
Sapna IT College



Quality education for underprivileged girls



SAPNA IT COLLEGE



Core events & Visits

Session on Cybersecurity
Date: 11th April 2026
Organized by Er. Umesh Khatri, IT specialist at Cyber Police Station, Alwar. He briefed students on different kinds of cyber scams prevent via telephone, email, links or messages.







Session on Fundamentals of AI
Date: 15th April 2026
The session was taken by Mr. Mahendra Yadav, Project Head, Deep Training Institute Private Limited delivering to students the technical and theoretical basics of AI. The session also involved a small quiz at the end.





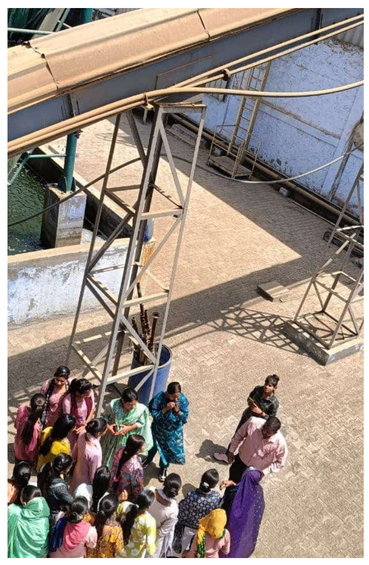
SAPNA IT COLLEGE

Core events & Visits

Industrial Visit
Date:11th April 2026

61 students of Sapna IT College visited Nrimal Industries Pvt. Ltd. (Manas). The tour involved familiarizing the students with practical/fieldwork jobs. All 26 girls and 35 boys took enthusiastic participation in the production and manufacturing of the items in the factory.







Library Inauguration and Career Development
Date:4th & 14th May 2026

On 4th May Library at Sapna IT college for girls was inaugurated by BKT President (Operations) Shri Narendra Kumar, followed by a career deevlopment session on 14th May on approaches to career advancement, industry expectations and personal growth.







Certificate distribution
Date: 31st May 2026

The event marked the end of journey of Accounts + GST batch. The ceremony was performed by CA Vishal Wadhwa, CA Aakash Khandelwal (Vice President) and CA Sachin Gupta, the representatives of ICAI Alwar branch. Total 10 students received their certificates.





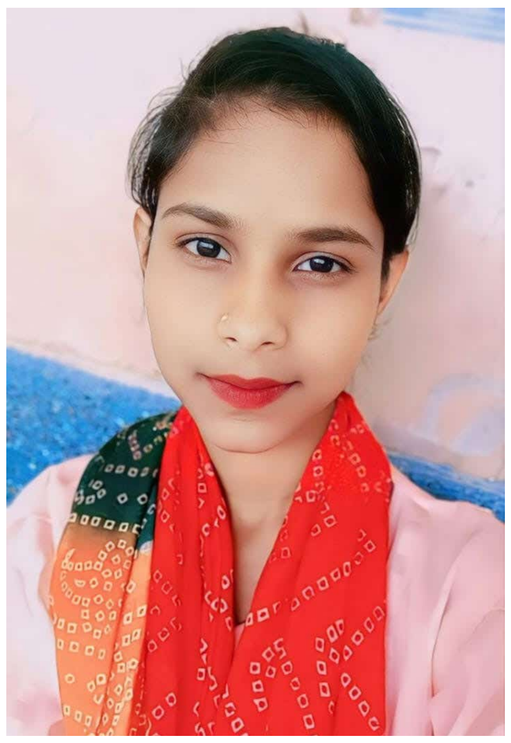


SAPNA IT COLLEGE

Case Studies



Coming from Padisal village in Alwar, ***Sneha Kumari*** *is a first-generation learner striving to build a brighter future through education and skill development. Currently pursuing a Bachelor's degree in Political Science and History, she is strengthening her computer and accounting skills to meet today's job market requirements. Through training in MS Office, Tally Prime, GST accounting, and HTML/CSS, Sneha has developed practical skills in documentation, financial record-keeping, and website development. Her journey reflects the determination of rural youth to bridge the digital divide and become employment-ready.*



Hailing from Mathor village in Alwar, ***Neha*** *has transformed her passion for learning into a pathway for professional growth. After completing her Bachelor's degree in Political Science and Geography, she is enhancing her digital capabilities through a Post Graduate Diploma in Computer Applications. By learning HTML, CSS, MS Excel, MS Word, and PowerPoint, she is equipping herself with the technical skills required in today's competitive employment market. Her practical experience in website development and form design has strengthened both her technical knowledge and confidence. Alongside these skills, Neha has developed teamwork, communication, and report-writing abilities that prepare her for professional environments.*

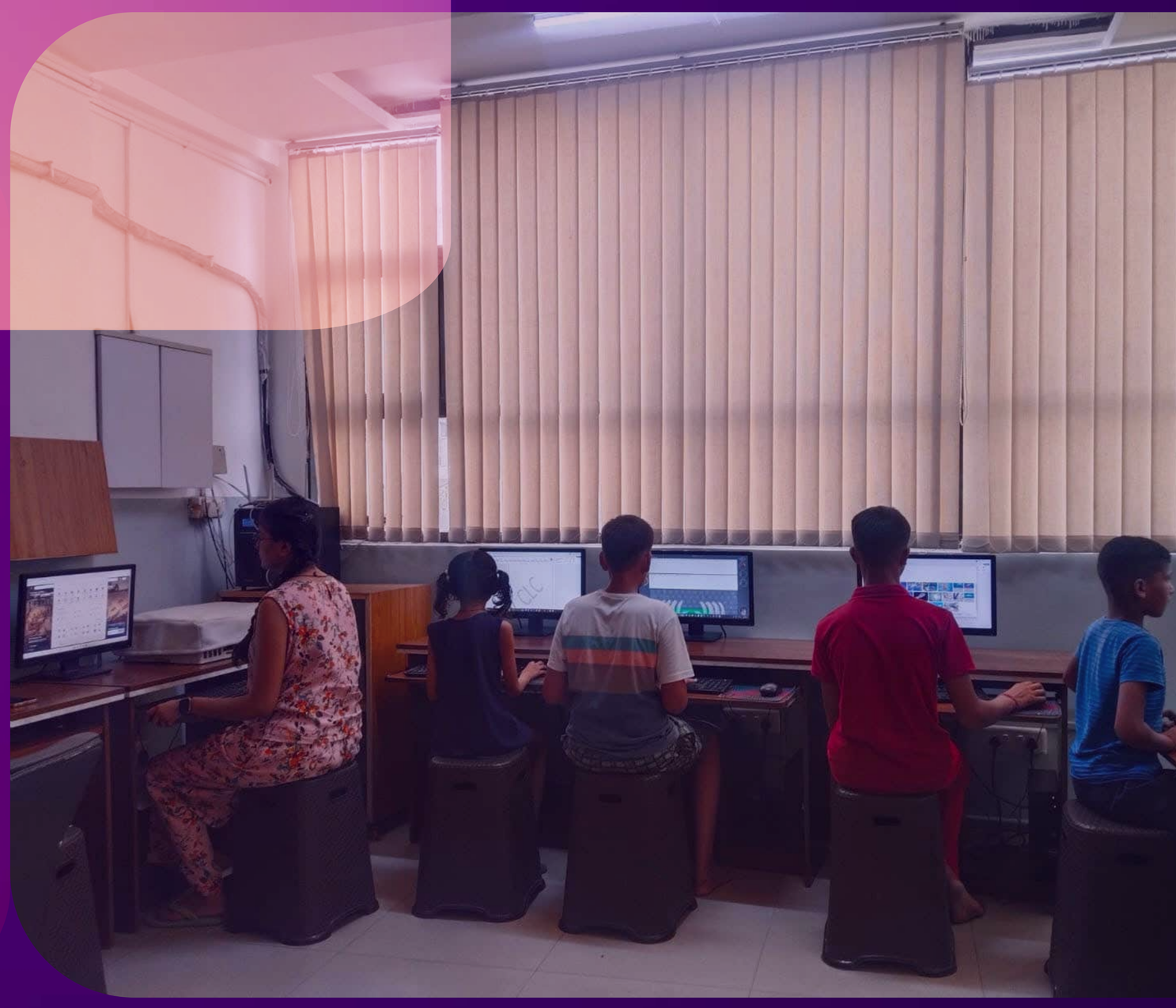






Skills for Financial Independence

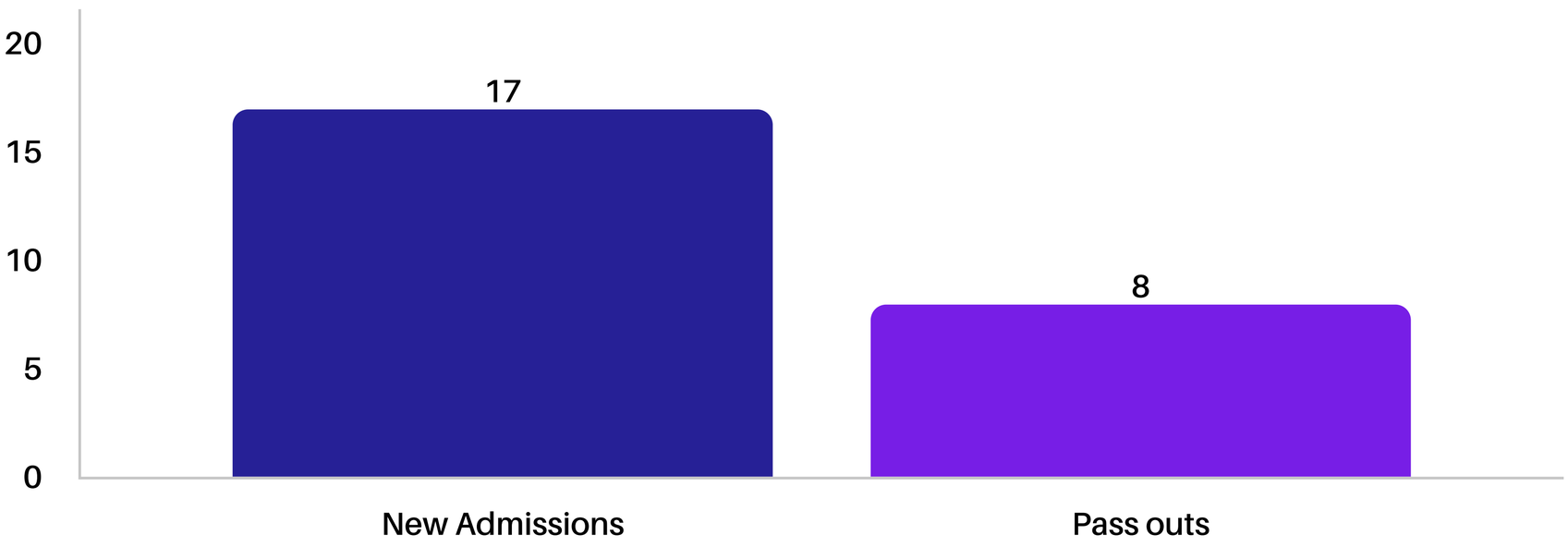




Supporting women & children for a brighter tomorrow

SKILL & COMPUTER LITERACY

Skill Development Center (SDC)



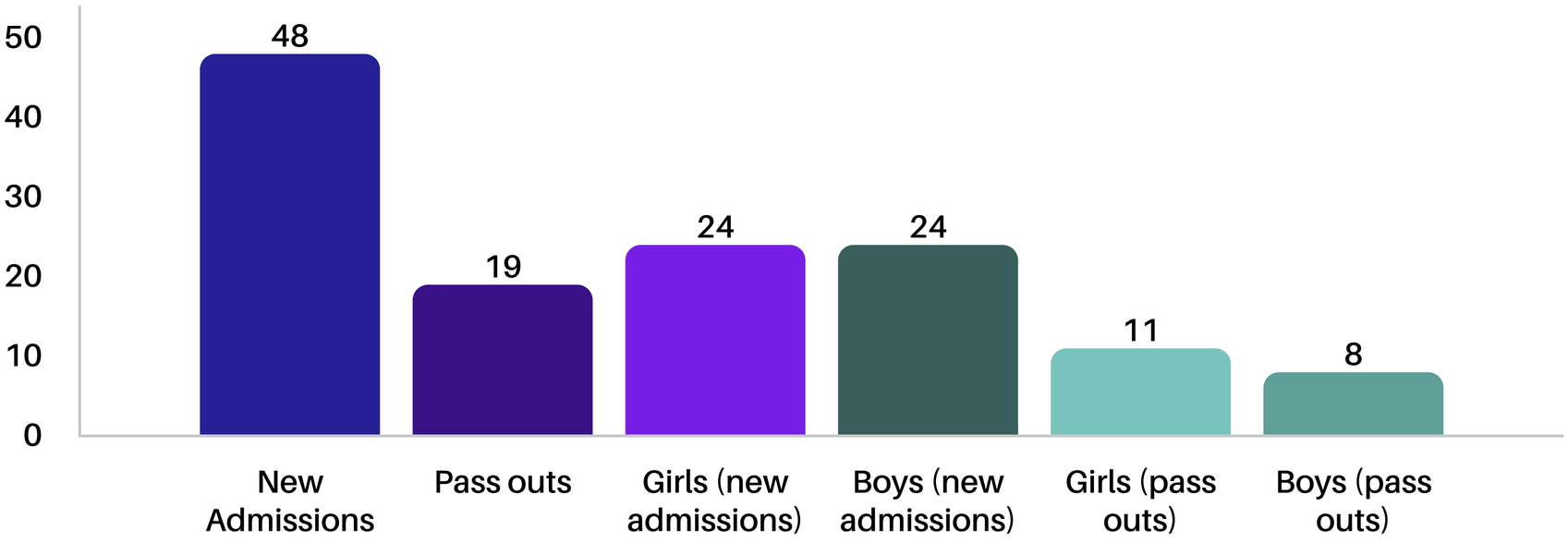


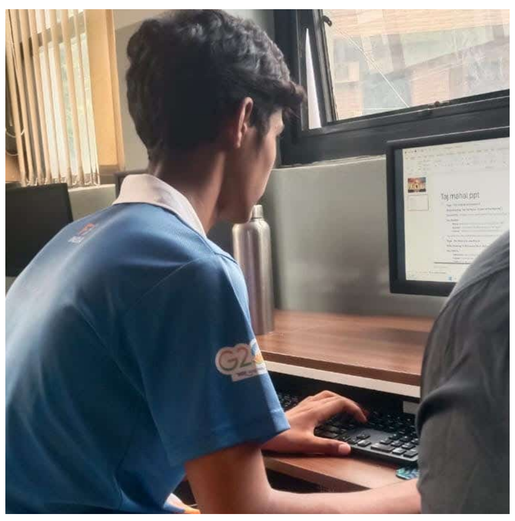


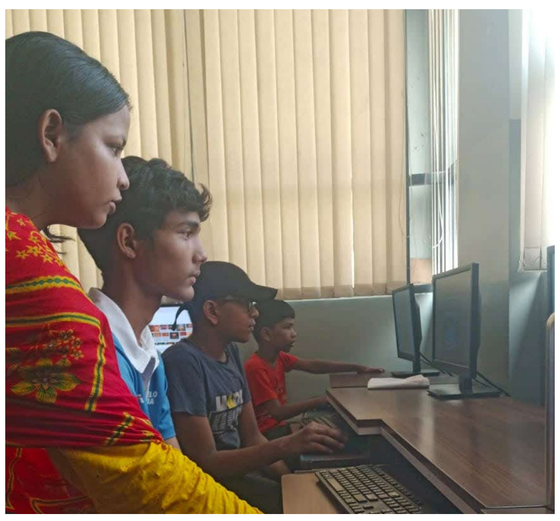




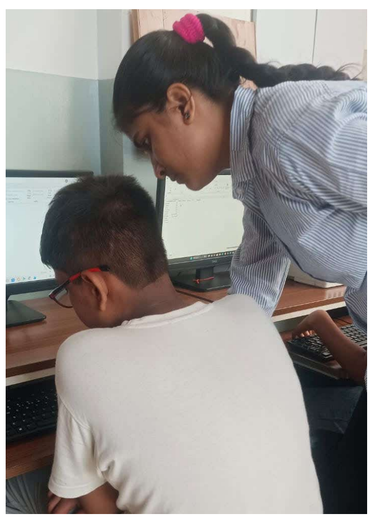
Computer Literacy Center (CLC)

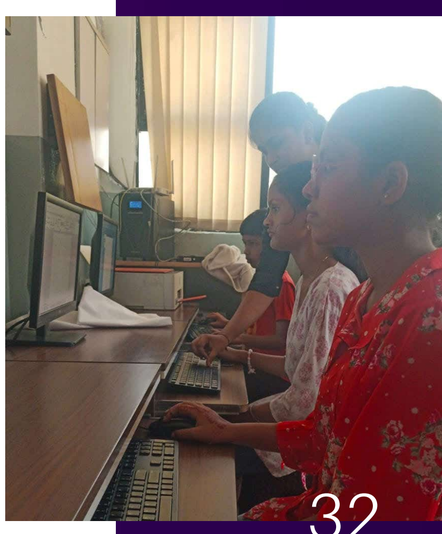












SKILL & COMPUTER LITERACY

Computer Literacy Center (CLC) Certificate Ceremony







SKILL DEVELOPMENT CENTER

Case Studies



Seema *aged 23 years old, she lives in Nithari Noida. At this tender age, she refused to be identified by her trauma of sever burns. Despite the incident left her face with visible scars, she decided to take charge of her own life.*
She joined skill development center to become financially independent and regain her self-confidence. Her father, namely Sukhnandan works tirelessly as a driver on one hand and her mother takes care of the home. Seema does not want her injuries to determine her future.

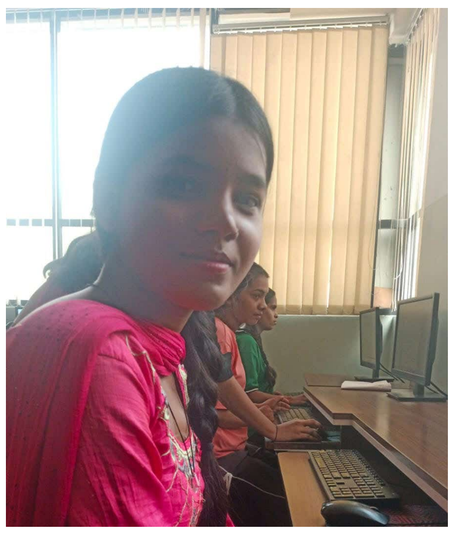
Rather the incident made her more resilient and determined to secure her future. The center trains her in stitching and also guides her to manage her income efficiently.



Goldi *lives with her parents in Nithari, Noida. At the age of 17 she has many talents and dreams.*
However, stitching cloths, giving them new life is her passion. Her parents Kailash and Rachna supports her goals since she joined the sdc center at 13 years of age to furnish her skills.
She now supports her family and is the face of their hope as well!

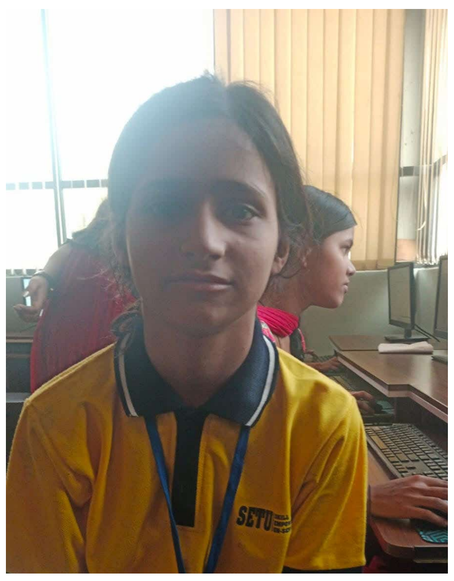
COMPUTER LITERACY CENTER

Case Studies



Manisha *aged 17 years, studies in class 9th. She lives with her parents. Her father, Sunil Das works as a daily wage laborer and and mother, Rajkumari Devi is a homemaker.*

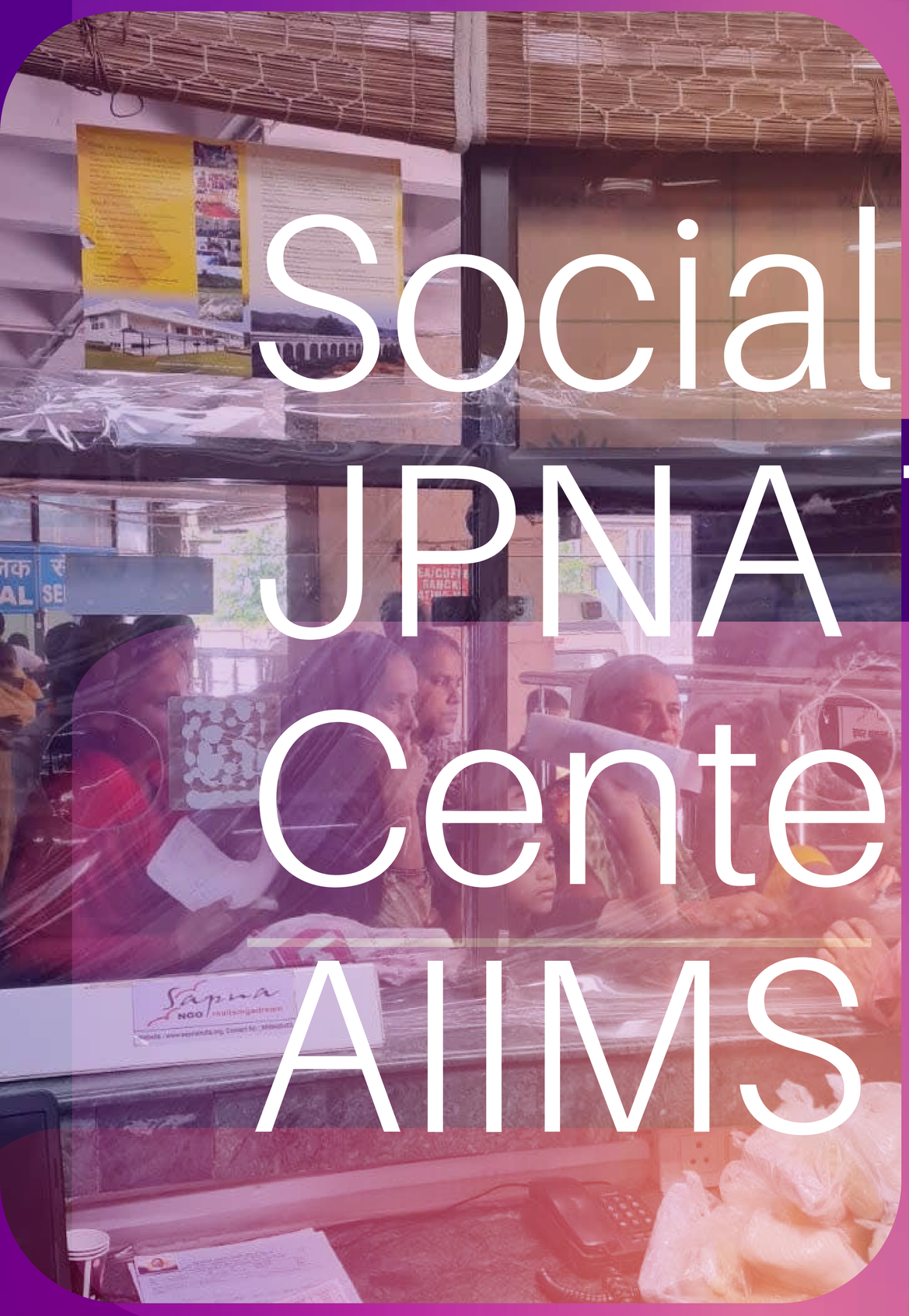
She dreams of becoming a Police Officer. To fulfill her passion, she joined the computer literacy center to learn and furnish her computer operating skills.



Poonam *aged 12 years, is a resident of Nithari, Noida. Enthusiastic, she wants to become an IAS officer. Driven by her dreams she joined computer course at the center to gain practical insights into operating computer.*
Although she studies in 5th standard, Poonam's unwavering attitude towards her goals gets constant encouragement by her father and mother. Her father, Promod Kumar works as a taxi driver while her mother Anju Devi takes care of the household chores. Poonam wants to become their support in future.







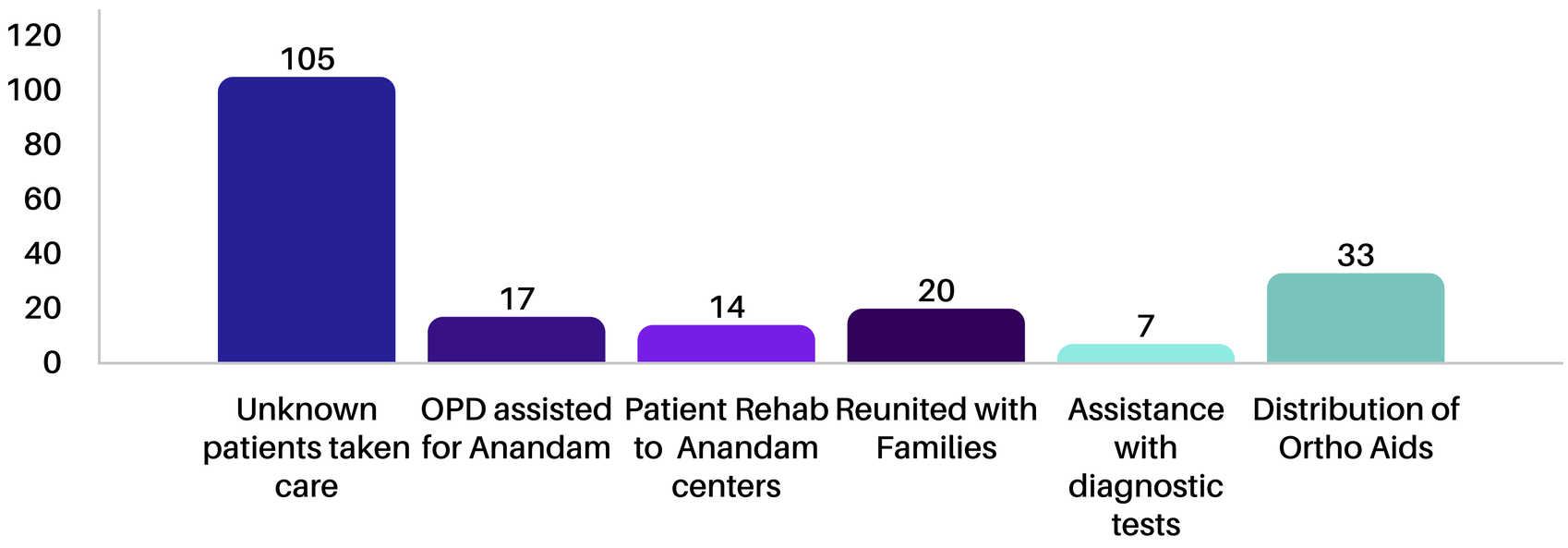
Social service: JPNA Trauma Center, AIIMS



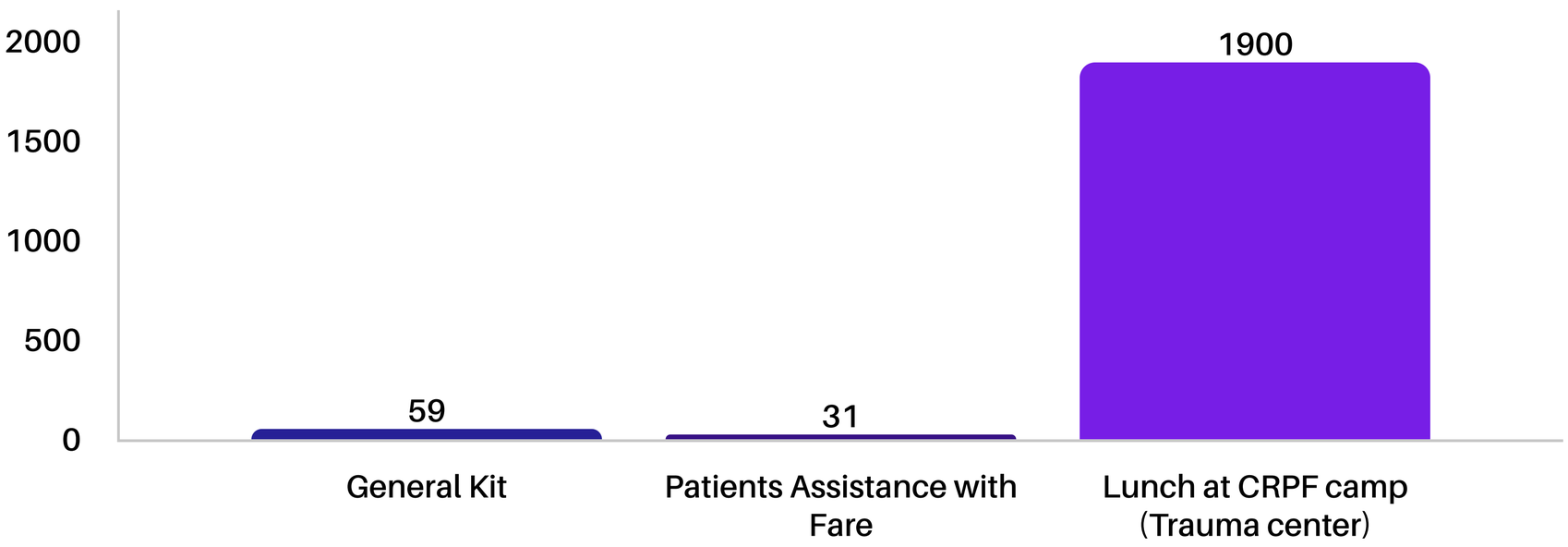
Serving the sick, destitute & homeless

JPNA APEX TRAUMA CENTER FOR AIIMS

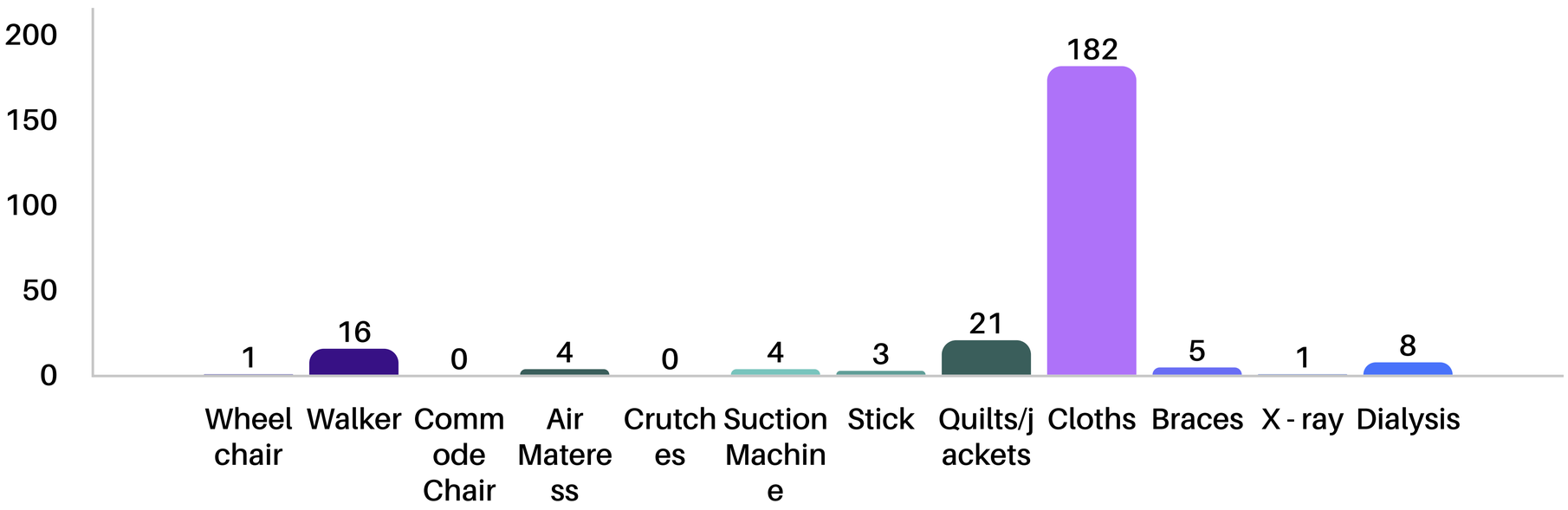
Core Assistance



Nutrition & Other Essential Aids Distribution



Ortho Aids & Tests



JPNA APEX TRAUMA CENTER FOR AIIMS

Case Study



Life has tested 57-year-old ***Jitni Devi*** *in ways that no one should ever have to endure. Born into a family living in extreme poverty, she spent her entire life struggling to meet even the most basic necessities.*

On 31st May 2026, Jitni Devi was admitted to the AIIMS Jai Prakash Narayan Apex Trauma Centre, New Delhi, after suffering from a serious medical condition. The journey to the hospital was filled with fear, uncertainty, and helplessness. Her family was unable to bear the financial burden of treatment, and as time passed, there was no one willing or able to take responsibility for her care.

The pain of illness is difficult, but the pain of being alone is even greater. Every day, Jitni Devi watched other patients receive visits from their loved ones while she silently waited beside her hospital bed, hoping that someone would come for her.
At this critical time, when she had no caregiver or financial support, and nowhere to go after discharge, NGO SAPNA stepped forward with compassion and humanity. The organization took responsibility for her care when no one else would. Today, Jitni Devi is staying at the NGO SAPNA Shelter Home, where she is receiving care, emotional support, and assistance with her ongoing treatment. NGO SAPNA is coordinating her medical follow-ups, helping arrange medicines, providing nutritious meals, and ensuring she has a safe and dignified place to stay during her recovery.

KIDNEY & CANCER SUPPORT

Kidney Treatment

Month	No. of patients	No. of patients supported with Dialysis
April	10	6
May	11	2
June	6	0
Total	27	8

Cancer Treatment

Month	No. of patients	Items
April	2	Injection, Test
May	4	Injection
June	5	Injection (2), Medicine (3)
Total	11	8

KIDNEY SUPPORT

Case Studies



***Rohit Thakur**, a 37-year-old unmarried man from Shastrinagar Colony, Ghazipur, Uttar Pradesh, has faced many struggles in his life. He belongs to a poor family, and his monthly income is only around ₹8,000 to ₹10,000, which is not enough to manage his medical expenses and daily needs.*

*In 2016, Rohit was suffering from severe **kidney disease**. His condition became critical, and doctors advised an urgent kidney transplant. During this difficult time, his mother, Mrs. Urmila Singh, came forward and donated her kidney to save her son's life. On 8 February 2016, Rohit successfully underwent kidney transplant surgery.*

After the transplant, Rohit's life improved, but he still needs regular medicines and medical checkups to stay healthy.
Due to his weak financial condition, it has became very difficult for him to buy the costly medicines every month. Then in June 2026 upon reaching the social service counter NGO Sapna took care of his post - srugery medical expenses.Since last month we support Rohit with Rs. 5,000/month.

Despite all these hardships, Rohit continues to fight with courage and hope. He now seeks help and support from kind-hearted people and organizations so that he can continue his treatment and live a healthy life.

CANCER SUPPORT

Case Studies



*Master **Mohammad Hasan**, a 12-year-old boy from Mohalla Khushipur, Post Jafarganj, Prayagraj, Uttar Pradesh, has been diagnosed with **Acute Myeloid Leukemia (AML)**, a severe and life-threatening form of blood cancer. He belongs to a financially weak family, and his father, Mr. Mohammad Shameem, works as a daily wage labourer. As the sole earning member of the family, his limited income is insufficient to meet the enormous cost of his son's treatment.*

During medical investigations, doctors found that Mohammad Hasan is FLT3-ITD Positive (High-Risk AML), making his condition even more critical. Under treatment at the Pediatric Hemato-Oncology Department at AIIMS, New Delhi, where specialists advised urgent and continuous medical care.

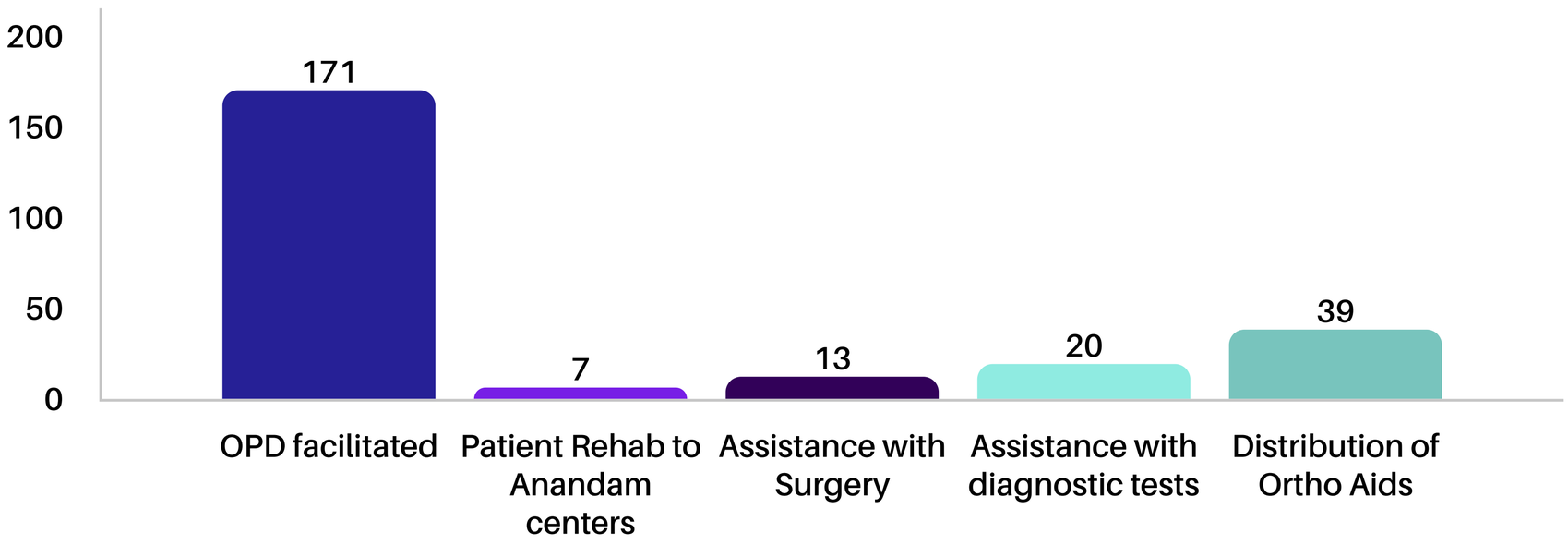
As part of his treatment, doctors prescribed Tablet Midostaurin 25 mg (60 capsules), an essential medicine required for his recovery. Since, the cost of this medication is approximately ₹50,000 to ₹60,000, and it is not available free of cost at the hospital. Arranging this amount has become impossible for the family, placing the child's treatment at serious risk. After hearing his case, NGO Sapna has provided the faily with the medical assistance allowing for the family to continue their son's treatment.

Social service: Safdarjung Hospital

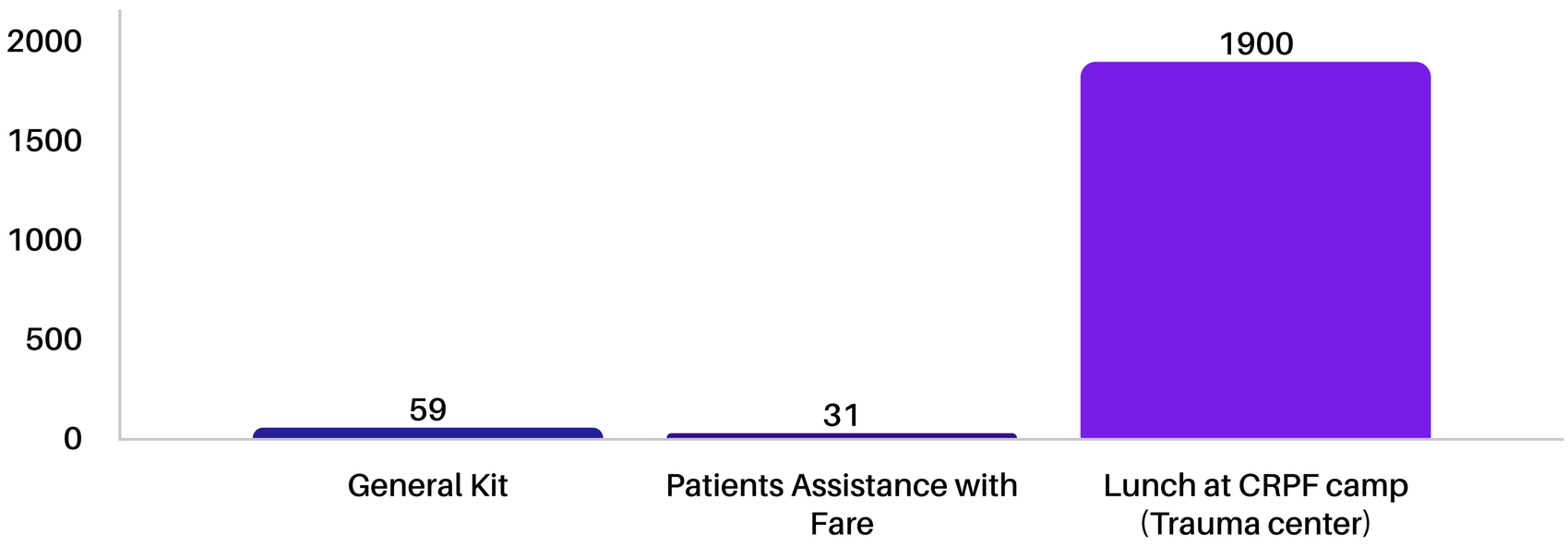
Serving the sick, destitute & homeless

SAFDARJUNG HOSPITAL

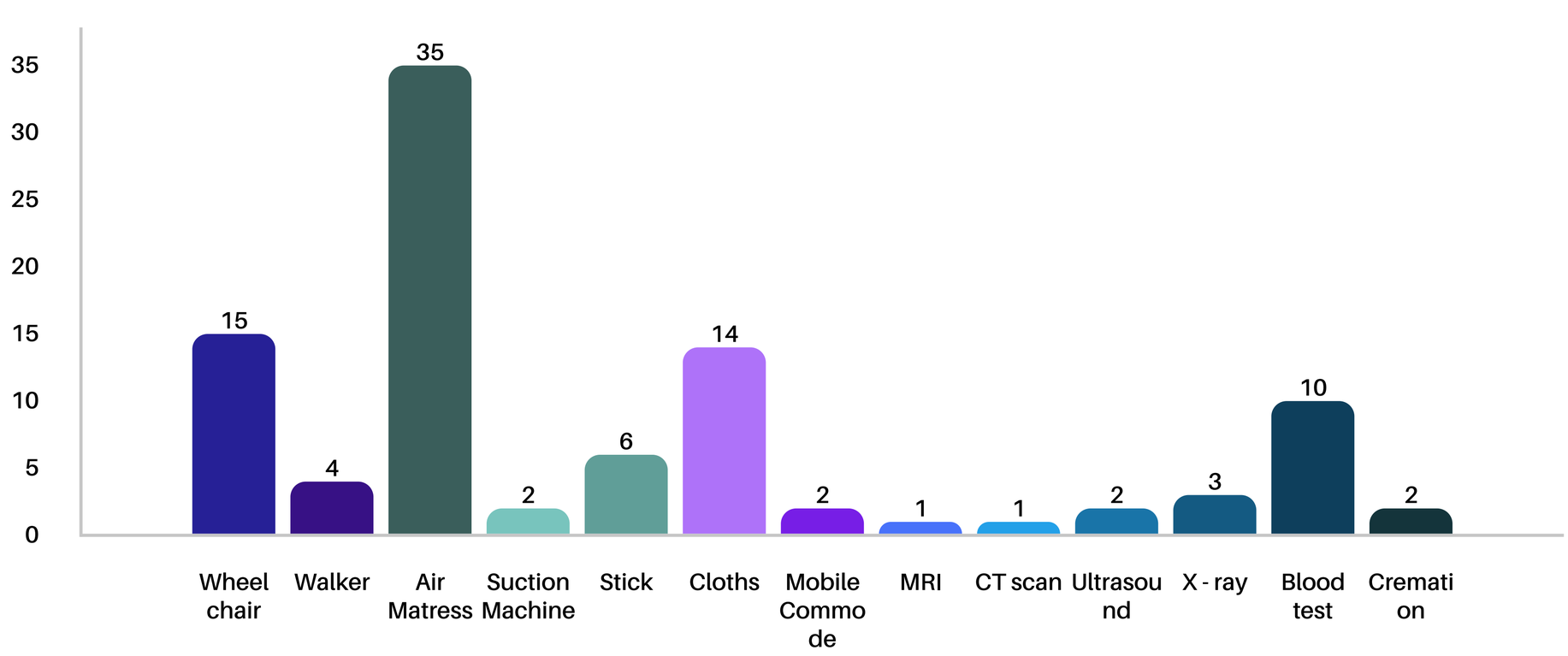
Core Assistance



Nutrition & Other Essential Aids Distribution



Ortho Aids & Tests



SAFDARJUNG HOSPITAL

Case Study



Arushi, *an 8-year-old girl hailing from Sohanpur village, Deoria district, Uttar Pradesh, faced a painful and challenging time after she accidentally fell from a tree in June 2025. The fall resulted in a serious fracture of her right hip, causing severe pain and making it impossible for her to walk or perform her daily activities. Her father, Ramesh Singh, works as a daily wage laborer and struggles to support the family with his limited income living in Rajiv Nagar, Faridabad, Haryana . The sudden medical emergency placed an enormous financial and emotional burden on the family.*

Despite these difficulties, Arushi was admitted to Safdarjung Hospital, where she came under the care of Dr. Vikas Gupta and his medical team. After careful evaluation, surgery was recommended to repair the fracture and restore proper function to her hip. With timely medical intervention and the support of wellwishers, Arushi successfully underwent surgery. The operation was completed successfully, and her recovery journey began.

As her father, Ramesh put it in words: "We were worried about how we would save our daughter and afford her treatment. Today, seeing Arushi recover and smile again is the greatest blessing for our family. We are thankful to everyone who helped us during this difficult time."



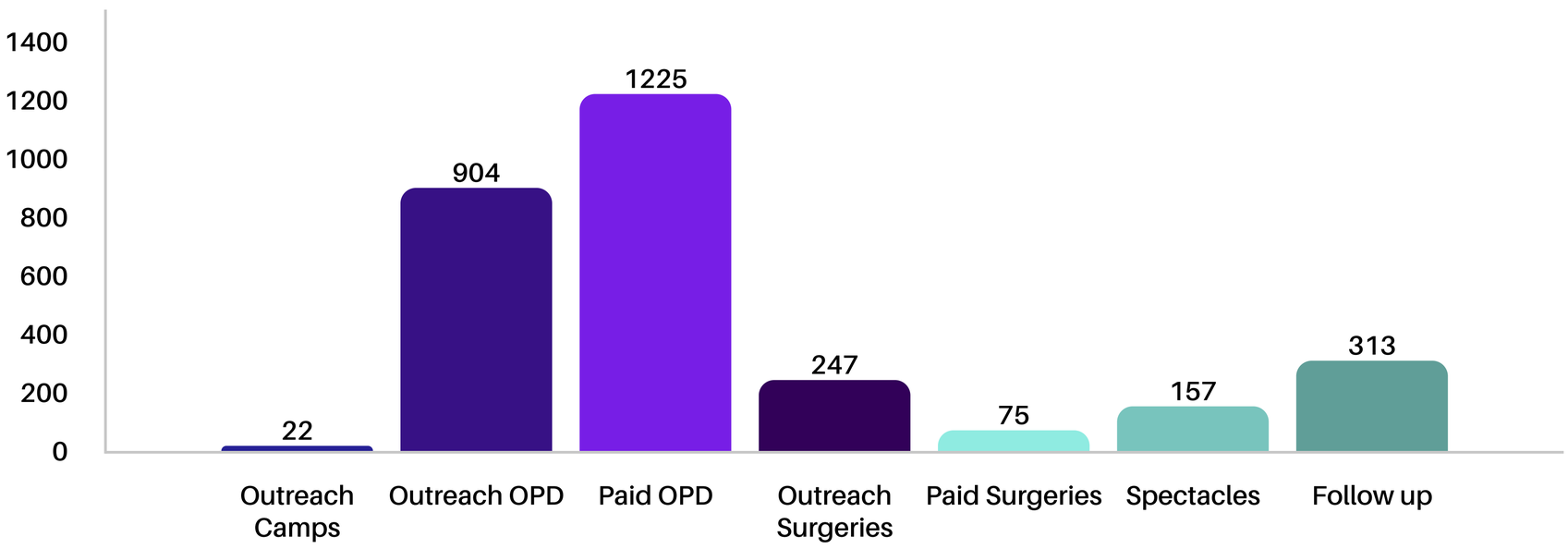


Mahatma Gandhi Netralaya

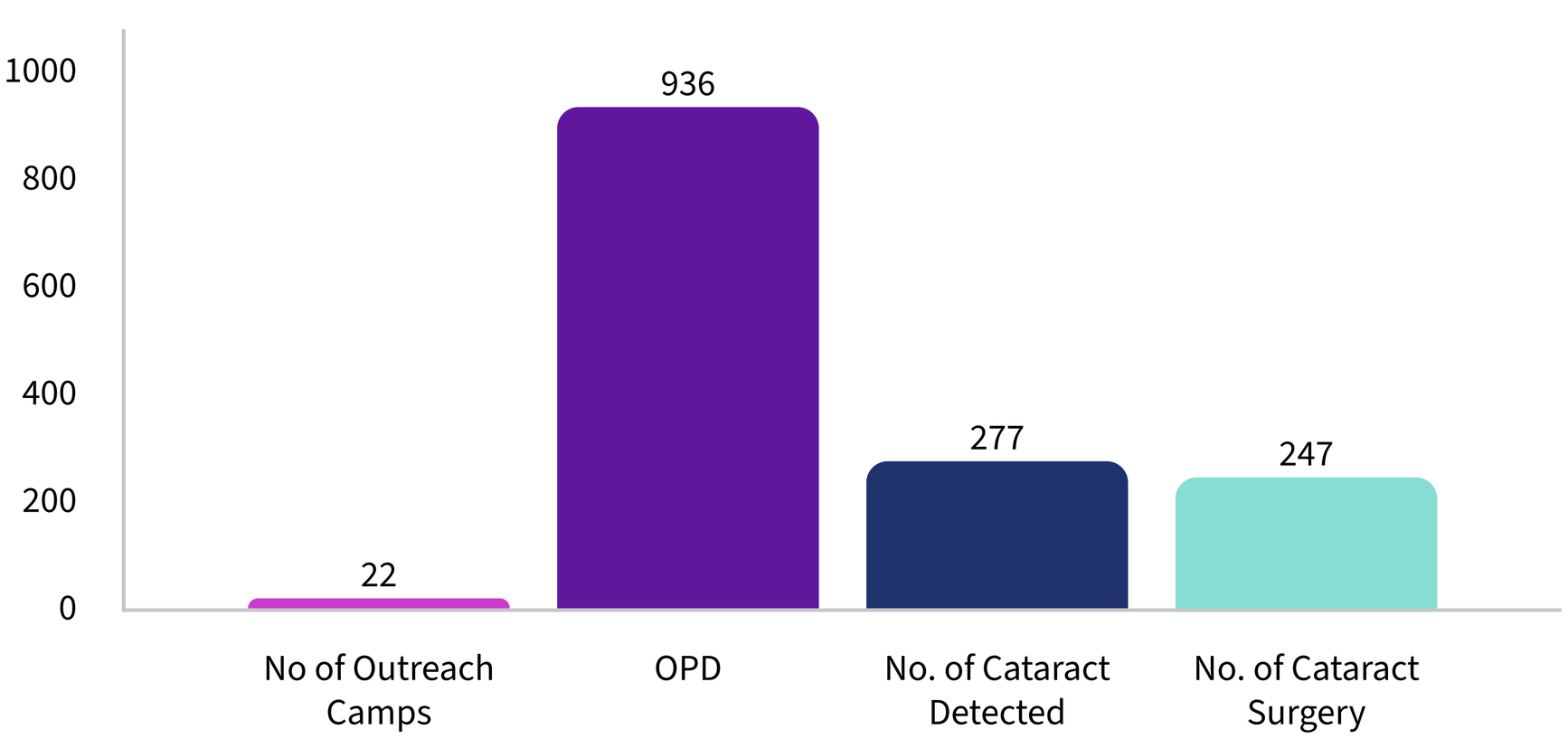
Defining affordable Quality Eye care

MAHATMA GANDHI NETRALAYA

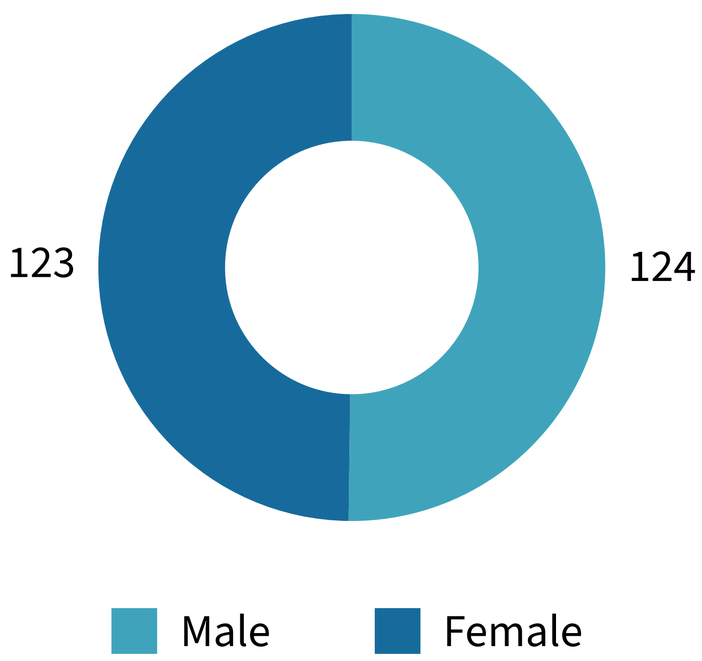
Core Assistance



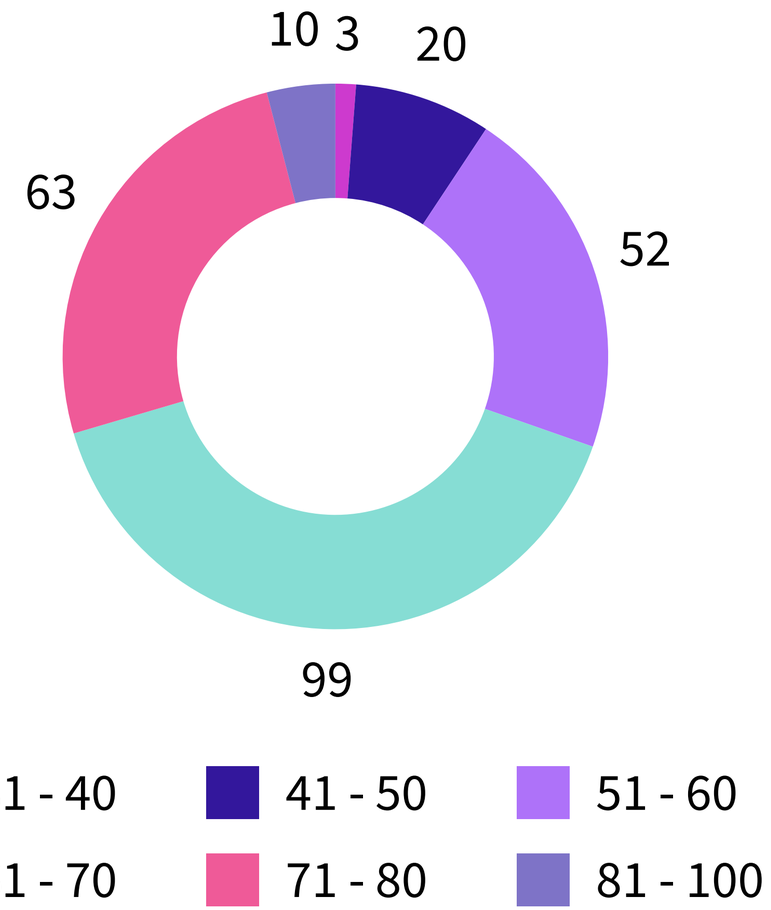
Outreach Camp: Core, Gender and Age Distribution



Gender distribution



Age distribution



MAHATMA GANDHI NETRALAYA

Outreach camps in Focus

Camp Site	No. of camps Organized	Dates of Organization
Harner	1	2.4.26
Moreda	1	26.4.26
Thanagazi	1	3.4.26
Baroda Meo	3	5.3. 26, 6.4.26, 4.5.26
Ramgarh	4	10.4.26, 15.4.26, 15.5.26, 12.6.26
Govindgarh	2	13.4.26, 11.5.26
Khairthal	1	17.4.26
Mundawar	2	24.4.26, 26.6.26
Bibirani	2	01.5.26, 23.6.26
Jadoli	1	08.5.26
Kotkasim	1	18.5.26
Bibirani	2	30.4.26, 21.6.26
Ghatla	1	29.6.26
Total	**22**	

Follow - Up Patients

45.7%

113 out of 247 patients returned for prescribed check up or to discuss any post - surgery recovery plans.

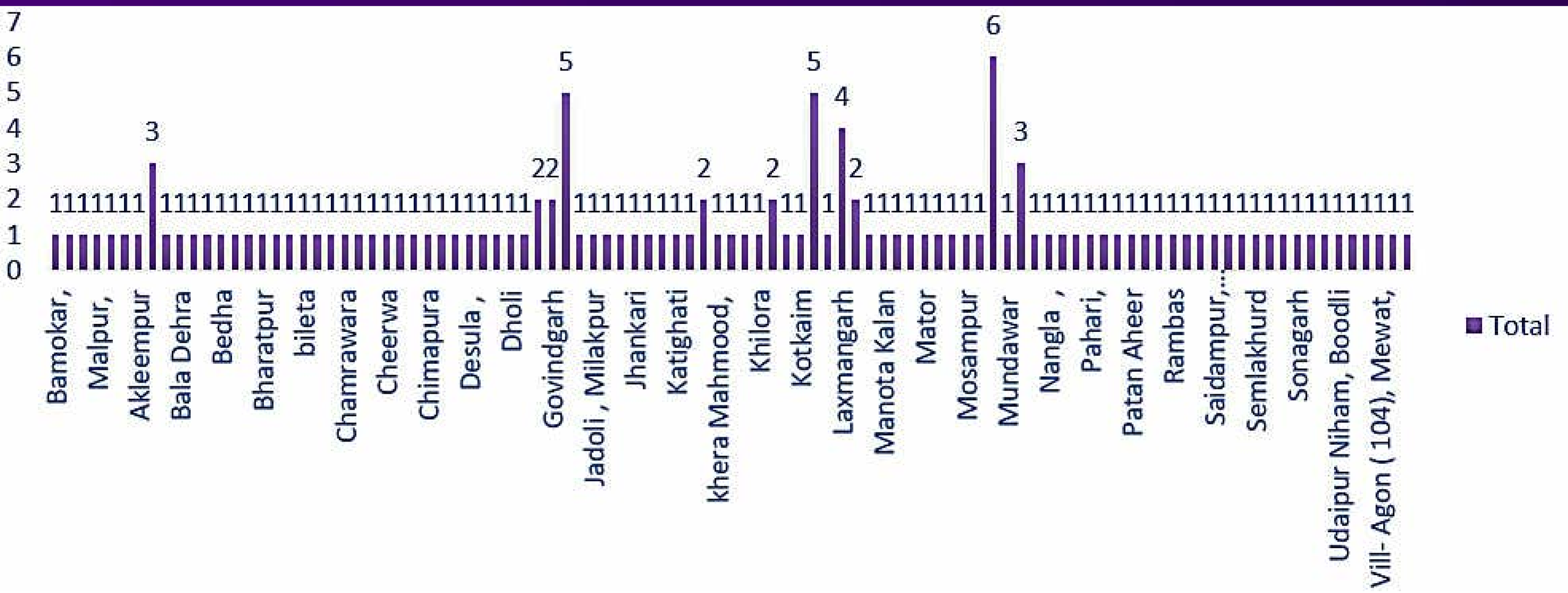
59 Females

54 Males

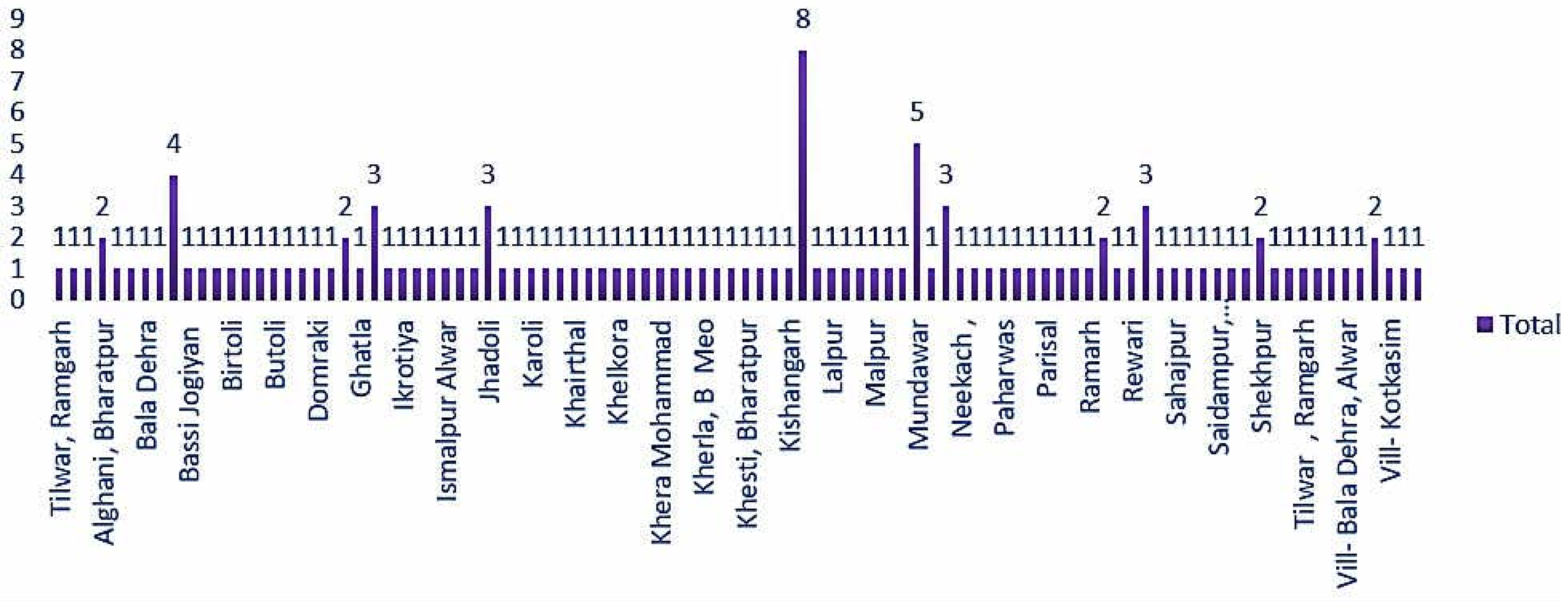
MAHATMA GANDHI NETRALAYA

Gender Distribution of Cataract Surgery Patients: Village wise

Males — Total Patients: 123

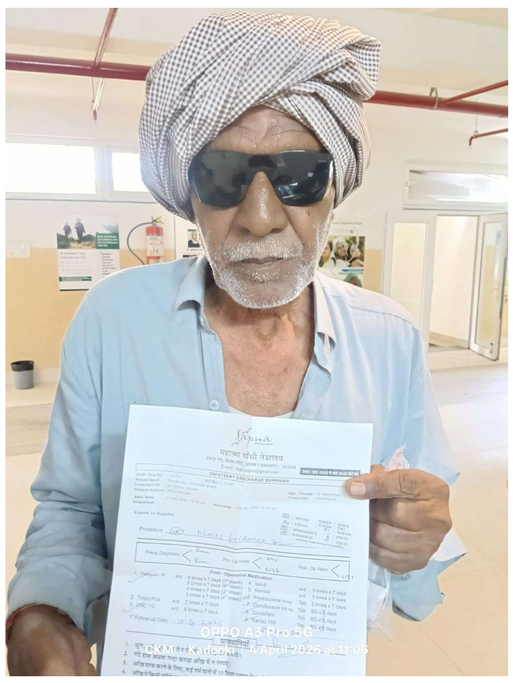


Females — Total Patients: 124

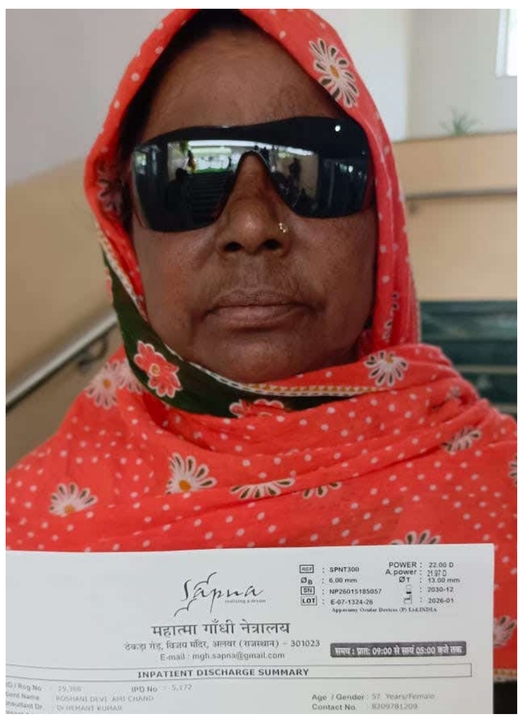


MAHATMA GANDHI NETRALAYA

Case Studies



Sohan Lal *a resident of Bala Dehra, Alwar is aged 75 years. Although blessed with a caring family, he had been facing eye sight problems.*
On 2nd April 2026 Mahatma Gandhi Netralaya organized an eye camp in Harner, near Thanagazi, Alwar. Struggling with his highly limited eye sight, Sohan Lal visited the camp.
There he was diagnosed with cataract with a reduced vision of 6/36. Recommended for surgery, he was informed about the surgery procedure including the 'no cost' programme. Sohan Lal was admitted on the same day and underwent a successful surgery. Post - operation, his eyes recovered with 6/6 vision. He expressed his joy and hope "उन्होंने मेरी आँखें बहुत अच्छी बना दी हैं। मैं इसके बनाने वालों (डॉक्टरों) का धन्यवाद करता हूँ।"- *Sohan Lal*



Roshani Devi *is a resident of Pahadi, Behror village, Alwar. Aged 57 years, she has been taking care of her home from a long time. However, with time her eye sight began showing signs of weakness. This impacted her depenedent on others.*
Deeply worried she visited the Baroda Meo eye check up camp organized by NGO Sapna. There, she was diagnosed with cataract and with vision of FC2M. Upon, consulting with the docotros and her family she was admitted and underwent caratact surgery on 5th April 2026. Today, she recorded 6/6 eye sight, and will be following in coming days with doctors.



MAHILA SURAKSHA EVAM SALAH KENDRA (MSSK): Alwar

Type of Cases

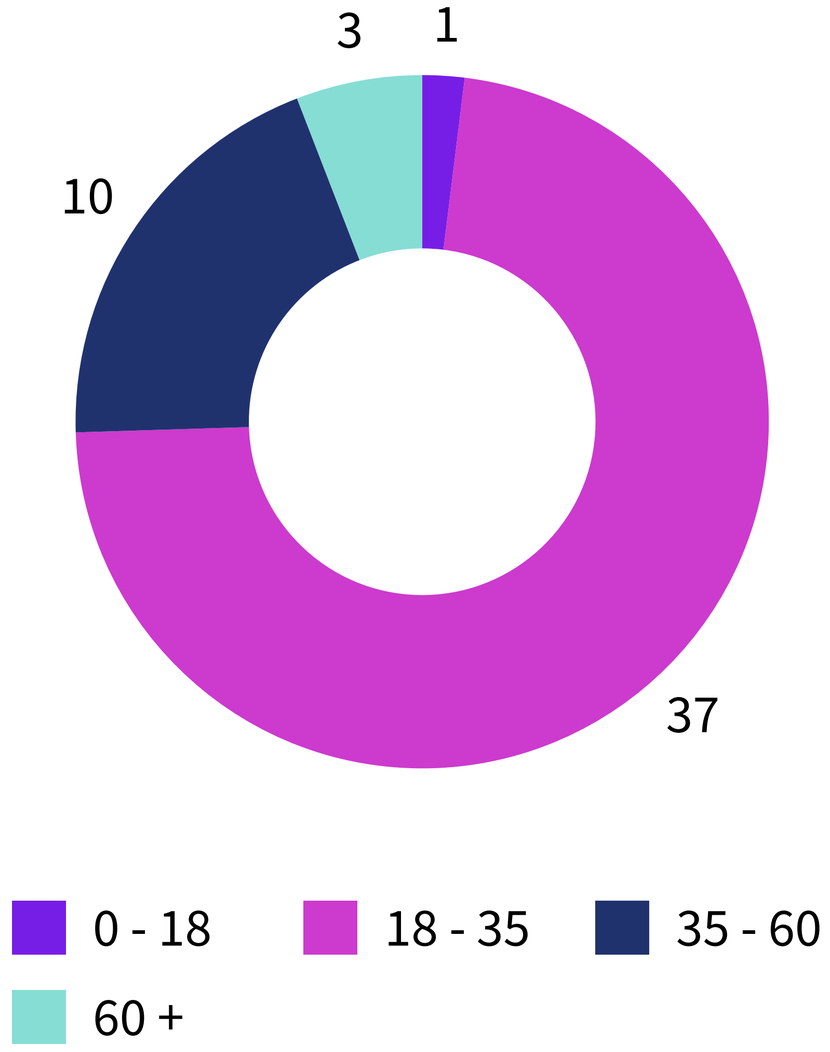
Items	Domestic Voilance	3rd - party	Daughter - in - law	Other	Total
April	15	2	2	1	20
May	15	0	2	0	17
June	9	3	1	1	14
Total	39	5	5	2	51

Other Items	Court	Police	Remaining	Total
April	2	1	16	19
May	4	0	13	17
June	2	0	12	14
Total	8	1	41	50

Case status

Items	Case resolved	Case pending
April	12	8
May	13	4
June	9	5
Total	34	17

Age Distribution



Awareness sessions

Women Empowerment
Date: 7th April 2026
Counselor Phoolwati and Bhiwadi Counselor Ruksina participated in a meeting organized by the Department of Women Empowerment. The meeting was held at Indira Gandhi Panchayati Bhawan, JLN Marg, Jaipur. Discussions were held on various issues related to women empowerment, departmental initiatives, schemes, and efforts being made for the welfare and support of women.





Domestic Violence and Helpline Awareness session
Date: 10th April 2026
Session was organized for women working at a women's parlour, Scheme-2.
During the session, 25 - 30 women were informed about the role and services of Mahila Suraksha Salah Kendra (MSSK) cases of domestic violence and/or other kind of harassment. Detailed information was provided about various government schemes for women's welfare and empowerment, including the Lado Yojana, Palanhar Yojana, Work From Home Yojana, and other initiatives run by the government





महिलाओं की जागरूकता के लिए कार्यशाला का आयोजन

बढ़ता राजस्थान

अलवर। महिला अधिकारिता विभाग द्वारा संचालित महिला सुरक्षा सलाह केंद्र, मोती डूंगरी द्वारा शुक्रवार को स्कीम नंबर 2 स्थित एक महिला द्वारा संचालित पार्लर में कार्यरत महिलाओं के लिए

Inspection Visit
Date: 28th April 2026
On 28-04-2026, the Deputy Director, Department of Women Empowerment conducted an inspection visit to the MSSK Alwar Centre.
During the visit, a discussion was held with the female interns present at the centre regarding various legal issues and legal rights related to girls.

बेटी बचाओ बेटी पढ़ाओ

Sapna
realising a dream

Awareness sessions

Women Empowerment
Date: 28th April 2026 - 11th May 2026
A 15-day internship program was organized for five female students of Vidhi Mahavidyalaya, Alwar under the guidance of Coordinator Daya Garg.
During the internship, the students were provided practical training related to the functioning of the centre. They learned how to record statements, take practical case details, and prepare written reports in legal language.





Educational Visit and Health Awareness Program for Intern Students
Date: 8th May 2026
A visit to Sapna Shikshalaya was organized for the five female students undergoing internship at MSSK, coordinated by Coordinator Daya Garg. The students were also taken to Anandam Ashram, where they interacted with patients and learned about the care and support provided there. The students were provided awareness on menstrual hygiene and health-related issues.







Awareness Session on Thalassemia at Medical Camp
Date: 9th May 2026
A medical camp was organized by Rotary Club Story for children affected by Thalassemia. Coordinator Daya Garg provided awareness about it, including its causes, prevention, treatment, and the importance of proper care and support for children suffering from the disease. The session aimed to spread awareness and provide useful information regarding Thalassemia and support services.







Awareness sessions

World Environment Day
Date: 5th June 2026
On the occasion of World Environment Day, a plantation activity was organized at Mahila Suraksha Evam Salah Kendra, Alwar.
The plantation was carried out by Coordinator Daya Garg with the aim of promoting environmental awareness and encouraging the importance of protecting and preserving nature.





POSH Act Awareness Session at Alwar Head Post Office
Date: 9th June 2026
Coordinator Daya Garg, in her capacity as a member of the Internal Committee under the POSH Act, conducted an awareness session for the women employees working at the Alwar Head Post Office. She explained the key provisions of the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013 (POSH Act). The participants were informed about their rights, the procedure for filing complaints, the role of the Internal Committee, and the legal protections available to women against workplace sexual harassment.





Participation in Nari Chaupal Program
Date: 10th June 2026
Coordinator Daya Garg participated in the Nari Chaupal program organized at Pratap Auditorium.The program was organized by the Department of Women Empowerment with the aim of promoting awareness among women regarding their rights, welfare schemes, and various support services available for women.







Awareness sessions

Completion of Internship Program and Certificate Distribution
Date: 11th June 2026
the internship program of the female students of Government Law College was successfully completed. After the completion of the internship, certificates were distributed to the students in recognition of their participation and practical learning experience. The internship provided them with valuable knowledge about legal procedures, documentation, and the functioning of women support services.







Participation in Departmental Meeting
Date: 24th June 2026
Coordinator Daya Garg from Mahila Suraksha Evam Salah Kendra (MSSK) participated in a meeting organized by the Department of Women Empowerment.
During the meeting, discussions were held regarding departmental activities, women-related issues, and the effective implementation of women welfare and support services.







STORIES OF WOMEN & FAMILIES

Case Study

Savitri *(name changed) lived with her husband and children in a small village home. Behind closed doors she endured constant emotional abuse, humiliation, and conflict. Her elder and younger brothers-in-law frequently insulted her, and at times the situation escalated to physical violence. She was repeatedly made to feel that she had no place or rights within the family.*

Determined to seek help, Savitri approached the Mahila Suraksha Evam Salah Kendra (MSSK), Moti Dungri, Alwar.
At the centre, her story was heard with empathy and understanding. The counsellors carefully assessed the situation and later invited her brothers-in-law and other family members for counselling sessions.
During the family counselling, everyone was encouraged to express their concerns in a respectful environment. The counsellors emphasized that mutual respect is the foundation of every healthy family relationship and explained that domestic violence causes not only physical harm but also deep emotional and psychological trauma.
After several counselling sessions, the family members acknowledged their mistakes and recognized the importance of treating every member with dignity and respect. They realized that the woman they had overlooked was, in fact, one of the strongest pillars holding the family together.
A few months later, Savitri returned to the centre—not with tears, but with a smile. She shared that the atmosphere at home had changed significantly.

STORIES OF WOMEN & FAMILIES

Case Studiy

*There was a time when **Radha** (name changed) and her family believed that relationships were only about compromises. The bond of trust within the family had weakened, and every conversation gradually turned into an argument. With every disagreement, their relationships moved further towards breaking apart.*

Meera felt that no one truly understood her feelings. On the other hand, her family members believed that Meera misunderstood every situation. The misunderstandings grew so much that the family appeared to be dividing into two separate sides.

At this difficult stage, someone known to the family suggested that they approach the Mahila Suraksha Evam Salah Kendra (MSSK), Moti Dungri, Alwar.

At the centre, the counsellors did not begin by blaming anyone. Instead, they created a safe space where every family member could express their thoughts and feelings. Gradually, it became clear that the main issue was not accusations, but a lack of communication and understanding.

The counsellors introduced an exercise where every family member had to listen to the other person without interruption. For the first time, Meera felt that her voice was being heard. For the first time, her family understood that her pain and concerns were genuine.

Through several counselling sessions, the family learned that relationships are not about winning arguments but about understanding, respecting, and supporting each other.

A few months later, the same family that was once on the verge of separation was sitting together and celebrating festivals with happiness. The laughter and warmth of family life had returned.

In a thank-you letter written to the centre, Meera expressed:

"You did not give us any magic. You taught us how to understand each other. That was the greatest gift for us."

MAHILA SURAKSHA EVAM SALAH KENDRA (MSSK): Bhiwadi

Type of Cases

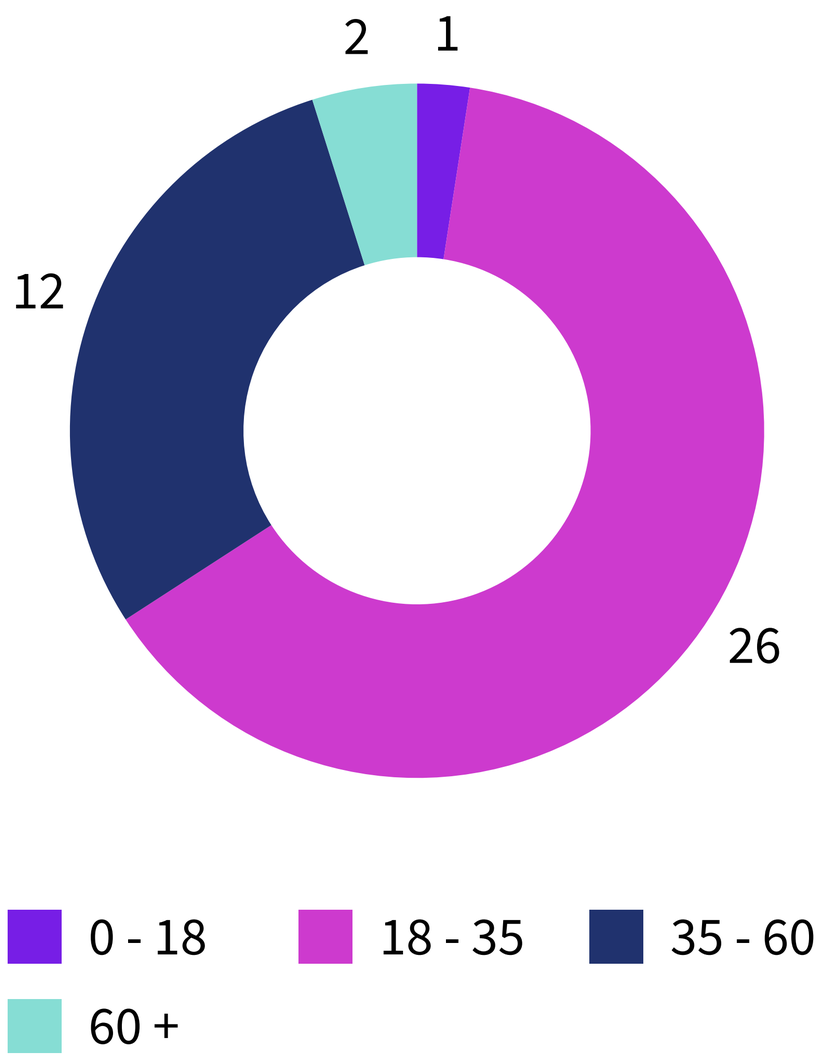
Items	Domestic Voilance	3rd - party	Daughter - in - law	Other	Total
April	10	3	1	0	14
May	9	1	2	5	17
June	9	0	0	1	10
Total	28	4	3	6	41

Other Items	Court	Police	Remaining	Total
April	5	1	0	6
May	5	1	0	6
June	1	1	1	3
Total	11	3	1	15

Case status

Items	Case resolved	Case pending
April	14	0
May	17	0
June	10	1
Total	40	1

Age Distribution



Awareness sessions

Awareness Program for Women
Date: 11th April 2026
Coordinator Daya Garg from MSSK, Bhiwadi visited an organized program in Bhiwadi and participated in the workshop. Information about the benefits of various government schemes for women was provided to approximately 10–12 women participants. The women were also informed about the support and assistance available for those facing domestic violence. Counselor Ruksina explained in detail where and how women affected by domestic violence can seek help and guidance.





"Strength does not come from physical capacity. It comes from an indomitable will." – Mahatma Gandhi

STORIES OF WOMEN & FAMILIES

Case Study

Rajrani, wife of Sandeep, resident of Nagaliya, Tijara, came to the counselling centre. She told the counsellor that:

"I have two children. My husband drinks alcohol and beats me and abuses me. He neither gives any money for me and my children nor brings any household items. When I opposed this, me and my children were thrown out of the house. For the past one year, I have been living at my father's house. My husband and my mother-in-law keep harassing me for dowry. My husband beats me, and my mother-in-law, father-in-law, and brother-in-law also harass me along with him. I want my husband Sandeep and his family to be called so that the matter may be resolved."

The counsellor telephoned Rajni's husband, Sandeep. The counsellor spoke with Sandeep and asked him to appear at the Women's Protection Counselling Centre. At the same time, he was also asked to appear along with his family.

Sandeep told the counsellor, "Today my mother is ill; therefore, I will not be able to appear today. Tomorrow I will appear at your office along with my family."

The next day, Rajni and her family appeared at the centre. Sandeep's brother and the Sarpanch of his village were also present. Both parties were seated together, and a counselling meeting was conducted.

Both parties presented their respective views. The counsellor recommended Rajni and Sandeep that they should live together. They decided to live together and agreed that, they would try to balance their lives and support each other.

This was accepted by Sandeep and the Sarpanch of his village. Both parties signed the consent letter. After thanking the counsellor, Sandeep left the center with Rajni to their home along with the Sarpanch of his village.

STORIES OF WOMEN & FAMILIES

Case Studiy

Jyoti, wife of Mukul, resident of Tijara, came to the MSSK Bhiwadi counselling centre and told the counsellor that it has been 2 years since her marriage. Her husband and in-laws keep troubling her every day. Worse, her husband beats her, rather than standing with her. She wants her husband Mukul and his family to be called so that the problem can be resolved, allowing her to return to her matrimonial home. She have been living at her father's house for the last 6 months.

The counsellor telephoned Jyoti's husband Mukul, spoke with him, and asked him to appear at the Women's Protection Counselling Centre. At the same time, he was also asked to bring his family along. Mukul told the counsellor that he would not be able to come today, but tomorrow he would come to the MSSK center along with his family.

The next day, Jyoti and her family appeared at the centre. Mukul's father and his mediator (go-between) were also present. A joint counselling meeting of both parties was conducted. The counsellor said that the discussion would not proceed until Mukul himself arrived. Mukul's father said, "I will bring him and present him before you tomorrow."

*The following day, Mukul and his family appeared at the centre. A counselling meeting of both parties was conducted, and both sides presented their respective views. The counsellor told Jyoti and Mukul that both of you can live together. The couple agreed that no such mistake would happen again in the future.*This was accepted by Mukul and his family.*

Both parties signed the consent letter. After thanking the MSSK counsellor, Mukul took Jyoti from the centre to their home along with his family.







People & Nature:



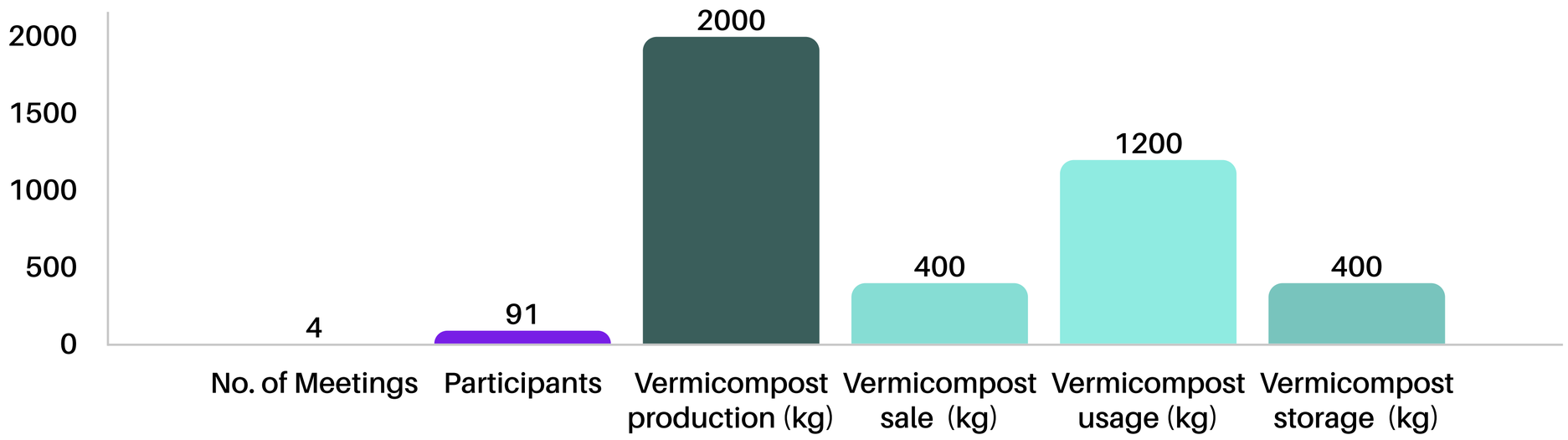
Balancing for Resources



Helping communities & environment thrive

COMMUNITY & ENVIRONMENT

Agriculture Resource Center (ARC)



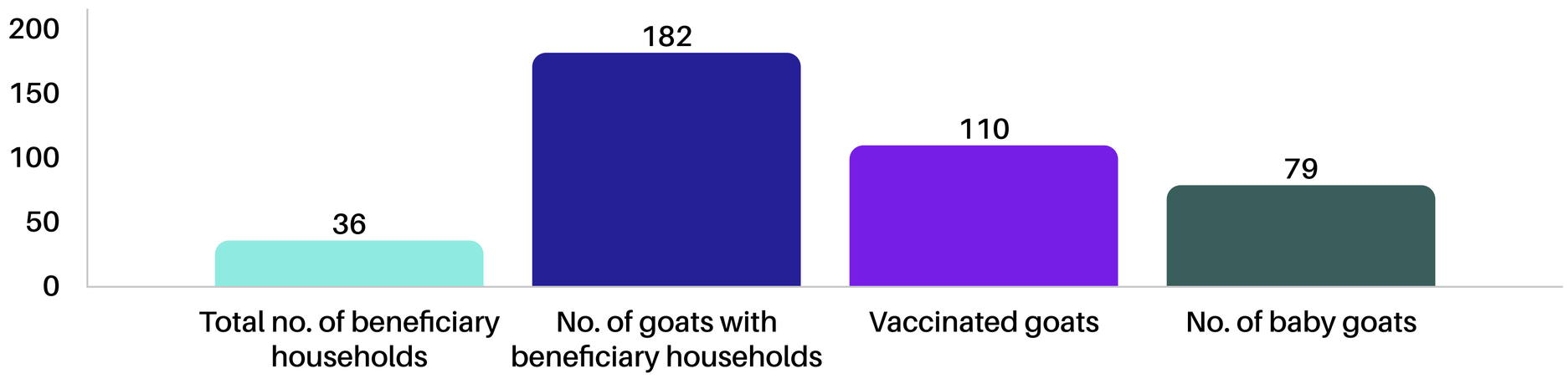
ARC houses 400 plants in the premises including varieties of Karanj, Papdi, Palash, Imli, Amla, Bael, Nimbu, Neem, Shisham, arjun, moringa etc. The center hosts regular meeting on agriculture & environment awareness and take up village governance issues. The meetings often welcomes representatives of Agriculture department, Forest department, NGO Sapna and the Non govt organization such as Jain irrigation and Weltech. The facility also houses 42 varieties of herbal plants.







Goat Rearing Livelihood Project



There are 43 males and 36 female baby goats.

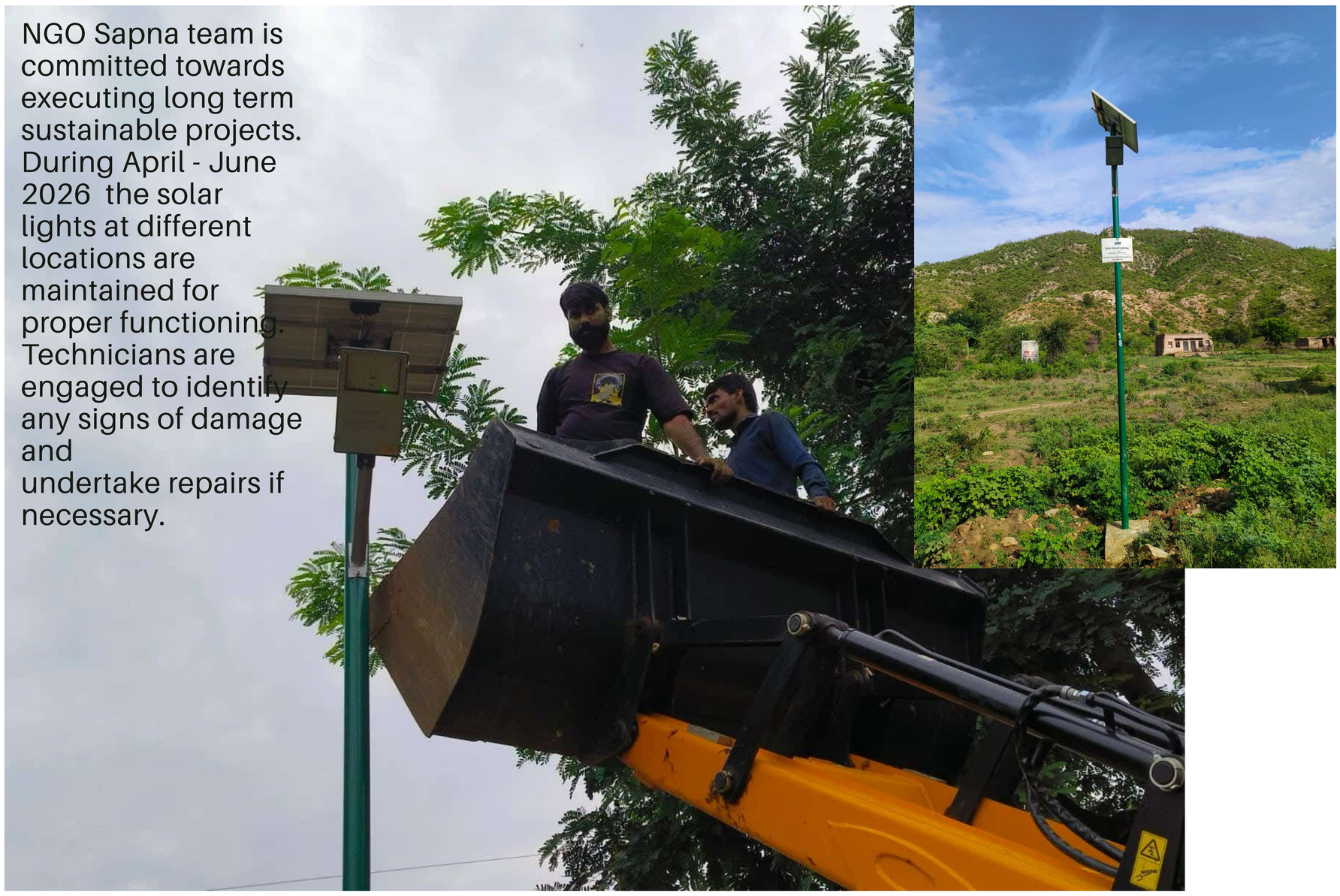






COMMUNITY & ENVIRONMENT

Solar Lights



Tree Plantations



CONTACT ***US***

Reach out to us at: **https://sapnaindia.org/**

E-mail us: **ngo.sapna@gmail.com**